• RGCON 2019
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• Launch Meeting - Delhi Gastrointestinal Oncology Forum
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RGCON 2019 – 18th Annual International Conference
Thoracic Oncology-“Translating Research Into Practice”

RGICO organized its 18th Annual International Conference (RGCON) from 8th to 10th February 2019 at Hotel Crown Plaza, Rohini, New Delhi. The theme of this international conference was Thoracic Oncology-“Translating Research Into Practice”.

The conference offered three days of intense academic activities spanning didactic lectures, live workshops, panel discussions to proffered poster presentations.

The educational programme addressed the contemporary and critical issues, and recent advancements pertaining to the needs of practicing medical oncologist, surgical oncologist, radiation oncologist, pathologist and radiologist at all levels and postgraduate students.

The conclave turned out to be a huge success with an enthusiastic participation from all parts of India and abroad. The event provided the platform where delegates interacted with the International & national esteemed faculty and refined their knowledge in all the respective fields of Oncology. The Conference provided an ideal forum where not only the latest happenings in the field of Oncology were discussed, it also unveiled an upcoming approach, research work and the scope of future advancements in Oncology practice.

The Raman Chadha Oration was delivered by Dr. Kumar Prabhash, Professor, Medical Oncology, Tata Memorial Hospital, Mumbai. Dr. K. K. Pandey Memorial session was delivered by Dr. Diego Gonzalez Rivas, Department of Thoracic Surgery, Coruña University Hospital, Coruña, Spain and Mr. K. K. Mehta Oration was delivered by Dr. Ramaswamy Govindan, Professor Department of Medical Oncology, Washington University Medical School, St. Louis (USA). On the 2nd day the abstracts were presented and on 3rd day the winners were felicitated at the valedictory function.

RGCON 2019 was organized by team consisting of Dr. Munish Gairola, Director, Radiation Oncology, Dr. Ullas Batra, Sr. Consultant & Chief of Thoracic, Medical Oncology, Dr. L. M. Darlong, Sr. Consultant and Head of Thoracic Surgical Oncology and Dr. Sunil Pasricha, Consultant, Histopathology.
SOIICON 2019 - 1st ANNUAL INTERNATIONAL CONFERENCE OF SOCIETY OF ONCOLOGIC IMAGING INDIA (SOII)

SOIICON 2019, the 1st Annual International Conference of Society of Oncologic Imaging India (SOII) was held from 8th-10th February, 2019 at Hotel Crowne Plaza, New Delhi. The theme of the conference was Thoracic Oncologic Imaging “Integrating Radiology into Oncology Practice” and highlighted the need and importance of radiologists getting involved in clinical decision making process. The multi-disciplinary approach of the meeting covered all aspects of thoracic oncologic radiology and the attendees loved every lecture and session as was evident by the packed hall. The highlight of the conference was a full session on Artificial Intelligence and Deep learning. A few sessions were jointly held with the RGCON 2019. The conference was a great success and included Faculty and attendees from across the world including USA, Europe, Malaysia, Mauritius, Bangladesh, Nepal and all parts of India.

Dr. Arvind K. Chaturvedi
Organizing Chairman
SOIICON 2019

Dr. Abhishek Bansal
Jt. Organizing Secretary
SOIICON 2019

NURSICON 2019 - FIRST NATIONAL NURSING CONFERENCE “EXCELLENCE IN ONCOLOGY NURSING” ENRICHING LIFE: A COMPREHENSIVE APPROACH

With great pride and honor, The Department of Nursing at Rajiv Gandhi Cancer Institute and Research Center (RGCIRC) Delhi, conducted first national nursing conference, NURSICON 2019 on 10th and 11th January 2019 at Hotel Crowne Plaza, Rohini, Delhi.

The theme of the program was “Excellence in Oncology Nursing” Enriching Life: A Comprehensive Approach.

Chief of Nursing, Ms. Madhumita Dhall welcomed all the dignitaries and delegates to the knowledge extravaganza. The conference began with felicitation of Guest of honor Ms. Indira Sharma (First Chief of Nursing-RGCIRC) and Chief Guest Maj Gen Annakkuty Babu (ADGMS), followed with lamp lighting ceremony.
The event brought together more than 250 delegates from different health care originations in the country. The Conference continued with poster presentations, case presentations, workshops, panel discussions and interactive sessions by experienced faculties regarding excellence in oncology nursing. Various aspects, challenges related to oncology nursing were discussed and highlighted by various dignitaries.

Cultural programs were arranged in the first day evening by Nurses from RGCIRC, enjoyed and highly appreciated by the delegates and faculties. The event concluded with a vote of thanks by Ms. Victoria Massey (Deputy Nursing Superintendent).

ASOCN 2019 - 4TH ANNUAL NATIONAL CONFERENCE OF ANAESTHESIA SOCIETY FOR OBESITY

RGCIRC participated in 4th Annual National Conference of Anaesthesia Society for Obesity held on 11th to 13th January 2019 at Ahmedabad, Gujarat. Dr. Shikha Modi from Anesthesia (1st Year DNB Resident) delivered an oral presentation on “Respiratory Implications in Morbidly Obese Patient in Major Robotic Neobladder Surgery” which was co-authored and moderated by Dr. Itte Chowdhury, Sr. Consultant - Anaesthesiology.

7TH CHEMOPORT TRAINING COURSE

The Department of Surgical Oncology, RGCIRC successfully organized the 7th training course in Chemoport Insertion on 21st - 22nd January 2019 at RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive sessions by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman’s Catheter Insertion, Pediatric Port, Arm Port and Peritoneal Port Insertion. The course was highly gratifying and we received an excellent feedback.
CME – IMA SOUTH DELHI

RGCIROC organized a CME in association with IMA South Delhi on Tuesday, 29th January 2019 at RGCIROC, Niti Bagh, New Delhi. Dr. Leena Dadhwal, Consultant - Surgical Oncology delivered a lecture on “Management of Gynaecological Malignancies ”. Dr. Sajjan Rajpurohit, Consultant - Medical Oncology spoke on “How to Identify a Cancer Patient” and Dr. Sunny Malik, Consultant - Pain Management spoke on “Blocks for Pelvic Pain” in the said CME.

STRIDE AGAINST CANCER - WALK FOR LIFE 2019

On the occasion of World Cancer Day 2018, RGCIROC participated in “Stride Against Cancer - Walk for Life” organized by Can Support on Sunday, 3rd February 2019 at Rajpath, New Delhi. Thus, for this event, Team of RGCIROC; Finance Department, Counseling Department, Marketing Department, Staff Nurses, Social Worker, Volunteers from Lymphoma Support Group India, Volunteers from Indian Cancer Society walked hand in hand with cancer survivors, cancer patients, caregivers of patients and students of different schools, colleges and thousands of other people from all walks of society marched at India Gate to support the fighters, salute the survivors and give a message of hope to all. Walking along people with cancer can give a new lease of life is what motivated us to participate in this event.
METASTATIC BREAST CANCER PRECEPTORSHIP

RGCIRC organized a preceptorship programme on Metastatic Breast Cancer on 2<sup>nd</sup> & 3<sup>rd</sup> February 2019 at Hotel Crown Plaza, Rohini Delhi. This conference was organized for young Medical practitioners, oncologists and DM and DNB Medical oncology students across Delhi NCR. This meeting was designed to allow clinicians and young oncologists to stay up-to-date and assimilate new information into daily clinical practice. The highlight of the conference was case presentation and tumour board discussion involving multiple specialties to cover all aspects of breast cancer management and a full session on recent advances in metastatic breast cancer. This multi-disciplinary approach of the meeting covered all aspects of metastatic breast cancer management, highlighted the importance of integrated approach and attendees loved every lecture and session as evident by the packed hall. Spearheaded by an esteemed faculty, the programme provides a platform for clinicians not only in basic evaluation & treatment but also for emerging new trends. The conference was followed by dinner and cocktail at the Dining hall, Crowne Plaza. The conference was a great success and included faculty and attendees from across the northern India and also delegates from Philippines.

Dr. D.C. Doval
Organizing Chairman
MBC Preceptorship 2019

Dr. Chaturbhuj Agrawal
Jt. Organizing Secretary
MBC Preceptorship 2019

CME - IMA JANAKPURI

RGCIRC organized a CME in association with IMA Janakpuri on Saturday, 2<sup>nd</sup> February 2019 at IMA Medico House, Janakpuri, New Delhi. Dr. Sandeep Jain, Sr. Consultant - Pediatric Hematology Oncology delivered a lecture on “Approach to a Child with Suspected Cancer” and Dr. Abhishek Bansal, Consultant - Interventional Radiology spoke on “Interventional Radiology - Treatment Paradigms to Help Your Patients” in the said CME.
ANNUAL CONVENTION OF IMA SOUTH DELHI

RGCIIRC participated in Annual Convention of IMA South Delhi on Sunday, 3rd February 2019 at The Eros Hotel, Nehru Place, New Delhi. Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on “Era of Immunotherapy in Cancer” in the said conference.

CME - IMA OUTER WEST BRANCH

RGCIIRC organized a CME in association with IMA Outer West Branch on Saturday, 16th February 2019 at Hotel Radisson Blu, Paschim Vihar, New Delhi. Dr. Rajeev Kumar, Sr. Consultant - Surgical Oncology delivered a lecture on Breast Cancer Beyond Mastectomy and Dr. Vaibhav Jain, Sr. Consultant - Interventional Radiology spoke on Interventional Radiology for Clinicians in the said CME.

AHPI GLOBAL CONCLAVE 2019

RGCIIRC participated in AHPI Global Conclave - 2019 organized by Association of Healthcare Providers India (AHPI) on 15th - 16th February 2019 at Hotel Radisson Blu, Kaushambi, Ghaziabad. Mr. D. S. Nagi, Chief Executive Officer chaired a session on Futuristic Models in Healthcare Delivery in the said conclave.
CME - IMA ROHINI
RGCIRC organized a CME in association with IMA Rohini on Saturday, 23rd February 2019 at Hotel Crowne Plaza, Rohini, Delhi. Dr. Rishi Singla, Consultant - Radiology delivered a lecture on Vacuum Assisted Breast Biopsy and Dr. Manish Pruthi, Consultant - Musculoskeletal Oncology spoke on Overview of Bone and Soft Tissue Tumors in the said CME.

CME - PHYSICIAN FORUM, SOUTH DELHI
RGCIRC organized a CME in association with Physician Forum, South Delhi on Saturday, 22nd February 2019 at Grills & Platters, Saket, Delhi. Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on “Approach towards patient with Symptoms of Cancer” in the said CME.

CME - ASSOCIATION OF GENERAL PRACTITIONERS, SOUTH DELHI CHAPTER
RGCIRC organized a CME with Association of General Practitioners, South Delhi Chapter in India on Saturday, 23rd February 2019 at Grills & Platters, Saket, Delhi. Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on “Recent Updates in Ovarian Cancer” in the said CME.

ANNUAL CONFERENCE - IMA DELHI NORTH ZONE
RGCIRC participated in Annual Conference of IMA Delhi North Zone on Sunday, 24th February 2019 at The Jehan, G. T. Karnal Road, Singhola, Delhi. Dr. Vandana Jain, Consultant - Gynaec Oncology delivered a lecture on Robotics in Gynaec Oncology and Dr. Sunil Kr. Khetarpal, Chief of Operations and Medical Superintendent chaired a session on Managing Problems Faced by Clinicians in Day to Day Practice in Difficult and Current Era in the said Conference.
CME – IMA BAREILLY

RGCIRC organized a CME in association with IMA Bareilly on Saturday, 9th March 2019 at IMA Bhawan, Bareilly, UP. Dr. Kundan Singh Chufal, Sr. Consultant and Chief of Breast and Thoracic Radiation Oncology delivered a lecture on Organ Preservation Approaches in Oncology: from Cure to Quality of Life and Dr. Mudit Aggarwal, Sr. Consultant – Head & Neck Surgical Oncology spoke on Robotic Surgery in Head & Neck Oncology in the said CME.

8TH CHEMOPORT TRAINING COURSE

The Department of Surgical Oncology, RGCIRC successfully organized the 8th training course in Chemoport Insertion on 11th -12th March 2019 at RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive sessions by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman’s Catheter Insertion, Pediatric Port, Arm Port and Peritoneal Port Insertion. The course was highly gratifying and we received an excellent feedback.

LAUNCH MEETING - DELHI GASTROINTESTINAL ONCOLOGY FORUM

On Saturday 16th March 2019, RGCIRC organized the Launch of the gastro intest wing of the Oncology forum at Hotel Crown Plaza, Rohini. The topic of the meet was “Decision making in Rectal Carcinoma”. It was attended by many oncologists from Delhi, participating as faculty and delegates. The topics were a lecture on liquid biopsies in colorectal cancers, and cancers, and a panel discussion on short course RT in rectal carcinoma and delayed surgery. It was followed by a heated debate on management after Complete remission after CTRT in ca rectum. The meeting was organized by Dr. Swarupa Mitra, Dr. Shivender Singh and Dr. Sumit Goyal.
LIVE WORKSHOP ON FREE FLAP
RGCIRC organized Live Workshop on Free Flap on Sunday, 17th March 2019 at Hotel Crowne Plaza, Rohini, Delhi. Dr. A. K. Dewan, Director – Surgical Oncology delivered opening remarks.
Dr. P. S. Bhandari, HOD, Plastic and Reconstruction Surgery, Lok Nayak Hospital Delhi, delivered the scientific lecture on Introduction of Head & Neck Reconstruction. Then our reconstructive & Microvascular Surgery team led by Dr. Rajan Arora, Sr. Reconstructive & Microvascular Surgery team, performed 3 free flaps; i.e. Free fibula, free ALT and Free Radial Artery Forearm Flap on 3 Ca Head & Neck patients. After completion of live workshop Dr. Rajan Arora delivered lecture on Tips for Young Microvascular Surgeons followed by vote of thanks.

CANcer CASE CAPSule cOMPETITION
RGCIRC’s DNB team presented a case of aggressive blood cancer in which cutting edge modern technology targeted therapy was used in elderly man who presented with advanced blood cancer in serious condition and improved. The team including Dr. Sneha Bothra from Medical Oncology and Dr. Venkata Pradeep Babu K from Medical Oncology, Dr. Srawya from Radiation Oncology, Dr. Taruna Goel from Nuclear Medicine and Dr. Divya from Pathology from RGCIRC under the mentorship of Dr. Dinesh Bhurani, Director – Hematology & BMT and Dr. Rayaz Ahmed, Sr. Consultant - Hematology & BMT, contested against AIIMS team and won the prize in haematology as well as overall championship at the C4 case capsules organized by Max Hospitals at Russian Convention Centre, New Delhi on Sunday, 17th March 2019. Dr. Vineet Talwar, Director – Medical Oncology appreciated the team and encouraged students to participate in various conferences across India and abroad.

61ST ANNUAL DELHI STATE MEDICAL CONFERENCE - NACON 2019
CME – SNEHIL GROUP (SOUTH DELHI)
RGCIRC organized a CME in association with Snehil Group (South Delhi) on Saturday, 29th March 2019 at Hotel Visaya, Near Panchshila Club, New Delhi. Dr. Gauri Kapoor, Medical Director - RGCIRC, Niti Bagh and Director - Pediatric Hematology Oncology delivered a lecture on Approach to a Young Patient with Neck Nodes and Dr. Sajjan Rajpurohit, Consultant – Medical Oncology spoke on Cancer Vaccines – Myths or Reality in the said CME.

CME – IMA KAITHAL, HARYANA
RGCIRC organized a CME in association with IMA Kaithal on Saturday, 30th March 2019 at Mannat Hotel, Old City, Kaithal, Haryana. Dr. Pankaj Goyal, Consultant – Medical Oncology delivered a lecture on Newer Advances in Hormone Positive Breast Cancer and Dr. Amitabh Singh, Consultant – Genito Uro Surgical Oncology spoke on Overview of Urological Malignancies in the said CME.

CME – IMA KANPUR, UP
RGCIRC organized a CME in association with IMA Kanpur on Sunday, 31st March 2019 at Lofty Hall, Ganges Club, Arya Nagar, Kanpur. Dr. Mudit Agarwal, Sr. Consultant – Head & Neck Surgical Oncology delivered a lecture on Advances in Head & Neck Surgical Oncology and Dr. Abhishek Bansal, Consultant – Interventional Radiology spoke on Interventional Radiology – Treatment Paradigms to Help Your Patients in the said CME.

CONGRATULATIONS TO DR. RUPINDER SEKHON
Indian College of Obstetricians & Gynecologists (ICOG) felicitated Dr. Rupinder Sekhon, Sr. Consultant & Chief of Gynaec Oncology with Fellowship Award in 62nd All India Congress of Obstetrics & Gynaecology - AICOG 2019 on Friday, 11th January 2019 at Gayatri Vihar, Palace Grounds, Bengaluru.

RADIO CAMPAIGN
On the Occasion of World Cancer Day, Dr. Gauri Kapoor, Medical Director - RGCIRC Niti Bagh and Director - Pediatric Hematology Oncology interviewed on 104.8 Ishq FM on Monday, 4th February 2019
CANCER AWARENESS AND SCREENING CAMP

WE THE WOMEN
CELEBRATING LIFE

Date: Friday, 8th March 2019

Get to know Cervical Cancer, protect yourself from it.

Cervical Cancer is one of the most common cancer among Indian women. Regular PAP Smear Test can save your life.
THERE’S A VERY SIMPLE CURE FOR CANCER

PREVENTION

Our Prevention & Awareness Department helps you do just that
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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>7 January 2019</td>
<td>Shahabad Dairy, Delhi</td>
<td>Cancer Screening Camp</td>
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<td>9 January 2019</td>
<td>Agar Nagar, Part - 3, Delhi</td>
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<td>16 January 2019</td>
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<td>17 January 2019</td>
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<td>18 January 2019</td>
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<td>Cancer Screening Camp</td>
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<td>19 January 2019</td>
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<td>Manuskriti School, Faridabad</td>
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<td>23 January 2019</td>
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<td>28 January 2019</td>
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<td>29 January 2019</td>
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<td>Cancer Awareness Program in association with Integrated Institute of Technology</td>
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<td>30 January 2019</td>
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<td>1 February 2019</td>
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<td>6 February 2019</td>
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<td>18 February 2019</td>
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# CANCER AWARENESS AND SCREENING CAMP

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<tr>
<td>Cancer Screening Camp at Pratap Vihar, Delhi</td>
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<td>Cancer Screening Camp at Shahabad Dairy, Delhi</td>
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<td>Cancer Awareness Program at Mukundpur, Delhi</td>
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<td>Cancer Screening Camp at Agar Nagar, Delhi</td>
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<td>Cancer Screening Camp at Savita Vihar, Mukundpur, Delhi</td>
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<td>Cancer Screening Camp at Indian Women’s Press Corps, Windsor Place, New Delhi</td>
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<td>Cancer Screening Camp at Agar Nagar, Delhi</td>
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<td>Cancer Screening Camp at Jain Nagar, Delhi</td>
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<td>Cancer Awareness Program in association with CEE at MCD Primary School, Sector -3, Rohini, Delhi</td>
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<td>Cancer awareness Health talk at Noida</td>
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<td>Cancer awareness Health talk at New Delhi</td>
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<td>Cancer Awareness Program in association with CEE at MCD primary School, Sector – 7, Rohini, Delhi</td>
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<td>Cancer awareness Health talk at Niti Bagh, South Delhi</td>
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<td>Cancer Awareness Program in association with Arya Mahila Ashram, at Central Ridge Reserve Forest, New Delhi</td>
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<td>Cancer Screening Camp at Shahabad Dairy, Delhi</td>
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<td>Cancer Awareness Program in association with Delhi Institute of Advance Studies, Rohini, sector - 25, New Delhi</td>
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<td>Cancer Screening Camp at Agar Nagar, Delhi</td>
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<td>Cancer Screening Camp at Ramesh Enclave, Delhi</td>
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<tr>
<td>Cancer Screening Camp at Shahabad Dairy, Delhi</td>
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<tr>
<td>Cancer awareness Camp at Kewal Park, Azad Pur, Delhi</td>
<td>31st March 2019</td>
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<tr>
<td>Cancer screening camp at Niti Bagh, South Delhi</td>
<td>8th March to 31st March 2019</td>
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Join RGCIRC family

https://www.facebook.com/RGCIRC
Welcome to the RGCIRC Family

Lt. Col (Retd) Dr. Nidhi Vohra Maggon  
ENT Specialist - Preventive Oncology

Dr. Sohag Datta Roy Chowdhury  
Consultant - Surgical ICU

RGCIRC - Star Employees

JANUARY
Ms. Arti  
Star Employee

Ms. Sunita  
Star Performer

Ms. Nisha  
Star Employee

FEBRUARY
Ms. Geeta Khatri  
Star Employee

Mr. Sandeep Singh  
Star Performer

Mr. Jomon Jose  
Star Employee

MARCH
Ms. Mamta Kaushal  
Star Employee

Mr. Pasang Chogyi  
Star Employee

Mr. Ruchi  
Star Employee
Lung Cancer in focus as RGCON and SOIICON begin on 8th Feb

ANI | New Delhi [India]  
Last Updated at February 9, 2019 12:20 IST

The 18th edition of RGCON, one of the largest annual international meets on Cancer in the country will be held from 8-10th February 2019. RGCON is flagship conference of Rajiv Gandhi Cancer Institute and Research Centre (RGCI and RC), New Delhi.

The theme of RGCON this year is "Thoracic Oncology: Translating Research into Practice" with special emphasis on Lung Cancer. As one of the most high profile oncology events, RGCON 2019 will have international experts participating from countries such as USA, UK, Australia, Netherlands, Spain and Switzerland.

The organizing committee of RGCON 2019 includes Dr. Ullas Batra, Sr. Consultant, Chief of Thoracic Medical Oncology (RGClandRC), Dr. Munish Gairola, Director, Radiation Oncology (RGClandRC), Dr. L.M. Darlong, Head, Thoracic Oncosurgery (RGClandRC) and Dr. Sunil Panjwani, Consultant, Histopathology (RGClandRC).

“Lung cancer is considered curable in only 15 percent of cases, as most cases are detected in later stages. However, there is light at the end of the tunnel. With new research and new therapeutic strategies like targeted therapy and immunotherapy there has been an improvement in lung cancer survival. The RGCON 2019 theme "Translating research into practice" reflects this changing paradigm, and aims to bring together leading experts in the field of thoracic oncology to collaborate and conquer thoracic cancers,” said Dr. Ullas Batra.

As an important highlight of RGCON this year, SOIICON 2019 will be held concurrently with RGCON. SOIICON is the first annual conference of Society of Oncologic Imaging India (SOII), the august body of radiologists engaged in cancer management. SOIICON is being held to underscore the pivotal role that imaging has come to occupy in cancer diagnosis and management.

European Society of Oncologic Imaging (ESOI) is actively partnering in making SOIICON a success. National Cancer Institute, Malaysia and Global Focus on Cancer, New York have endorsed SOIICON. It is expected that over 500 delegates from India and abroad will attend this meeting. The theme of the Conference is "Thoracic Oncology Imaging."

"In any cancer treatment, it's the approach taken that can make a huge difference to successful cure and management. Specialized hospitals such as RGCIRC have set up Tumour Boards where specialists from Surgery, Radiation Oncology, Medical Oncology, Radiology, Pathology and Molecular Diagnostics sit together and chart out the course most appropriate for a patient's management. A radiologist plays a central role in oncology decision making. It is imperative therefore that radiologists are fully aware of the huge responsibility that rests with them," said Organizing Chairman of SOIICON 2019 and President Society of Oncologic Imaging, India Dr. Arvind K. Chaturvedi.

“The advances in imaging have led to the availability of enormous information about cancer behavior. Right from the diagnosis to staging and response evaluation, imaging studies have assumed a central role in management of cancer,” said Dr. Sushil Kumar Rawat, Medical Director and Chief of Genito Uro-Oncology Services, RGCI and RC.


Business Standard, 9th Feb 2019
Lung Cancer in Focus as RGCON and SOICON Begin on 8th Feb

Thursday, 07 Feb, 4.40 pm

The 18th edition of RGCON, one of the largest annual international meets on Cancer in the country will be held from 8-10th February 2019. RGCON is flagship conference of Rajiv Gandhi Cancer Institute & Research Centre (RGCI&RC), New Delhi.

The theme of RGCON this year is "Thoracic Oncology: Translating Research into Practice" with special emphasis on Lung Cancer. As one of the most high profile oncology events, RGCON 2019 will have international experts participating from countries such as USA, UK, Australia, Netherlands, Spain and Switzerland.

The organizing committee of RGCON 2019 includes Dr. Ullas Batra, Sr. Consultant, Chief of Thoracic Medical Oncology (RGCI&RC), Dr. Munish Gairola, Director, Radiation Oncology (RGCI&RC), Dr. L.M. Darlong, Head, Thoracic Oncosurgery (RGCI&RC) and Dr. Sunil Parashar, Consultant, Histopathology (RGCI&RC).

"Lung cancer is considered curable in only 15 percent of cases, as most cases are detected in later stages. However, there is light at the end of the tunnel. With new research and new therapeutic strategies like targeted therapy and immunotherapy there has been an improvement in lung cancer survival. The RGCON 2019 theme "Translating research into practice" reflects this changing paradigm, and aims to bring together leading experts in the field of thoracic oncology to collaborate and conquer thoracic cancers," said Dr. Ullas Batra.

As an important highlight of RGCON this year, SOICON 2019 will be held concurrently with RGCON. SOICON is the first annual conference of Society of Oncologic Imaging India (SOII), the august body of radiologists engaged in cancer management. SOICON is being held to underscore the pivotal role that imaging has come to occupy in cancer diagnosis and management.

European Society of Oncologic Imaging (ESOI) is actively partnering in making SOICON a success. National Cancer Institute, Malaysia and WOBL Focus on Cancer, New York have endorsed SOICON. It is expected that over 500 delegates from India and abroad will attend this meeting. The theme of the Conference is "Thoracic Oncologic Imaging."

"In any cancer treatment, it is the approach taken that can make a huge difference to successful cure and management. Specialized hospitals such as RGCI&RC have set up Tumour Boards where specialists from Surgery, Radiation Oncology, Medical Oncology, Radiology, Pathology and Molecular Diagnostics sit together and chart out the course most appropriate for a patient's management. A radiologist plays a central role in oncology decision making. It is imperative therefore that radiologists are fully aware of the huge responsibility that rests with them," said Organizing Chairman of SOICON 2019 and President Society of Oncologic Imaging, India Dr. Arvind K Chaturvedi.

"The advances in imaging have led to the availability of enormous information about cancer behavior. Right from the diagnosis to staging and response evaluation, imaging studies have assumed a central role in management of cancer," said Dr. Sudhir Kumar Rawal, Medical Director and Chief of Gerito Uro - Oncology Services, RGCI&RC.

Dailyhunt, 9th Feb 2019

Yahoo, 9th Feb 2019
World Cancer Day: With Lifestyle Changes, Cancer Can Be Prevented

Adopting good lifestyle practices to prevent non-communicable diseases, particularly cancer, is the need of the hour.

Lifestyle changes to reduce cancer risk can be divided into two broad categories: lifestyle factors that increase the risk of cancer and those that decrease it.

Lifestyle factors that increase cancer risk include:

- **Tobacco use**: Smoking and other forms of tobacco use are the leading cause of cancer-related deaths worldwide.
- **Alcohol consumption**: Excessive alcohol consumption is also linked to an increased risk of certain cancers, such as liver cancer.
- **Poor diet**: A diet high in processed foods, red meat, and sugars and low in fruits, vegetables, and whole grains increases the risk of certain cancers.
- **Physical inactivity**: Sedentary lifestyles are associated with an increased risk of certain cancers, including breast, colon, and prostate cancer.
- **Obesity**: Being overweight or obese increases the risk of several cancers, including breast, colon, and endometrial cancer.
- **Infection with certain viruses**: Infections with viruses such as human papillomavirus (HPV) and human herpesvirus-8 (HHV-8) are linked to certain cancers, including cervical and Kaposi’s sarcoma, respectively.
- **Exposure to certain chemicals and radiation**: Exposure to chemicals such as asbestos, benzene, and certain pesticides, as well as radiation, increases the risk of cancer.

Lifestyle factors that decrease cancer risk include:

- **Healthy diet**: A diet rich in fruits, vegetables, whole grains, and lean proteins can help reduce the risk of cancer.
- **Regular physical activity**: Physical activity, particularly regular exercise, can help reduce the risk of several cancers, including breast, colon, and prostate cancer.
- **A healthy weight**: Maintaining a healthy weight through a healthy diet and regular physical activity can help reduce the risk of cancer.
- **Limiting alcohol intake**: Reducing alcohol consumption can help decrease the risk of certain cancers, particularly liver cancer.
- **Avoiding tobacco**: Quitting smoking and avoiding secondhand smoke can help reduce the risk of lung cancer and other tobacco-related cancers.
- **Protecting skin**: Using sunscreen and avoiding excessive sun exposure can help decrease the risk of skin cancer.
- **Getting vaccinated**: Getting vaccinated against HPV and other viruses can help prevent certain types of cancer.

By making lifestyle changes, individuals can significantly reduce their risk of cancer and improve their overall health.

Outlook World Cancer Day, 4th Feb 2019
SPOTLIGHT
WORLD CANCER DAY

THE BIG C AND HOW EARLY DETECTION HELPS

February 4 is observed as World Cancer Day all over the world. The good news is that new technologies and treatments mean increasing cured cases.

By Bindu Gopal Rao

The number of cancer cases is shrinking over the last decade. According to an Indian Council of Medical Research report, the number of cancer cases in India will decrease more than 173 lakh new cancer cases and more than 68 lakh deaths due to the disease by 2023. Cancer is caused by accumulated damage to genes. A number of forces can cause such damage to genes which results in cancer. Cancer treatment choices such as trastuzumab and alcohol are known to increase your risk of cancer.

Secondhand smoke is also responsible for cancer. The environment around you may contain harmful chemicals which can increase your risk of cancer. So, what counts are the symptoms and get treated?

The main reason for the rising incidence of cancer among people today is their lifestyle: what you eat in an adult potable and is the world; and as it is HDL per cent related to cancer.

Growth, apoptosis and are directly shown to increase cancer risk only in a healthy lifestyle. Among these factors, cancer and lung cancer confound for almost 40 per cent of cancer burden.

In the study, the cancer and lung cancer are the most common type of cancer found among men whereas breast cancer is the major cause of cancer deaths among women. Several factors such as smoking tobacco increase, industrial pollution, unhealthy and risky lifestyle habits like fast food and lack of exercise are linked to an increase in the incidence of cancer in adults.

Most cancers are treated in the early stages of treatment. If you notice any unusual changes or anything that does not go away even after its treatment, check for cancer.

Some of the most common signs and symptoms of the disease include unexplained, sudden weight loss, loss of energy, fatigue, swallowing difficulties or a change in bowel habits. A test to detect cancer early can be a mammogram or a breast examination after ages 40 and 40

If you are at risk for breast cancer, make an appointment to see a doctor who specializes in breast cancer.

The most common treatments for breast cancer are surgery, chemotherapy, radiation therapy, and hormone therapy. These treatments are aimed at helping the body fight cancer.

If you are at risk for breast cancer, you should talk to your doctor about your risk and the options for prevention.

To stay healthy, get regular check-ups, eat a balanced diet, and be physically active.

Spica Route, 4th February 2019

Internal Newsletter: January - March 2019
संकेतों को समझें
इस बीमारी से बचें

हिंदुस्तान टाइम्स अनोक्ही, 16वें फरवरी 2019
भारत में 8 में से 1 महिला स्तन कैंसर से पीड़ित, जानें इसके लक्षण, बचाव और इलाज के बारे में


RGCI Live Hindustan, 23rd Feb 2019
नवभारत टाइम्स
तेजी से बढ़ रहा है स्तन कैंसर, जानें किन महिलाओं को है ज्यादा खतरा

स्तन कैंसर का असल कारण अब भी पता नहीं चल सका है। है। लेकिन कुछ स्थितियां हैं जो इसका रिस्क बढ़ाती हैं। इन स्थितियों का पता हो तो आप लक्षणों पर सही व्यवहार दे सकते हैं।

Updated: Feb 24, 2019, 08:31 AM IST

भारत में हर आठ में एक महिला स्तन कैंसर की चपेट में हैं। जिसमें कहना है कि भारत में इससे पीड़ित महिलाओं की संख्या तेजी से इजाफा हो रहा है। नीति बाग स्थित राजीव गांधी विद्युत शिक्षा विस्तार केंद्र ने स्थापित अध्ययनों की विभाग के मुख्य अध्यक्ष डॉ. राजेन्द्र प्रसाद के कहने पर, पीड़ित महिलाओं की अपनी और अनिवार्यता तृप्ति को कैंसर कह दिया है।

डॉ. राजेन्द्र प्रसाद के कुछ अवश्यक स्तन कैंसर के बारे में जानने के लिए रचना के बाद में जानना बहुत महत्वपूर्ण है। स्तन का कैंसर का असल कारण अब भी पता नहीं चल सका है। हालांकि कुछ स्थितियां स्पष्ट हैं, जिनमें स्तन कैंसर होनें की आशंका रहती है। इन रिस्क फैक्टरों की चाहिए की जाए।

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हार्वर्ड : भ्रष्ट ईलेस्ट्रेन का ज्यादा चाव स्तन कैंसर होने की आशंका बढ़ा देता है। गतिरोधिक गैलियन का इलेस्ट्रेन बढ़ा देता है।

पत्रिकारिक इतिहास : पत्रिकारिक इतिहास का रिस्क फैक्टर सबसे ज्यादा पॉपुलर है। स्तन कैंसर चाव देता है। अगर संस्सस्वरूप में किसी को स्तन कैंसर हो तो ईस्ट महिला में स्तन कैंसर होने की आशंका अन्य की तुलना में कम होती है।

शराब : शराब और शराब का सेवन भी महिलाओं में स्तन कैंसर का खतरा बढ़ाता है।

लक्षण
किसी स्तन में चाव बाहर के नीचे गांठ
• स्तन या निपट का लाल हो जाना
• स्तन का कोई हिस्सा बाही शरीर की सेवन दिखाई देगा
• स्तन की लिंग का नीचे सेक्स अनुभव होगा।


Navbharat Times, 24th Feb 2019
Women’s Day: On the occasion of International Women’s Day, Rajiv Gandhi Cancer institute and Research Center (RGCI&RC) organised a program at the Hotel Crowne Plaza Rohini. Organized on the theme of ‘We The Women, Celebrating Life’, the event was specially dedicated to cancer patients and cancer survivors, who shared their experiences and inspirational things along with the various activities during the program. Various fun activities, interactive sessions with the experts, the fashion walk, talent hunt, nail art, quiz and photo shoot etc. marked the special day for guests, volunteers, patients, and survivors. SNS

The Statesman, 9th March 2019

*Above mention are just the glimpses of few media coverages, for more updates please log on to http://www.rgcirc.org/news/*
Rajiv Gandhi Cancer Institute and Research Centre
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