



**Rajiv Gandhi Cancer Institute
and Research Centre**

A Unit of Indraprastha Cancer Society
Registered under "Societies Registration Act 1860"

Insight

Internal Newsletter
April - June 2019



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DOCTORS' DAY 2019

Doctors' Day was celebrated with much fervor on Monday, 1st July 2019 at Hotel Crowne Plaza, Rohini, Delhi. The opening remarks were delivered by Mr. D. S. Negi, CEO, Dr. Sudhir K. Rawal, Medical Director, RGCIRC, Rohini and Dr. Gauri Kapoor, Medical Director, RGCIRC, Niti Bagh. In healthcare organizations, all over the world, this day is recognized for contributions of physicians in saving human lives. In India, the date coincides with the birthday of the legendary Bharat Ratna awardee Dr. B. C. Roy. The day was marked by celebrations in the evening with mouth organ played by Dr. Sunil K. Khetarpal, Chief of Operation and Medical Superintendent and Dr. Rajan Arora, Sr. Consultant - Cosmetic, Plastic and Reconstructive Surgeon, flute played by Dr. Narendra Agarwal, Sr. Consultant - Hemato Oncology & BMT. Dance performed by Dr. Navneet Singh, Senior Physiotherapist, songs sung by Dr. Moushumi Suryavanshi, Sr. Consultant - Molecular Diagnostics and Dr. Payal Malhotra from Pediatric Hematology Oncology and Mr. Raj Kumar. The said performances were very well appreciated by the gathering.



CME - IMA LUDHIANA

RGCIRC organized a CME in association with IMA Ludhiana on Friday, 5th April 2019 at IMA Bhawan, Ludhiana, Punjab. Dr. Vineet Talwar, Director - Medical Oncology delivered a lecture on Early Detection and Diagnosis in Cancer and Dr. Manish Pruthi, Consultant - Musculoskeletal Oncology spoke on Bone and Soft Tissue Tumors - Impact on Society in the said CME.



CME - IMA GREATER NOIDA

RGCIRC organized a CME in association with IMA Greater Noida on Saturday, 20th April 2019 at The Stellar Gymkhana, Greater Noida, Uttar Pradesh. Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on Cancer Vaccines: Myths or Reality in the said CME.



CME - GOVERNMENT MEDICAL COLLEGE & HOSPITAL (GMCH), CHANDIGARH

RGCIRC organized a CME on Recent Innovations in Cancer Management in association with Department of Radiation Oncology, GMCH, Chandigarh on Monday, 22nd April 2019 at GMCH, Chandigarh. Dr. I. C. Premsagar, Sr. Consultant & Chief of Neuro & Spine Surgery delivered a lecture on Recent Trends in Neuro-oncosurgery, Dr. Rupinder Sekhon, Sr. Consultant & Chief of Gynae Oncology delivered a lecture on Advancement in Cancer Surgery with Robotics in Gynae Oncology, Dr. Kundan Singh Chufal, Sr. Consultant and Chief of Breast and Thoracic Radiation Oncology delivered a lecture on Organ Preservation Approaches in Oncology: from Cure to Quality of Life, Dr. Sajjan Rajpurohit, Consultant - Medical Oncology delivered a lecture on New Frontiers in Systematic Cancer Treatment, Dr. Manish Pruthi, Consultant - Musculoskeletal Oncology delivered a lecture on Advances in Musculoskeletal Oncology and Dr. Abhishek Bansal, Consultant - Interventional Radiology spoke on Interventional Radiology - A New & Adorable Kid on the Block in the said CME.



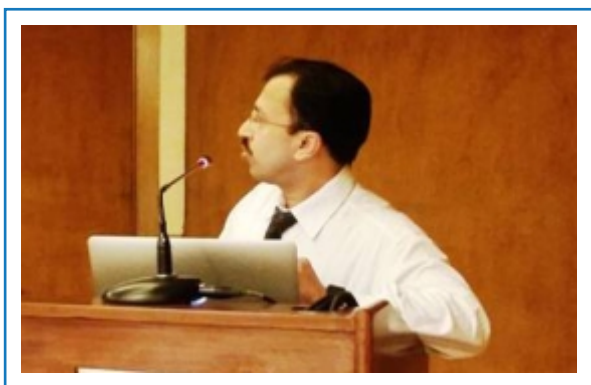
ANNUAL DAY - IMA OUTER WEST BRANCH

RGCIRC participated in Annual Day - IMA Outer West Branch on Sunday, 28th April 2019 at Cherish Forever Banquets, Peera Garhi, New Delhi. Dr. Abhishek Bansal, Consultant - Interventional Radiology delivered a lecture on Interventional Radiology - Treatment Paradigms to Help Your Patients and Dr. Pankaj Goyal, Consultant - Medical Oncology spoke on Newer Advances in Hormone Positive Breast Cancer in the said Conference.



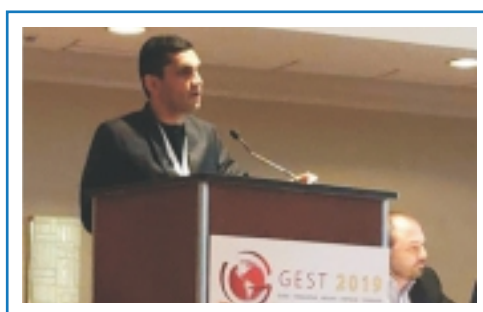
CME - ASSOCIATION OF OTOLARYNGOLOGISTS OF INDIA (AOI) - DELHI CHAPTER

RGCIRC organized a CME in association with Association of Otolaryngologists of India - Delhi Chapter on Saturday, 4th May 2019 at India Habitat Centre, Lodhi Road, New Delhi. Dr. Mudit Agarwal, Sr. Consultant - Head & Neck Surgical Oncology delivered a lecture on Surgical Management of Thyroid Cancer and Dr. Sajjan Rajpurohit, Consultant - Medical Oncology spoke on Systematic Treatment in Head & Neck Cancer - Recent Advances in the said CME. The CME also had a panel discussion on Oral Cavity Malignancy.



13TH ANNUAL GLOBAL EMBOLIZATION ONCOLOGY SYMPOSIUM TECHNOLOGIES (GEST) NEW YORK, USA

Dr. Abhishek Bansal, Consultant - Interventional Radiology, RGCIRC presented his paper on "Role of Transarterial Embolization in Massive Upper Gastrointestinal Bleeding in Unresectable Gastric Carcinoma Patients" at the 13th Annual Global Embolization Oncology Symposium Technologies (GEST) Meeting from 9th to 12th May 2019 at New York, USA.



CONTINUING NURSING EDUCATION PROGRAM 2019

With great pride and honor, The Department of Nursing at Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) Delhi, conducted a Continuing Nursing Education program at Hotel Crowne Plaza, Rohini, Delhi - 85 on 10th May 2019 (Friday) during Nurses week.

The theme of Nurses Week and CNE was "Nurses: A Voice to Lead, Health for All".

A voice to lead reflects the fact that, every nurse has a story, and every story has the potential, to improve the health system, and enable individuals and communities, to achieve their highest attainable, standard of health.

Health for All means, not just the availability of health services, but, a complete state of physical, and mental health, that enables a person, to lead a socially, and economically productive life.

Chief of nursing Ms. Madhumita Dhall welcomed all the dignitaries and delegates to the knowledge extravaganza. The conference began with Felicitation Chief Guest Capt. Indiraw Rani (General Manager - Nursing of Jaypee Hospital), followed with lamp lighting ceremony.

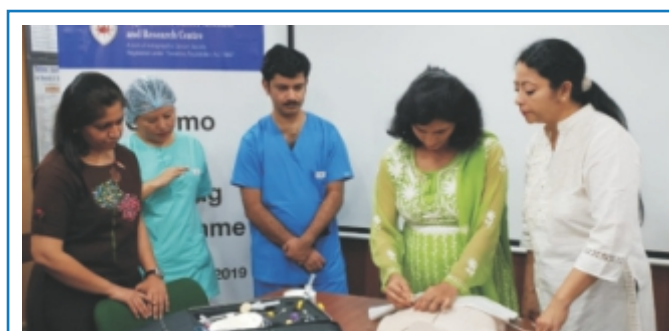
The event brought together more than 150 delegates from different Health care organizations in the Delhi-NCR. The Conference continued with Poster presentations, Quiz, panel discussions and interactive sessions by experienced Faculties regarding Nurses: A Voice to Lead, Health for All. Various aspects, challenges related to Nursing were discussed and highlighted by various dignitaries.

The event concluded with a vote of thanks by Ms. Kunjamma Chacko (DNS).

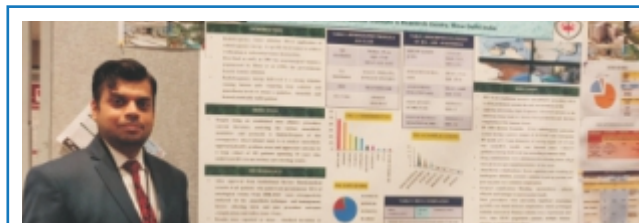


9TH CHEMOPORT TRAINING COURSE

The Department of Surgical Oncology, RGCIRC successfully organized the 9th training course in Chemoport Insertion on 13th - 14th May 2019 at RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive sessions by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman's Catheter Insertion, Pediatric Port, Arm Port and Peritoneal Port Insertion. The course was highly gratifying and we received an excellent feedback.



ANNUAL CONFERENCE – INTERNATIONAL ANAESTHESIA RESEARCH SOCIETY (IARS) 2019



RGCIRC participated in annual conference of International Anaesthesia Research Society held from 16th to 20th May 2019 at Montreal, Canada. Dr. Akhilesh Pahade (Attending Consultant, Department of Anaesthesiology) presented a poster on "Monitored Anaesthesia Care for Radiofrequency Ablation of Oncological Lesions: Our Experience" which was co authored by Dr. Itee Chowdhury, Sr. Consultant - Anaesthesiology.

CME - IMA FARIDABAD

RGCIRC organized a CME in association with IMA Faridabad on Saturday, 25th May 2019 at Millionaire Hotel, Faridabad, Haryana. Dr. Munish Gairola, Director - Radiation Oncology delivered a lecture on Recent Advances in Head & Neck Radiotherapy and Dr. Sajjan Rajpurohit, Consultant - Medical Oncology spoke on Systematic Treatment in Head & Neck Cancer - Recent Advances in the said CME.



PAIN MANAGEMENT TRAINING PROGRAMME

The Department of Pain Management, RGCIRC successfully organized its first in house fortified three days certified training programme from 29th to 31st May 2019. This three days course was organized for doctors of all specialities and nurses who desired to learn about cancer pain. It entailed interactive session by the faculty of RGCIRC. The topics were covered on cancer pain, assessment and types of pain, History taking, Pharmacotherapy in cancer pain, videos on interventional pain management with multimodal team based Holistic approach. The course was highly gratifying and we received excellent feedback. This training programme will be held quarterly hence forth



CME - IMA YAMUNANAGAR

RGCIRC organized a CME in association with IMA Yamunanagar on Saturday, 1st June 2019 at The Madhu Hotel, Yamunanagar, Haryana. Dr. Swarupa Mitra, Sr. Consultant & Chief of Gynecological and Genitourinary Radiation Oncology delivered a lecture on Incidentally Diagnosed Carcinoma Cervix and Dr. Manish Sharma, Consultant - Medical Oncology spoke on Approach to Patient with Suspected Lung Cancer in the said CME.



CME - FARIDABAD MENOPAUSE SOCIETY AND FARIDABAD OBSTETRICS AND GYNECOLOGY SOCIETY

RGCIRC organized a CME in association with Faridabad Menopause Society and Faridabad Obstetrics and Gynecology Society on Thursday, 20th June 2019 at Radisson Blu Hotel, Faridabad, Haryana. Dr. Sajjan Rajpurohit Consultant - Medical Oncology delivered a lecture on Cancer Vaccines: Myths or Reality in the said CME.



PAINCON 2019

RGCIRC garnered another feather in its cap when it successfully conducted the national level PAINCON 2019 under the aegis of ISSP. Dr. Sunny Malik (Organizing Secretary) & Dr. Malvinder Sahi (Organizing Chairman) headed the event which was held over 2 days. Preconference Events on 29th June (Interventional Fluoroscopic and USG Guided Pain Workshop at RGCIRC Niti Bagh, Interactive Palliative Care Workshop at Hotel Visaya, Panchsheel Club, New Delhi) & the academic conference on 30th June at PHD Chamber of Commerce, Hauz Khas, New Delhi. The workshop programs were packed to their capacity (60 each) and the academic conference saw an attendance of 160.

The aim of PAINCON 2019 was to highlight the role of Pain & Palliative Care in Management of Cancer Patients.

The importance of early Interventions by trained pain specialists was emphasized by various panelists during detailed discussions on current and future trends.

There was an emphasis on an "interdisciplinary" approach signifying the need for the relevant specialties to communicate efficiently to ensure optimal patient benefit in terms of pain control & patient satisfaction.

Pain Medicine is a rapidly evolving domain in medicine & with the cancer burden always on the rise, a robust system to tackle the dreaded symptom of PAIN is the need of the hour.

The event was dubbed a grand success unanimously by faculties & delegates.



JJIVISHA - Mobile Clinic

On Sunday, 30th June 2019 "The health clinic van donated by The Rotary Foundation, equipped with facilities for screening of cancer. This will help to screen the people at their door step, especially people from poor strata of society who can't afford to go for cancer screening. Besides screening, the mobile van will create awareness on causes of cancer. A large LED screen outside the van will run creatively designed meaningful films on cancer prevention so as to urge the people to change their lifestyles. "This service is free of cost and is a part of corporate social responsibility (CSR) of RGCIRC. Not only that if a cancer is detected, to a certain limit, the treatment cost will also be borne by the hospital. RGCIRC has set up Preventive Oncology Department primarily to focus on creating awareness among the public about the need to screen for early detection of cancer.



RADIO Campaign

On the occasion of International Nursing Day, Lt. Col Mrs. Madhumita Dhall, Chief of Nursing interviewed on 101.1 FM Gold on Monday, 13th May 2019.

CANCER AWARENESS AND SCREENING CAMP

Cancer screening camp at Anganwadi's Centre at Agar Nagar, Delhi on 8th May 2019.

Cancer screening camp at Anganwadi's Centre at Bhagya Vihar, Delhi on 13th May 2019.

Cancer screening camp at Anganwadi's Centre at Agar Nagar, Delhi on 15th May 2019.

Cancer screening camp at Gulmohar Park, Delhi on Wednesday, 15th May 2019.

Cancer screening camp at Vasant Vatika, New Delhi on 16th May 2019.

Cancer screening camp at Anganwadi's Centre at Shahbad Dairy, Delhi on 17th May 2019.

Cancer screening camp in association with CDC Foundation at Kewal Park, Delhi on 19th April 2019.

Cancer awareness program in association with Khushii at Mukundpur, Delhi on 20th April 2019.

Cancer screening camp at Ramesh Enclave, Delhi on 22nd May 2019.

Cancer screening camp in association with Eduquest, Lal Bagh, Azad Pur, Delhi on 24th May 2019.

Cancer Screening Camp in Anganwadi Centre at Agar Nagar, Delhi on 1st June 2019.

Cancer Screening Camp at Anganwadi's Centre at Ramesh Enclave, Delhi on 4th June 2019.

Cancer Screening Camp at Anganwadi's Centre at Rama Vihar, Delhi on 10th June 2019.

Cancer Screening Camp at Anganwadi's Centre at Bhagya Vihar, Delhi on 12th June 2019.

Cancer Screening Camp at Anganwadi's Centre at Lal Bagh, Delhi on 14th June 2019.

Cancer Screening Camp at Anganwadi's Centre, Jain Nagar, Delhi on 18th June 2019.

CANCER AWARENESS AND SCREENING CAMP

Cancer screening camp at Anganwadi's Centre at Agar Nagar, Delhi on 1st April 2019.

Cancer screening camp at Anganwadi's Centre at Shahbad Dairy, Delhi on 3rd April 2019.

Cancer screening camp at Anganwadi's Centre at Ramesh Enclave, Delhi on 5th April 2019.

Cancer screening camp at Yusuf Sarai, Bhanot House Community Centre, Gulmohar Enclave, New Delhi on 11th April 2019.

Cancer screening camp at Commissionerate of Police, Faridabad, Haryana on 14th April 2019.

Cancer screening camp at Anganwadi's Centre at Agar Nagar, Delhi on 15th April 2019.

Cancer Screening Camp at Anganwadi's Centre at Ramesh Enclave, Delhi on 16th April 2019.

Cancer Screening Camp at Anganwadi's Centre at Rama Vihar, Delhi on 18th April 2019.

Cancer Awareness Program and Screening Camp at Khushii NGO at Mukund Pur, Delhi on 20th April 2019.

Cancer Screening Camp in association with CDC Foundation at Kewal Park, Azad Pur, Delhi on 21st April 2019.

Cancer Screening Camp at Anganwadi's Centre at Jain Nagar, Delhi on 24th April 2019.

Cancer Screening Camp at Anganwadi's Centre at Shahbad Dairy, Delhi on 29th March 2019.

Cancer screening camp at Taravati Charitable Centre, I. P. Extension, Patparganj, Delhi on 29th April 2019

Cancer screening camp in association with Eduquest NGO at Lal Bagh, Delhi on 3rd May 2019.

Cancer screening camp at Kalkaji, New Delhi on 4th May 2019.

Cancer screening camp at Anganwadi's Centre at Ramesh Enclave, Delhi on 6th May 2019.



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<https://www.facebook.com/RGCIRC>



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Share it.



Love it.

Welcome to the RGCIRC Family

A
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Mr. Rajesh Thacker
CFO



Dr. Vikas Arora
Consultant - Surgical Oncology



Dr. Nitin Bansal
Consultant - Infectious Disease

J
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N
E



Mr. Kapil Narula
Site Management Officer - clinical Trials

RGCIRC - Star Employees



Ms. Betty Baby
Star Employee



Ms. Jagriti Chauhan
Star Employee



Ms. Kamal Masih
Star Employee



Ms. Tsering Dekyi
Star Employee

3 फरीदाबाद
स्वास्थ्य केन्द्रों के प्रति जागरूक
कर रहा सीसीआई

6 अभिमत
राष्ट्रीय कब वीरों की
शानदार परिकल्पना

8 हरियाणा/राष्ट्रीय
अर्जुन चैटला कोने, इन्वेलो ने स्पेशल
जन्मदिन के लिए किया सौजन्य

11 स्पोर्ट्स
स्वास्थ्य केन्द्रों व रासना काले
के लिए पंजाब के कलेक्टर तैयार

RNI NO. HARIN/2018/75109
पृष्ठ 1 और 11
फरीदाबाद, सेक्टर-01 अप्रैल, 2019
कुल 12 पृष्ठ 3 पृष्ठ
पूरा संस्करण



फरीदाबाद, नई दिल्ली, लखनऊ और रायपुर से प्रकाशित

पायनियर



श्रीम जे.ई.एस. में
स्फूर्ति के रूप

कैंसर-12

प्रोस्टेट कैंसर के इलाज में वरदान साबित हो रही रोबोटिक सर्जरी

पायनियर समाचार सेवा। कैथल

यूरोलॉजिकल कैंसर विशेषरूप से प्रोस्टेट कैंसर के इलाज की दिशा में रोबोटिक सर्जरी वरदान साबित हो रही है। इस सर्जरी से अब तक बेहतर नतीजे देखने को मिले हैं। नई दिल्ली स्थित राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई एंड आरसी) के जेनिटो यूरो सर्जिकल ऑन्कोलॉजी कंसल्टेंट डॉ. अमिताभ सिंह ने यह बात कही। वह इंडियन मेडिकल एसोसिएशन द्वारा कैथल में 'रोबोटिक सर्जरी इन यूरो ओन्कोलॉजी' की थीम पर आयोजित कार्यक्रम में वक्तव्य दे रहे थे। स्थानीय चिकित्सकों से चर्चा में डॉ. अमिताभ सिंह ने पारंपरिक सर्जरी की तुलना में रोबोटिक सर्जरी के फायदों पर बात की। साथ ही उन्होंने इस पर भी विमर्श किया कि किस तरह के कैंसर में यह सर्जरी ज्यादा बेहतर नतीजे देती है। उन्होंने



बताया कि यह सर्जरी पारंपरिक सर्जरी की तुलना में इसलिए बेहतर है, क्योंकि इसमें बहुत छोटा चीरा लगाना पड़ता है, इससे कम खून गिरता है, कम दर्द होता है, घाव जल्दी भरता है, मरीज को अस्पताल में कम रुकना पड़ता है और ऑपरेशन के बाद कम दर्द निवारक दवाओं का सेवन करना पड़ता है।

डॉ. अमिताभ ने बताया कि किडनी, यूरीनरी ब्लेडर, टेस्टिकुलर कैंसर, यूरेटर कैंसर जैसे सभी प्रकार के यूरोलॉजिकल कैंसर में रोबोटिक

सर्जरी कारगर साबित हो सकती है। गायनेकोलॉजी में यूटरिन कैंसर और सर्विक्स कैंसर में इसका प्रयोग किया जा रहा है।

आरजीसीआई एंड आरसी में मेडिकल ऑन्कोलॉजी कंसल्टेंट डॉ. पंकज गोयल ने चिकित्सकों को मेटास्टेटिक ब्रेस्ट कैंसर के हार्मोनल ट्रीटमेंट की दिशा में नई उपलब्धियों के बारे में बताया। डॉ. गोयल के मुताबिक, साइक्लिन इनहिबिटर्स कही जाने वाली नई दवाओं ने मेटास्टेटिक ब्रेस्ट कैंसर के इलाज की दिशा में क्रांतिकारी बदलाव किया है। टार्गेटेड थेरेपी में प्रयोग होने वाली इन दवाओं से मेटास्टेटिक या स्टेज-4 कैंसर के मामले में बहुत अच्छे नतीजे मिले हैं। मेटास्टेटिक कैंसर उस कैंसर को कहते हैं, जो शरीर के अन्य अंगों में फैल जाता है। उन्होंने बताया कि नई दवाओं ने ब्रेस्ट कैंसर के इलाज की दिशा में उम्मीद की नई किरण दिखाई है।



Ludhiana | 8th April 2019

CME on oncology: Doctors dwell on immunotherapy for cancer treatment

HT Correspondent

• ludhiana@hindustantimes.com

LUDHIANA: Immunotherapy has emerged as a game-changing therapy in cancer treatment and is being increasingly used as the quality of life it offers is much better, said Dr Vineet Talwar, director of medical oncology at the Rajiv Gandhi Cancer Institute & Research Centre (RGC&RC), New Delhi.

He was speaking at a knowledge-sharing session during the continuing medical education (CME) on oncology organised by the Indian Medical Association (IMA), Ludhiana, in association with the centre, on Sunday.

"So far, it used to be only chemotherapy. Now, targeted therapy and immunotherapy are being used increasingly. Targeted therapy drugs look for targets at cancer sites and are given in addition to conventional chemotherapy drugs to kill can-



• Dr Vineet Talwar, director, medical oncology, Rajiv Gandhi Cancer Institute & Research Centre, New Delhi, speaking during the CME in Ludhiana on Sunday.

HT PHOTO

cer cells and increase survival rates. In case of immunotherapy, which is a state-of-the-art therapy, the immune system of the body is charged to an extent that the body itself fights against cancer cells and pushes them

out of circulation," said Dr Talwar.

Dr Manish Pruthi, consultant, musculoskeletal oncology at RGC&RC, said, "There is an urgent need to raise awareness about sarcoma, the cancer of

bone and soft tissues, to save life and limbs of the young, who are falling prey to this cancer. Though occurrence is rare, the bone and soft tissue tumour occur at a very young age like second or third decade of life which is a very productive age group. The need to cure such tumours appropriately is higher since the patient needs to live for another 50-60 years."

"There is a need of awareness as cases are being reported late and there's risk of losing limb in young children. Usually, tumour goes unnoticed in limbs or an inappropriate surgery is conducted. In such a case, this leads to damage and major risk of losing the limb, which affects the life of young children. We need to preserve the function and cure the cancer. So, if there is swelling or persistent pain with swelling in the limbs, then a sarcoma specialist should be consulted early," Dr Pruthi said.

Hindustan Times, 8th April 2019

THE TIMES OF INDIA

Experts share innovations on cancer treatment

Chandigarh: New therapies are not only making cancer cure easier and faster but improving the quality of life while leaving least detrimental effect on the body. Cancer experts from Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) New Delhi shared new innovations for treating different types of cancers at a doctors' conclave organized by Government Medical College and Hospital (GMCH) Chandigarh. The conclave was presided over by professor B S Chavan, director and principal and Dr Awadhesh Kumar Pandey, professor and head, Radiation Oncology at GMCH, Chandigarh.

Dr Rupinder Sekhon, senior consultant and chief of gynae oncology at RGCIRC, stated that under new techniques of breast cancer treatment, mastectomy or the removal of the breast is not required at all. Through oncoplastic surgery, breast can be conserved so that there is no loss of confidence, image or self-esteem of a woman.

Dr I C Prem Sagar, senior consultant and chief of neuro and spine surgery at RGCIRC stated that the new technique of neuro navigation helps the surgeon sharply identify the tumour in brain or spinal cord since precision incision is a must in brain or spinal surgery. Another revolutionary technique being used is awake brain surgery wherein the patient is speaking or singing and moving limbs while the tumour is being operated upon so that vital areas in the brain are not tampered with while operating tumour and the body functions remain intact. TNN

The Times of India, 23rd April 2019

आप यहाँ हैं: होम > अंतर्राष्ट्रीय नर्स दिवस पर फ्लोरेंस नाइटिंगेल के आदर्शों को याद रखना...

अंतर्राष्ट्रीय नर्स दिवस पर फ्लोरेंस नाइटिंगेल के आदर्शों को याद रखना जरूरी : मधुमिता ढल्लू

अ | अ- | अ+

मेल करें

ट्विटर करें

लिंक करें

फेसबुक में शेयर करें

किस पृष्ठ को फिटर करें और भी है

संबंधित समाचार

संबंधित विषय

स्वास्थ्य और यात्रा

वीडियो गैलरी

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आज का दिन

ARIES

Your emotional side is making a big scene today, so just kick back and enjoy the show while it lasts. You may need to ask a few questions of yourself after it's all over, but don't beat yourself up.

IANSlive

IANs Hindi, 11th May 2019

TOP STORY

RGCIRC celebrates Int'l Nurse Day

New Delhi

Nurses are those unsung heroes who always remain behind the curtain and silently work towards improving the condition of the patients. As a community they have a vital role in keeping our country healthy, the community serves the people with devotion and commitment. To celebrate their contribution and their existence, Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) organized a one day Continuing Nursing Education Programme filled with Discussions, Talks, Presentation, Quiz and various activities at Hotel Crowne Plaza, Rohini.

The one day activity featured Nurses Are Foundation - "To Affordable & Accessible Care" by Shilpee Sarkar. The session was chaired by Dr. Shalini Mishra, Consultant - Pediatric Surgical Oncology, RGCIRC & Ms. Kunjunjamma Chacko, Deputy Nursing Superintendent, RGCIRC. The session highlighted the need and importance of various facts and concentration on basic needs to have good



system, followed by a session on Health for All Means - "Health Brought in Reach of Every One" by Poonam Chauhan (AIIMS), chaired by Dr. Malvinder Sahi, Sr. Consultant - Pain Management & Victoria Massey, Deputy Nursing Superintendent, RGCIRC.

Panel Discussion on "Nurses Led Initiatives" with the panelists Anumol Joseph, Dr. Seema Sachdeva (AIIMS), Sreeja Nair Singh (PSRI) and Susen George (RGCIRC) was chaired by

Dr. Sunil Khetarpal, Medical Superintendent & Chief of Operations, RGCIRC.

D. S. Negi (CEO, RGCIRC) said, "It's amazing to be part of such an activity to celebrate the contribution of most important people in healthcare world, without whom one can't think of smooth execution and I believe their contribution is more than a doctor or family of the patient."

Talking about the challenges Dr. Negi mentioned there's need for strengthening the nursing sector. We are

a huge country and education system over here must be improved, we need to provide people with proper health education and improve their standard of living too. If we see, we are far behind in comparison to western world; hence we need to improve the quality of education and continuing such educating programs like this. Change is need of hour; be it curriculum, our activities and how we can do & adopt the change in a positive way, he said.

Talking about the program Lt Col. Madhumita Dhall, Chief of Nursing, RGCIRC applauded the endless contribution of the nurses. Nursing community has a vital role in keeping our country healthy. She is helping a patient, in fighting a serious illness is a nation-builder. The nursing community serves the people with devotion and commitment and the entire nation is grateful for this. The motto of our program is to applaud & celebrate their contribution to humanity at large.

Top Story, 11th May 2019

The Statesman

New Delhi | 12th May 2019



International Nurse Day: To celebrate nurse contribution, Rajiv Gandhi Cancer Institute and Research Centre organised a one day continuing nursing education programme on the theme: 'Nurses, a voice to lead... Health for All' filled with discussions, talks, presentation, quiz and various activities in Rohini. Every Year International Nurses Day is celebrated on 12 May around the world, to commemorate the birth anniversary of Florence Nightingale and to thanks the nurses for their efforts and contributions towards people's health. SNS

The Statesman, 12th May 2019



Yamuna Nagar | 7th June 2019

बहुत आसान है सर्वाइकल कैंसर से बचाव : डॉ. स्वरूपा मित्रा

राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर एवं इंडियन मेडिकल एसोसिएशन

जगाधरी द्वारा डॉक्टर्स कॉन्फ्लेव आयोजित

यामुनियर समाचार सेवा। यमुनानगर



सर्वाइकल या गर्भाशय के कैंसर से बचाव बहुत आसान है। एचपीवी वैक्सीन की मदद से इससे बचा जा सकता है। वास्तव में यह एकमात्र ऐसा कैंसर है जिससे बचाव के लिए टीका उपलब्ध है, जो 9 से 26 साल की लड़कियों को लगाया जाता है। यह टीका उन्हें इस कैंसर से बचाता है। यह बात राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी) के सीनियर कंसल्टेंट एवं चीफ ऑफ गायनोकोलॉजिकल ओंकोलॉजी डॉ. स्वरूपा मित्रा ने कही।

वह यमुनानगर में डॉक्टर्स के कॉन्फ्लेव में बोल रही थी। इसका

आयोजन आरजीसीआईआरसी के साथ मिलकर इंडियन मेडिकल एसोसिएशन (आईएमए) जगाधरी ने किया था। आईएमए जगाधरी, यमुनानगर के प्रेसीडेंट डॉ. योगेश जिंदल और पूर्व अध्यक्ष डॉ. धीरेन्द्र के सोनी इस कार्यक्रम के संयोजक थे।

डॉ. मित्रा ने बताया कि पैप समियर टेस्ट के जरिये गर्भाशय के कैंसर की जांच भी बहुत बेहतर तरीके से संभव है। इसका जल्दी पता लगाने के लिए यह बहुत कारगर जांच है। शादी के बाद से 50-60 साल की उम्र होने तक हर साल पैप समियर टेस्ट कराते रहना चाहिए। पांच साल पहले तक गर्भाशय कैंसर महिलाओं में होने वाला सबसे आम कैंसर था। लेकिन अब ज्यादा जागरूकता, ज्यादा स्वच्छता, एचपीवी

टीकाकरण और पैप समियर टेस्ट के जरिये अब इसके मामलों में गिरावट आ रही है।

इस मौके पर बोलते हुए आरजीसीआईआरसी के मेडिकल ओंकोलॉजी कंसल्टेंट डॉ. मनीष शर्मा ने कहा, इम्यूनोथेरेपी कैंसर से लड़ने की दिशा में नई और बेहतर तकनीक बनकर सामने आई है। इम्यूनोथेरेपी वास्तव में एक विस्तृत शाखा है, जिसमें कई अलग-अलग थेरेपी समाहित हैं जो कैंसर के खिलाफ हमारी प्रतिरक्षा प्रणाली यानी इम्यून सिस्टम को मजबूत करती हैं। इन थेरेपी में या तो हमारे शरीर में मौजूद कैंसररोधी प्रक्रिया को ताकत देकर कैंसर से निपटा जाता है या फिर कैंसर कोशिकाओं की उस क्षमता को कम किया जाता है, जो उन्हें प्रतिरक्षा प्रणाली से बचाती है।

Pioneer, 7th June 2019



New Delhi | 22nd June 2019

टीकाकरण से कैंसर का इलाज संभव : डॉ सज्जन

पायनियर समाचार सेवा। फरीदाबाद

कुछ निश्चित प्रकार के कैंसर के इलाज और रोकथाम में टीकाकरण एक प्रभावी माध्यम बनकर उभर रहा है। कैंसर के इलाज की दिशा में टीके विकसित करने के लिए इस समय कई शोध चल रहे हैं। इस दिशा में नई दिल्ली के नीति बाग स्थित राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई एंड आरसी) के मेडिकल ओंकोलॉजी कंसल्टेंट डॉ. सज्जन राजपुरोहित ने बताया कि सर्वाइकल कैंसर (गर्भाशय का कैंसर) को टीकाकरण के माध्यम से



पूरी तरह खत्म किया जा सकता है। वह फरीदाबाद में ओंकोलॉजी पर आयोजित कंटीन्यूइंग मेडिकल एजुकेशन (सीएमई) में बोल रहे थे, जिसमें कई स्त्री रोग विशेषज्ञों ने भी हिस्सा लिया।

फरीदाबाद के ऑब्स्टेट्रिक्स एंड गायनोकोलॉजी सोसायटी की प्रेसीडेंट डॉ. किरण चंदना और सेक्रेटरी डॉ. चंचल गुप्ता ने इस अवसर पर उपस्थित अतिथियों का स्वागत किया। सीएमई के सह-आयोजक फरीदाबाद मीनोपॉज सोसायटी का प्रतिनिधित्व सोसायटी की प्रेसीडेंट डॉ. अनीता कांत और सेक्रेटरी डॉ. सोनल गुप्ता ने किया। 'कैंसर के टीके - मिथक एवं वास्तविकताएं' विषय पर विस्तार से बताते हुए डॉ. राजपुरोहित ने कहा, 'कैंसर के टीके दो प्रकार के होते हैं, रोकथाम के लिए और उपचार के लिए। वर्तमान में

कैंसर के इलाज में प्रयोग होने वाला सबसे प्रभावी बचाव का टीका सर्वाइकल कैंसर में प्रयोग होता है। यह टीका सर्वाइकल कैंसर का कारण बनने वाले एचपीवी वायरस से बचाता है। वर्तमान में भारत में सर्वाइकल कैंसर के टीके केवल दो प्रकार उपलब्ध हैं, जबकि दुनियाभर में इसके कुल नौ प्रकार उपलब्ध हैं। अगले कुछ वर्षों में भारत में भी नए टीके आ जाएंगे।'

डॉ. राजपुरोहित ने आगे बताया कि भारत में उपलब्ध सर्वाइकल कैंसर का टीका इससे 70 प्रतिशत तक सुरक्षा देने में सक्षम है।

Pioneer, 22nd June 2019

The Statesman

New Delhi | 23rd June 2019

Vaccines open new doors in cancer cure

STATESMAN NEWS SERVICE

NEW DELHI, 22 JUNE

Vaccination is emerging as a potent way to prevent and treat certain kinds of cancer, according to doctor Sajjan Rajpurohit, Consultant Medical Oncology at Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) Niti Bagh, New Delhi.

A lot of research is currently on to develop vaccines for cancer cure as cervical cancer which is almost entirely preventable through vaccines could emerge as the very first cancer to be eradicated, said doctor at Continuing Medical Education (CME) programme on oncology in Faridabad.

Lakhs of people died from cancer every year.

The Statesman, 23rd June 2019

दैनिक भास्कर

देश का सबसे विश्वप्रसिद्ध अखबार

संपादक: ललित, छापी और देवराज जी पाठविला

New Delhi | 30th June 2019

दिल्ली में कैंसर दर्द प्रबंधन पर सम्मेलन

नई दिल्ली। जून 2019 : कैंसर से संबंधित दर्द के पूर्ण प्रबंधन एवं दर्दनिवारक देखभाल को लेकर व्यापक दृष्टिकोण की थीम के साथ 29 और 30 जून को नई दिल्ली में पेनकॉन-2019 का आयोजन किया जा रहा है।

राजीव गांधी कैंसर इंस्टीट्यूट एवं रिसर्च सेंटर के पेन मैनेजमेंट और पैलिएटिव केयर डिपार्टमेंट के तत्वावधान में आयोजित इस सम्मेलन में कैंसर के इलाज की प्रक्रिया में प्रमुखता हासिल कर रहे दर्द प्रबंधन की विशेषता पर प्रकाश डाला जाएगा।

आरजीसीआईआरसी, नीति बाग में एनेस्थेसियोलॉजी और दर्द प्रबंधन के कंसल्टेंट और पेनकॉन-2019 के आयोजक सचिव डॉ. सनी मलिक ने कहा, "कैंसर के रोगी में बीमारी के अन्य लक्षणों के साथ दर्द के लक्षण भी अहम हैं। कैंसर रोगी के जीवन की गुणवत्ता में सुधार के लिए दर्द का प्रबंधन करना महत्वपूर्ण है।"

डॉ. सनी ने आगे कहा, "हम एक अलग अवधारणा के साथ इस



सम्मेलन का आयोजन कर रहे हैं। अब तक कैंसर दर्द प्रबंधन पर आयोजित होने वाले सम्मेलनों में केवल दर्द विशेषज्ञ ही सम्मिलित होते रहे हैं। पहली बार दर्द के निवारण में अलग-अलग विभागों के सहयोग से कारगर रास्ते पर चर्चा के लिए सम्मेलन में मेडिकल, सर्जरी और रेडिएशन ओन्कोलॉजी के डॉक्टर शामिल हो रहे हैं। आरजीसीआईआरसी में हम मल्टी-स्पेशलिटी के माध्यम से कैंसर के इलाज के लिए अलग दृष्टिकोण को

अपनाते हैं।'

इंडियन सोसाइटी फॉर द स्टडी ऑफ पेन के सहयोग से आयोजित इस सम्मेलन में भारत के विभिन्न राज्यों के 50 वरिष्ठ फैकल्टी डॉक्टरों समेत लगभग 200 विशेषज्ञ भाग ले रहे हैं। दर्द कैंसर के रोगियों में सबसे सामान्य और परेशान करने वाले लक्षणों में से एक है। मनोवैज्ञानिक, सामाजिक, भावनात्मक और आध्यात्मिक सभी घटक मिलकर मरीज के दर्द के अनुभव को बड़ा बनाते हैं।

Dainik Bhaskar, 30th June 2019

The Statesman

New Delhi | 1st July 2019

Mobile cancer clinic

flagged off: To create awareness on cancer prevention in the Capital, a state-of-the-art mobile cancer clinic was flagged off on Sunday. The mobile clinic will be run by Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) supported by The Rotary Foundation. A medical team from RGCIRC including doctors will man the mobile health clinic and screen the people for common types of cancer such as cervical, Oral cancer and breast cancer. Facilities for certain tests will also be available on board. SNS

Read the full story on the page 14 of the newspaper

The Statesman, 1st July 2019

TOP STORY

New Delhi | 1st July 2019

Mobile Cancer Clinic flagged off in Delhi

New Delhi

In a major exercise aimed at detecting cancer early and create awareness on cancer prevention in the capital, a state-of-the-art mobile cancer clinic was flagged off recently. The mobile clinic will be run by Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC), donated by The Rotary Foundation.

A medical team from RGCIRC including doctors will be manning the mobile health clinic and will screen the people for common types of cancer such as Cervical cancer, Oral cancer and Breast cancer. Facilities for certain tests such as Pap Smear test for Cervical cancer will also be available on board.

"The health clinic, a re-designed Mercedes Benz van donated by The Rotary Foundation, is equipped with facilities for screening of cancer. This will help us screen the people at their door step, especially people from poor strata of society who can't afford to go for cancer screening", said Dr A K Chaturvedi currently Chair Radiology and former Medical Director of RGCIRC.

Besides screening, the mobile van will create awareness on causes of cancer. A large LED screen



outside the van will run creatively designed meaningful films on cancer prevention so as to urge the people to change their lifestyles.

"This service is free of cost and is a part of corporate social responsibility (CSR) of RGCIRC. Not only that if a cancer is detected, to a certain limit, the treatment cost will also be borne by the hospital", added Dr Chaturvedi.

Speaking on the occasion, Dr Sudhir Rawal, Medical Director, RGCIRC said, "Over 70 per cent of cancer cases report for treatment in advanced stages of disease resulting in high cost of treatment and poor survival. Healthy lifestyle holds the key to cancer prevention. Up to

2/3 of all cancers may be prevented by avoiding tobacco and adopting other healthy habits. The mobile van will help spread the word for healthy living"

"Besides providing world class facilities for cancer treatment, RGCIRC is sharply focused on prevention of cancer. As a pioneering move, RGCIRC has set up Preventive Oncology Department primarily to focus on creating awareness among the public about the need to screen for early detection of cancer. We are aligned with the vision of a healthy India of the Government and will continue to strive for prevention of cancer through awareness", said D S Negi, CEO of RGCIRC.

Top Story, 1st July 2019



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