Insight
Internal Newsletter
April - June 2019

- Doctor’s Day 2019
- CME - IMA Ludhiana
- CME - IMA Greater Noida
- CME - GMCH, Chandigarh
- Annual Day - IMA Outer West Branch
- CME - Association of Otolaryngologists of India - Delhi Chapter
- 13th Annual GEST New York, USA
- CNE - Nurses Week 2019
- 9th Chemoport Training Course
- Annual Conference - IARS 2019
- CME - IMA Faridabad

- Pain Management Training Programme
- CME - IMA Yamunanagar
- CME - FMS & FOGS, Faridabad
- PAINCON 2019
- JIJIVISHTA - Mobile Clinic Launch
- Radio Campaign
- Cancer Awareness and Screening Camp
- Social Media
- Welcome to RGCIRC Family
- Star Employee / Performer
- RGCIRC in News
DOCTORS' DAY 2019

Doctors’ Day was celebrated with much fervor on Monday, 1st July 2019 at Hotel Crowne Plaza, Rohini, Delhi. The opening remarks were delivered by Mr. D. S. Negi, CEO, Dr. Sudhir K. Rawal, Medical Director, RGCIRC, Rohini and Dr. Gauri Kapoor, Medical Director, RGCIRC, Niti Bagh. In healthcare organizations, all over the world, this day is recognized for contributions of physicians in saving human lives. In India, the date coincides with the birthday of the legendary Bharat Ratna awardee Dr. B. C. Roy. The day was marked by celebrations in the evening with mouth organ played by Dr. Sunil K. Khetarpal, Chief of Operation and Medical Superintendent and Dr. Rajan Arora, Sr. Consultant - Cosmetic, Plastic and Reconstructive Surgeon, flute played by Dr. Narendra Agarwal, Sr. Consultant - Hemato Oncology & BMT. Dance performed by Dr. Navneet Singh, Senior Physiotherapist, songs sung by Dr. Mousumi Suryavanshi, Sr. Consultant - Molecular Diagnostics and Dr. Payal Malhotra from Pediatric Hematology Oncology and Mr. Raj Kumar. The said performances were very well appreciated by the gathering.

CME - IMA LUDHIANA

RGCIRC organized a CME in association with IMA Ludhiana on Friday, 5th April 2019 at IMA Bhawan, Ludhiana, Punjab. Dr. Vineet Talwar, Director - Medical Oncology delivered a lecture on Early Detection and Diagnosis in Cancer and Dr. Manish Pruthi, Consultant - Musculoskeletal Oncology spoke on Bone and Soft Tissue Tumors - Impact on Society in the said CME.
CME - IMA GREATER NOIDA
RGCIRC organized a CME in association with IMA Greater Noida on Saturday, 20th April 2019 at The Stellar Gymkhana, Greater Noida, Uttar Pradesh. Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on Cancer Vaccines: Myths or Reality in the said CME.

CME - GOVERNMENT MEDICAL COLLEGE & HOSPITAL (GMCH), CHANDIGARH
RGCIRC organized a CME on Recent Innovations in Cancer Management in association with Department of Radiation Oncology, GMCH, Chandigarh on Monday, 22nd April 2019 at GMCH, Chandigarh. Dr. I. C. Premssagar, Sr. Consultant & Chief of Neuro & Spine Surgery delivered a lecture on Recent Trends in Neuro-oncosurgery, Dr. Rupinder Sekhon, Sr. Consultant & Chief of Gynae Oncology delivered a lecture on Advancement in Cancer Surgery with Robotics in Gynae Oncology, Dr. Kundan Singh Chufal, Sr. Consultant and Chief of Breast and Thoracic Radiation Oncology delivered a lecture on Organ Preservation Approaches in Oncology: from Cure to Quality of Life, Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on New Frontiers in Systematic Cancer Treatment, Dr. Manish Pruthi, Consultant - Musculoskeletal Oncology delivered a lecture on Advances in Musculoskeletal Oncology and Dr. Abhishek Bansal, Consultant - Interventional Radiology spoke on Interventional Radiology - A New & Adorable Kid on the Block in the said CME.
ANNUAL DAY - IMA OUTER WEST BRANCH
RGCIRC participated in Annual Day - IMA Outer West Branch on Sunday, 28th April 2019 at Cherish Forever Banquets, Peera Garhi, New Delhi. Dr. Abhishek Bansal, Consultant - Interventional Radiology delivered a lecture on Interventional Radiology - Treatment Paradigms to Help Your Patients and Dr. Pankaj Goyal, Consultant - Medical Oncology spoke on Newer Advances in Hormone Positive Breast Cancer in the said Conference.

CME - ASSOCIATION OF OTOLARYNGOLOGISTS OF INDIA (AOI) - DELHI CHAPTER
RGCIRC organized a CME in association with Association of Otolaryngologists of India - Delhi Chapter on Saturday, 4th May 2019 at India Habitat Centre, Lodhi Road, New Delhi. Dr. Mudit Agarwal, Sr. Consultant - Head & Neck Surgical Oncology delivered a lecture on Surgical Management of Thyroid Cancer and Dr. Sajjan Raipurohit, Consultant - Medical Oncology spoke on Systematic Treatment in Head & Neck Cancer - Recent Advances in the said CME. The CME also had a panel discussion on Oral Cavity Malignancy.

13TH ANNUAL GLOBAL EMBOLIZATION ONCOLOGY SYMPOSIUM TECHNOLOGIES (GEST) NEW YORK, USA
Dr. Abhishek Bansal, Consultant - Interventional Radiology, RGCIRC presented his paper on “Role of Transarterial Embolization in Massive Upper Gastrointestinal Bleeding in Unresectable Gastric Carcinoma Patients” at the 13th Annual Global Embolization Oncology Symposium Technologies (GEST) Meeting from 9th to 12th May 2019 at New York, USA.
CONTINUING NURSING EDUCATION PROGRAM 2019

With great pride and honor, The Department of Nursing at Rajiv Gandhi Cancer Institute & Research Centre (RGCI\(\text{RC}\)) Delhi, conducted a Continuing Nursing Education program at Hotel Crowne Plaza, Rohini, Delhi - 85 on 10th May 2019 (Friday) during Nurses week.

The theme of Nurses Week and CNE was "Nurses: A Voice to Lead, Health for All".

A voice to lead reflects the fact that, every nurse has a story, and every story has the potential, to improve the health system, and enable individuals and communities, to achieve their highest attainable, standard of health.

Health for All means, not just the availability of health services, but, a complete state of physical, and mental health, that enables a person, to lead a socially, and economically productive life.

Chief of nursing Ms. Madhumita Dhall welcomed all the dignitaries and delegates to the knowledge extravaganza. The conference began with Felicitation Chief Guest Capt. Indiraw Rani (General Manager - Nursing of Jaypee Hospital), followed with lamp lighting ceremony.

The event brought together more than 150 delegates from different Health care organizations in the Delhi-NCR. The Conference continued with Poster presentations, Quiz, panel discussions and interactive sessions by experienced Faculties regarding Nurses: A Voice to Lead, Health for All. Various aspects, challenges related to Nursing were discussed and highlighted by various dignitaries.

The event concluded with a vote of thanks by Ms. Kunjuamma Chacko (DNS).

9TH CHEMOPORT TRAINING COURSE

The Department of Surgical Oncology, RGCI\(\text{RC}\) successfully organized the 9th training course in Chemoport Insertion on 13th - 14th May 2019 at RGCI\(\text{RC}\), Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive sessions by the faculty of RGCI\(\text{RC}\) as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman’s Catheter Insertion, Pediatric Port, Arm Port and Peritoneal Port Insertion. The course was highly gratifying and we received an excellent feedback.

ANNUAL CONFERENCE – INTERNATIONAL ANAESTHESIA RESEARCH SOCIETY (IARS) 2019

RGCI\(\text{RC}\) participated in annual conference of International Anaesthesia Research Society held from 16th to 20th May 2019 at Montreal, Canada. Dr. Akhillesh Paahade (Attending Consultant, Department of Anaesthesiology) presented a poster on “Monitored Anaesthesia Care for Radiofrequency Ablation of Oncological Lesions: Our Experience” which was co-authored by Dr. Itte Chowdhury, Sr. Consultant - Anaesthesiology.
CME - IMA FARIDABAD
RGCIRC organized a CME in association with IMA Faridabad on Saturday, 25th May 2019 at Millionaire Hotel, Faridabad, Haryana. Dr. Munish Gairola, Director - Radiation Oncology delivered a lecture on Recent Advances in Head & Neck Radiotherapy and Dr. Sajjan Rajpurohit, Consultant - Medical Oncology spoke on Systematic Treatment in Head & Neck Cancer - Recent Advances in the said CME.

PAIN MANAGEMENT TRAINING PROGRAMME
The Department of Pain Management, RGCIRC successfully organized its first in house fortified three days certified training programme from 29th to 31st May 2019. This three days course was organized for doctors of all specialities and nurses who desired to learn about cancer pain. It entailed interactive session by the faculty of RGCIRC. The topics were covered on cancer pain, assessment and types of pain, History taking, Pharmacotherapy in cancer pain, videos on interventional pain management with multimodal team based Holistic approach. The course was highly gratifying and we received excellent feedback. This training programme will be held quarterly hence forth

CME - IMA YAMUNANAGAR
RGCIRC organized a CME in association with IMA Yamunanagar on Saturday, 1st June 2019 at The Madhu Hotel, Yamunanagar, Haryana. Dr. Swarupa Mitra, Sr. Consultant & Chief of Gynecological and Genitourinary Radiation Oncology delivered a lecture on Incidentally Diagnosed Carcinoma Cervix and Dr. Manish Sharma, Consultant - Medical Oncology spoke on Approach to Patient with Suspected Lung Cancer in the said CME.
CME - FARIDABAD MENOPAUSE SOCIETY AND FARIDABAD OBSTETRICS AND GYNECOLOGY SOCIETY

RGCIRC organized a CME in association with Faridabad Menopause Society and Faridabad Obstetrics and Gynecology Society on Thursday, 20th June 2019 at Radisson Blu Hotel, Faridabad, Haryana. Dr. Sajjan Rajpurohit Consultant - Medical Oncology delivered a lecture on Cancer Vaccines: Myths or Reality in the said CME.

PAINCON 2019

RGCIRC garnered another feather in its cap when it successfully conducted the national level PAINCON 2019 under the aegis of ISSP. Dr. Sunny Malik (Organizing Secretary) & Dr. Malvinder Sahi (Organizing Chairman) headed the event which was held over 2 days. Preconference Events on 29th June (Interventional Fluoroscopic and USG Guided Pain Workshop at RGCIRC Niti Bagh, Interactive Palliative Care Workshop at Hotel Visaya, Panchsheel Club, New Delhi) & the academic conference on 30th June at PHD Chamber of Commerce, Hauz Khas, New Delhi. The workshop programs were packed to their capacity (60 each) and the academic conference saw an attendance of 160.

The aim of PAINCON 2019 was to highlight the role of Pain & Palliative Care in Management of Cancer Patients.

The importance of early Interventions by trained pain specialists was emphasized by various panelists during detailed discussions on current and future trends.

There was an emphasis on an "interdisciplinary" approach signifying the need for the relevant specialties to communicate efficiently to ensure optimal patient benefit in terms of pain control & patient satisfaction.

Pain Medicine is a rapidly evolving domain in medicine & with the cancer burden always on the rise, a robust system to tackle the dreaded symptom of PAIN is the need of the hour.

The event was dubbed a grand success unanimously by faculties & delegates.

JIJIVISHA - Mobile Clinic

On Sunday, 30th June 2019 “The health clinic van donated by The Rotary Foundation, equipped with facilities for screening of cancer. This will help to screen the people at their door step, especially people from poor strata of society who can’t afford to go for cancer screening. Besides screening, the mobile van will create awareness on causes of cancer. A large LED screen outside the van will run creatively designed meaningful films on cancer prevention so as to urge the people to change their lifestyles. “This service is free of cost and is a part of corporate social responsibility (CSR) of RGCIRC. Not only that if a cancer is detected, to a certain limit, the treatment cost will also be borne by the hospital. RGCIRC has set up Preventive Oncology Department primarily to focus on creating awareness among the public about the need to screen for early detection of cancer.

RADIO Campaign

<table>
<thead>
<tr>
<th>CANCER AWARENESS AND SCREENING CAMP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer screening camp at Anganwadi’s Centre at Agar Nagar, Delhi on 8th May 2019.</td>
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<tr>
<td>Cancer screening camp at Anganwadi’s Centre at Bhagya Vihar, Delhi on 13th May 2019.</td>
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<td>Cancer screening camp at Anganwadi’s Centre at Agar Nagar, Delhi on 15th May 2019.</td>
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<td>Cancer screening camp at Gulmohar Park, Delhi on Wednesday, 15th May 2019.</td>
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<td>Cancer screening camp at Vasant Vatika, New Delhi on 16th May 2019.</td>
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<td>Cancer screening camp at Anganwadi’s Centre at Shahbad Dairy, Delhi on 17th May 2019.</td>
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<td>Cancer screening camp in association with CDC Foundation at Kewal Park, Delhi on 19th April 2019.</td>
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<td>Cancer awareness program in association with Khushil at Mukundpur, Delhi on 20th April 2019.</td>
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<tr>
<td>Cancer screening camp at Ramesh Enclave, Delhi on 22nd May 2019.</td>
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<td>Cancer Screening Camp in Anganwadi Centre at Agar Nagar, Delhi on 1st June 2019.</td>
</tr>
<tr>
<td>Cancer Screening Camp at Anganwadi’s Centre at Ramesh Enclave, Delhi on 4th June 2019.</td>
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<td>Cancer Screening Camp at Anganwadi’s Centre at Rama Vihar, Delhi on 10th June 2019.</td>
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<td>Cancer Screening Camp at Anganwadi’s Centre at Bhagya Vihar, Delhi on 12th June 2019.</td>
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<td>Cancer Screening Camp at Anganwadi’s Centre at Lal Bagh, Delhi on 14th June 2019.</td>
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<td>Cancer Screening Camp at Anganwadi’s Centre, Jain Nagar, Delhi on 18th June 2019.</td>
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CANCER AWARENESS AND SCREENING CAMP

Cancer screening camp at Anganwadi’s Centre at Agar Nagar, Delhi on 1st April 2019.

Cancer screening camp at Anganwadi’s Centre at Shahbad Dairy, Delhi on 3rd April 2019.

Cancer screening camp at Anganwadi’s Centre at Ramesh Enclave, Delhi on 5th April 2019.

Cancer screening camp at Yusuf Sarai, Bhanot House Community Centre, Gulmohar Enclave, New Delhi on 11th April 2019.

Cancer screening camp at Commissionerate of Police, Faridabad, Haryana on 14th April 2019.

Cancer screening camp at Anganwadi’s Centre at Agar Nagar, Delhi on 15th April 2019.

Cancer Screening Camp at Anganwadi’s Centre at Ramesh Enclave, Delhi on 16th April 2019.

Cancer Screening Camp at Anganwadi’s Centre at Rama Vihar, Delhi on 18th April 2019.

Cancer Awareness Program and Screening Camp at Khushii NGO at Mukund Pur, Delhi on 20th April 2019.

Cancer Screening Camp in association with CDC Foundation at Kewal Park, Azad Pur, Delhi on 21st April 2019.

Cancer Screening Camp at Anganwadi’s Centre at Jain Nagar, Delhi on 24th April 2019.

Cancer Screening Camp at Anganwadi’s Centre at Shahbad Dairy, Delhi on 29th March 2019.

Cancer screening camp at Taravati Charitable Centre, L.P. Extension, Patparganj, Delhi on 29th April 2019.


Cancer screening camp at Kalkaji, New Delhi on 4th May 2019.

Cancer screening camp at Anganwadi’s Centre at Ramesh Enclave, Delhi on 6th May 2019.
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Like it.  Share it.  Love it.
Welcome to the RGCIRC Family

APRIL
Mr. Rajesh Thacker  
CFO

Dr. Vikas Arora  
Consultant - Surgical Oncology

Dr. Nitin Bansal  
Consultant - Infectious Disease

JUNE

Mr. Kapil Narula  
Site Management Officer - clinical Trials

RGCIRC - Star Employees

Ms. Betty Baby  
Star Employee

Ms. Jagriti Chauhan  
Star Employee

Ms. Kamal Masih  
Star Employee

Ms. Tsering Dekyi  
Star Employee
प्रोस्टेट कैंसर के इलाज में वरदान साबित हो रही रोबोटिक सर्जरी

प्रोस्टेट कैंसर के इलाज में वरदान साबित हो रही रोबोटिक सर्जरी

रोबोटिक केंसर इलाज्यों में प्रोस्टेट कैंसर के इलाज की दिशा में रोबोटिक सर्जरी इलाज साबित हो रही है। इस सर्जरी से अब तक बेहतर नतीजे देखने को मिलते हैं। इसके लिए राजीव गांधी अस्पताल इंटरनेशनल एंड सर्जरी सेंटर (आरजीएसएसई एंड अस्पताल) के जेनेटिक पूरी सर्जरी अंडरलैंड अंडरलैंड कार्यालय डॉ. अभिमंत्र ने यह बात कही। वह इंडियन मेडिकल एसोसिएशन से केन्द्र में ‘रोबोटिक सर्जरी इन यूरोपीय मेडिकल ऐडवार्ड्स’ को शीर्ष पर आयोजित कार्यक्रम में वक्तव्य देते थे। व्यापक चिकित्सकों से चर्चा में डॉ. अभिमंत्र ने पार्श्विक सर्जरी की तुलना में रोबोटिक सर्जरी के फायदों पर बात की। उन्होंने बताया कि यह सर्जरी पार्श्विक सर्जरी की तुलना में हर स्थान बेहतर है, वर्षों के बीते नक्सली चोटि लगाना पड़ता है, इससे कम खुराना गिरता है, कम दर्द होता है, भावनात्मक शीर्ष की अवस्था में कम लक्षण पड़ता है और आपूर्तिकर्ताओं के बाद कम रवाना तरीकों का सेना करना पड़ता है।

डॉ. अभिमंत्र ने बताया कि इन दिनों के सतर्क मेडिकल मेडिकल एंड रोबोटिक केंसर में जीवन की जीवन की अगुआ जीवन की जीवन की अगुआ जीवन की अगुआ जीवन की अगुआ
Ludhiana | 8th April 2019

CME on oncology: Doctors dwell on immunotherapy for cancer treatment

HT Correspondent

LUDHIANA: Immunotherapy has emerged as a game-changing therapy in cancer treatment and is being increasingly used as the quality of life it offers is much better, said Dr Vinay Talwar, director of medical oncology at the Rajiv Gandhi Cancer Institute & Research Centre (RGCI&RC), New Delhi.

He was speaking at a knowledge-sharing session during the continuing medical education (CME) on oncology organised by the Indian Medical Association (IMA), Ludhiana, in association with the centre, on Sunday.

“So far, it used to be only chemotherapy. Now, targeted therapy and immunotherapy are being used increasingly. Targeted therapy drugs look for targets at cancer sites and are given in addition to conventional chemotherapy drugs to kill cancer cells and increase survival rates. In case of immunotherapy, which is a state-of-the-art therapy, the immune system of the body is charged to an extent that the body itself fights against cancer cells and pushes them out of circulation,” said Dr Talwar.

Dr Manish Pruthi, consultant, musculoskeletal oncology at RGCI&RC, said, “There is an urgent need to raise awareness about sarcoma, the cancer of bone and soft tissues, to save life and limbs of the young, who are falling prey to this cancer. Though occurrence is rare, the bone and soft tissue tumour occur at a very young age like second or third decade of life which is a very productive age group. The need to cure such tumours appropriately is higher since the patient needs to be for another 50-60 years.”

“There is a need of awareness as cases are being reported late and there’s risk of losing limbs in young children. Usually, tumour goes unnoticed in limbs or an inappropriate surgery is conducted. In such a case, this leads to damage and major risk of losing the limb, which affects the life of young children. We need to preserve the function and cure the cancer. So, if there is swelling or persistent pain with swelling in the limbs, then a sarcoma specialist should be consulted early,” Dr Pruthi said.
Experts share innovations on cancer treatment

Chandigarh: New therapies are not only making cancer cure easier and faster but improving the quality of life while leaving least detrimental effect on the body. Cancer experts from Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) New Delhi shared new innovations for treating different types of cancers at a doctors’ conclave organized by Government Medical College and Hospital (GMCH) Chandigarh. The conclave was presided over by professor B S Chavan, director and principal and Dr Awadhesh Kumar Pandey, professor and head, Radiation Oncology at GMCH, Chandigarh.

Dr Rupinder Sekhon, senior consultant and chief of gynae oncology at RGCIRC, stated that under new techniques of breast cancer treatment, mastectomy or the removal of the breast is not required at all. Through oncoplastic surgery, breast can be conserved so that there is no loss of confidence, image or self-esteem of a woman.

Dr I C Prem Sagar, senior consultant and chief of neuro and spine surgery at RGCIRC stated that the new technique of neuro navigation helps the surgeon sharply identify the tumour in brain or spinal cord since precision incision is a must in brain or spinal surgery. Another revolutionary technique being used is awake brain surgery wherein the patient is speaking or singing and moving limbs while the tumour is being operated upon so that vital areas in the brain are not tampered with while operating tumour and the body functions remain intact. TNN
TOP STORY

RGCIRC celebrates Int’l Nurse Day

New Delhi

Nurses are those unsung heroes who always remain behind the curtain and silently work towards improving the health of the patients. As a community they have a vital role in keeping our country healthy, the community serves the people with devotion and commitment. To celebrate their contribution and their existence, Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) organised a one-day Continuing Nursing Education Programme filled with discussions, Talks, Presentation, Quiz and various activities at Hotel Crown Plaza, Rohini.

The one-day activity featured Nurses Are Foundation - ‘Ty-Affordable & Accessible Care’ by Shilpa Sarsar. The session was chaired by Dr. Shalmi Mitha, Consultant – Pediatric Surgical Oncology, RGCIRC & Ms. Kumajma Chacko, Deputy Nursing Superintendent, RGCIRC.

The session highlighted the need and importance of various aspects and concentration on basic needs to have good system, followed by a session on Health for All Means – ‘Health Brought in Reach of Everyone’ by Poornam Chinthan (AIDS), chaired by Dr. Mahavir Sen, Sr. Consultant – Pain Management & Victoria Massey, Deputy Nursing Superintendent, RGCIRC.

Panel Discussion on “Nurses Led Initiatives” with the panellists Anamol Josep, Dr. Seema Seshadri (AIIMS), Sreeja Nair Shaga (FNB) and Sreeni George (RGCIRC) was chaired by Dr. Sanil Khetarpal, Medical Superintendent & Chief of Operations, RGCIRC.

In his discourse, Dr. S. Negi (CIO, RGCIRC) said, “It’s amazing to be part of such an activity to celebrate the contribution of the most important people in healthcare world, without whom one can’t think of smooth execution and I believe their contribution is more than a doctor or family of the patient.”

Talking about the challenges Dr. Negi mentioned there’s need for strengthening the nursing sector. We are a huge country and education system here must be improved, we need to provide people with proper health education and improve their standards of living too. If we see, we are far behind in comparison to western world; hence we need to improve the quality of education and continuing such educating programs like this. Change is need of the hour; be it curriculum, our activities and how we can do & adopt the changes in a positive way, he said.

Talking about the program Lt. Col. Madhumita Dhall, Chief of Nursing, RGCIRC applauded the endless contribution of nurses. Nursing community has a vital role in keeping our country healthy, she is helping a patient, in fighting a serious illness is a nation-builder. The nursing community serves the people with dedication and commitment and the entire nation is grateful for this. The motto of our program is to applaud & celebrate their contribution to humanity at large.
International Nurse Day: To celebrate nurse contribution, Rajiv Gandhi Cancer Institute and Research Centre organised a one day continuing nursing education programme on the theme: ‘Nurses, a voice to lead... Health for All’ filled with discussions, talks, presentation, quiz and various activities in Rohini. Every Year International Nurses Day is celebrated on 12 May around the world, to commemorate the birth anniversary of Florence Nightingale and to thanks the nurses for their efforts and contributions towards people's health.

The Statesman, 12th May 2019
बहुत आसान है सर्वाइकल केसर से बचाव : डॉ. स्वरूपा मित्रा

राजीव गांधी केसर
इंडीआरटी एंड रिसर्च सर्वेर एवं इंडियन मेडिकल एसोसिएशन

जगधरी द्वारा डॉ. ऑस्टिन गुप्ता
कॉलेज के आयोजनार

पायनियर समाप्तार सेक्टर।

सर्वाइकल या गर्भवती के केसर से
बचाव बहुत आसान है। एपीसी
बैंक की मदद से इससे बचा जा सकता है। नावजन में यह एकमात्र ऑस्टिन एसर निर्देशक है जिससे बचाव के लिए टीका उपलब्ध है, जो 9 से 26 साल की लड़कियों को लगाया जाता है। यह टीका उन्हें इस केसर से बचाता है। यह बात राजीव गांधी केसर इंडीआरटी एंड रिसर्च सर्वेर (आरजीआर) के खोजपुर केंद्र और चीन ऑफ गायोनोकैडेक्सकल ऑर्कशोल से मित्रा ने कही।

यह युवनर नर्म के कांटलेव में बाल रही थी। इसका आयोजन आरजीआरके साथ मिलकर इंडीआरटी मेडिकल एसोसिएशन (आईआरटी) जगधरी ने किया था। आईआरटी जगधरी, भुवनेश्वर के प्रतिष्ठित टी. गोयल विभाग और पूर्व अध्यक्ष डॉ. परिनिर्माण के तीनों इस कार्यक्रम के संयोजक थे।

डॉ. मित्रा ने बताया कि पैप सूमाइर टेस्ट के जरिए गर्भवती के केसर को जांच भी बहुत बेहद करने से संभव है। इसका जरिए पता लगाने के लिए, यह बहुत कार्यक्रम जारी है। शादी के बाद से 50-60 साल की उम्र ही तक हाल से पैप सूमाइर टेस्ट कराने रहने चाहिए। पैप साल, पत्रकार के गर्भवती के महिलाओं में जांच करने के साथ मित्रा से अब केसर था। इसका अभ्यास जागरूकता, ज्ञान रचना, एचपी
Cervical cancer preventable, says Dr Swarupa Mitra

Cervical or cervix cancer can be prevented through HPV vaccine, said Dr Swarupa Mitra, senior consultant and chief of Gynaecological Oncology, Rajiv Gandhi Cancer Institute and Research Centre (RGICRC), New

Dainik Jagran, Kanpur
टीकाकरण से कैंसर का इलाज संभव : डॉ सजन

पायनियर समाचार सेवा। फरीदाबाद

कुछ निष्ठागढ़ प्रकार के कैंसर के इलाज और रोकथाम में टीकाकरण एक प्रभावी माध्यम बनकर उपर रहा है। कैंसर के इलाज की दिशा में टीके विकसित करने के लिए इस समय कई रोज़ चल रहे हैं। इस दिशा में नई टीकाओं के नैतिक ध्वनि स्थित राजीव गांधी कैंसर हॉस्पिटल एंड रिसर्च सेंटर (आरजीएसआई) के मेडिकल ऑफिसियल्स केंस्ट्रेट डॉ. समजुन राजपुरिया ने बताया कि स्वास्थ्य कैंसर (भौनार्थ का कैंसर) को टीकाकरण के माध्यम से पूरी तरह सुधार किया जा सकता है।  

फरीदाबाद के ऑब्स्ट्रेट्रिस एंड ग्यांडा कॉलेज और विभागीय प्रमुख डॉ. अलक चट्टानी और राजनीतिक विभागीय डॉ. चंदन गुप्ता ने इस अवसर पर उपलब्धि अधिकारियों का स्वागत किया। सीएम ने वह आयोजक फरीदाबाद धोंगे, रानी योगेश्वरी का प्रतिनिधित्व स्थापना ने प्रमुख डॉ. अनोखा नरंद्र और रेक्सेटर डॉ. योगेश्वरी ने किया।"कैंसर के टीके - निर्धक एवं प्लास्टिसर्टिक टिप्स"। नेशनल मेडिकल एक्सिजन (सीएम) में बोले रहे थे, जिसमें कई ऐसी रोग टीकों ने भी हिस्सा लिया।

फरीदाबाद के इलाज में प्रभाव होने वाला सबसे प्रभावी विधान का टीका स्वास्थ्य कैंसर में प्रभाव होता है। नहीं तो कैंसर का भय से बचने के लिए लगाया जाना चाहिए। राजपुरिया ने बताया कि भारत में स्वास्थ्य कैंसर के टीके के लिए उपलब्ध हैं, जबकि उन्मुख ने इसके कुल के लिए उपलब्ध हैं।  

"आपके इस प्रकार के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर विश्वास के भरपूर  

Pioneer, 22nd June 2019
Vaccines open new doors in cancer cure

STATESMAN NEWS SERVICE
NEW DELHI, 22 JUNE

Vaccination is emerging as a potent way to prevent and treat certain kinds of cancer, according to doctor Sajjan Rajpurohit, Consultant Medical Oncology at Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) Niti Bagh, New Delhi.

A lot of research is currently on to develop vaccines for cancer cure as cervical cancer which is almost entirely preventable through vaccines could emerge as the very first cancer to be eradicated, said doctor at Continuing Medical Education (CME) programme on oncology in Faridabad.

Lakhs of people died from cancer every year.
दिल्ली में कैंसर दर्द प्रबंधन पर सम्मेलन

नई दिल्ली। जून 2019: कैंसर के संबंधत दर्द के पूर्ण प्रबंधन एवं देखभाल को लेकर व्यापक चुनौतियों के बीच के साथ 29 और 30 जून को नई दिल्ली में पेंटाकोन-2019 का आयोजन किया जा रहा है।

राजीव गांधी कैंसर हॉस्पिटल और रिसर्च सेंटर के पेन मैनेजमेंट और पेढ़ाहेल्थ केम्पर्स ड्यूटमेंट के तथ्यात्मक नितिक इस सम्मेलन में कैंसर के इलाज की पूरी प्रक्रिया में प्रमुख हस्तियों का रहे दर्द प्रबंधन की विशेषता पर प्रभाव दाल जा रहा है।

आर्जुरीसी ऐम्जस, नीतीश बन्दर और एनसिएमथरावोलोजी और दर्द प्रबंधन के बेंकेटेड और पेंटाकोन-2019 के आयोजक कविता डा. स्नेहा मलिक ने कहा, “कैंसर के रोगों में बीमारों के अन्य लक्षणों के साथ दर्द के लक्षण भी अहम है। कैंसर रोगों के जीवन को गुणवत्ता में सुधार के लिए दर्द का प्रबंधन करना महत्वपूर्ण है।”

डा. सनी ने आगे कहा, “हम एक अलग अवधारणा के साथ इस सम्मेलन का आयोजन कर रहे हैं। अगर तक कैंसर दर्द प्रबंधन पर आयोजित होने वाले सम्मेलनों में केवल दर्द विशेषता ही सम्मिलित होते थे। पहली बार दर्द के निर्माण में अलग-अलग विषयों के सहयोग से कारगर साबित होने पर चर्चा के लिए सम्मेलन में भाग लेने वालों का संख्या बढ़ी है।

आर्जुरीसी ऐम्जस ने हम मल्टी-स्पेशलिस्ट व कैंसर के माध्यम से कैंसर के इलाज के लिए अलग दृष्टिकोण को अनुभव किया है।

Dainik Bhaskar, 30th June 2019
Mobile cancer clinic flagged off: To create awareness on cancer prevention in the Capital, a state-of-the-art mobile cancer clinic was flagged off on Sunday. The mobile clinic will be run by Rajiv Gandhi Cancer Institute & Research Centre (RGIRC) supported by The Rotary Foundation. A medical team from RGIRC including doctors will man the mobile health clinic and screen the people for common types of cancer such as cervical, Oral cancer and breast cancer. Facilities for certain tests will also be available on board.

The Statesman, 1st July 2019
TOP STORY

New Delhi | 1st July 2019

Mobile Cancer Clinic flagged off in Delhi

In a major exercise aimed at detecting cancer early and create awareness on cancer prevention in the capital, a state-of-the-art mobile cancer clinic was flagged off recently. The mobile clinic will be run by Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC), donated by The Rotary Foundation.

A medical team from RGCIRC including doctors will be managing the mobile health clinic and will screen the people for common types of cancer such as Cervical cancer, Oral cancer and Breast cancer. Facilities for certain tests such as Pap Smear test for Cervical cancer will also be available on board.

“The health clinic, a redesigned Mercedes Benz van donated by The Rotary Foundation, is equipped with facilities for screening of cancer. This will help us screen the people at their door step, especially people from poor strata of society who can’t afford to go for cancer screening,” said Dr A K Chaturvedi currently Chair Radiology and former Medical Director of RGCIRC.

Besides screening, the mobile van will create awareness on causes of cancer. A large LED screen outside the van will run creatively designed meaningful films on cancer prevention so as to urge the people to change their lifestyles.

“This service is free of cost and is a part of corporate social responsibility (CSR) of RGCIRC. Not only that if a cancer is detected, to a certain limit, the treatment cost will also be borne by the hospital”, added Dr Chaturvedi.

Speaking on the occasion, Dr Sudhir Rawal, Medical Director, RGCIRC said, “Over 70 per cent of cancer cases report for treatment in advanced stages of disease resulting in high cost of treatment and poor survival. Healthy lifestyle holds the key to cancer prevention. Up to 3/3 of all cancers may be prevented by avoiding tobacco and adopting other healthy habits. The mobile van will help spread the word for healthy living.”

“Besides providing world-class facilities for cancer treatment, RGCIRC is sharply focused on prevention of cancer. As a pioneering move, RGCIRC has set up Preventive Oncology Department primarily to focus on creating awareness among the public about the need to screen for early detection of cancer. We are aligned with the vision of a healthy India of the Government and will continue to strive for prevention of cancer through awareness”, said D S Negi, CEO of RGCIRC.

Top Story, 1st July 2019
Architect's Impression of RGCIRC (post expansion)

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