



Insight

Internal Newsletter | October - December 2019

*The management of RGCIRC
wishes you a very
happy, healthy and prosperous
New Year*

2020

- CME - IMA Muzaffarnagar
- CME - IMA Jhansi
- NURSICON 2019
- Celebrating Life 2019
- Immuno Oncology Summit 2019
- CME on SGO Experience
- CME - National Integrated Medical Association (NIMA), Faridabad
- CME - IMA Panipat
- 67th ISACON
- CME - IMA South Delhi
- CME - Moradabad Obstetrics Gynaecological Society (MOGS)
- CME - IMA East Delhi
- 10th Chemo Port Training Course
- CME - IMA South Delhi (Snehil Group)
- Congratulations to Dr. Venkata Pradeep Babu Koyyala
- Congratulations to Dr. Ankush Jajodia
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CME - IMA MUZAFFARNAGAR, UP

RGCIRC organized a CME on Oncology in association with IMA Muzaffarnagar on Wednesday, 09th October 2019 at IMA Bhawan, Muzaffarnagar (UP). Dr. Mudit Agarwal, Sr. Consultant - Head & Neck Surgical Oncology delivered a lecture on "Role of Robotic Surgery in Head & Neck Cancer Management" and Dr. Leena Dadhwal, Consultant - Surgical Oncology spoke on "Recent Advances in Management of Breast Cancer" in the said CME.



CME - IMA JHANSI, UP

RGCIRC organized a CME programme in association with IMA Jhansi on Friday, 11th October 2019 at Hotel Sheela Shree Plaza, Jhansi (UP). Dr. A. K. Dewan, Director - Surgical Oncology delivered a lecture on "What is Latest in Oncology" and Dr. Sajjan Rajpurohit, Consultant - Medical Oncology spoke on "Cancer Vaccines: Myths vs. Reality" in the said CME.



NURSICON 2019 - 2ND NATIONAL & 7TH ANNUAL NURSING CONFERENCE

The 7th edition of NURSICON & 2nd National Nursing Conference conducted at Hotel Crowne Plaza, Rohini, Delhi on 1st and 2nd November 2019. This academic feast for nursing fraternity was organized by the Department of Nursing at Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) Delhi,

Theme of the conference was: **Burden of Cancer “Battle Together: Challenges, Possibilities and Innovations in Cancer Care”**

Oncology nurses care for people of all ages who are diagnosed with cancer. Oncology is a challenging field in which Nurses support patients, families, and caregivers through the stress of diagnosis and treatment, and the anxiety of many uncertainties brought on by the disease, including facing mortality.

Advanced scientific developments in oncology leads to changes in how we treat and care for patients with cancer. These changes bring innovations to oncology nursing also. There are many clinical and contextual factors impacting cancer nursing care in the twenty-first century.

Chief of Nursing Ms. Madhumita Dhall welcomed all the dignitaries and delegates to the knowledge extravaganza. The conference began with address by Dr. Sudhir Rawal, MD and felicitation of Chief Guest Ms. Kawaljeet Oberoi and Guest of Honor Maj Gen Elizabeth John.

The event brought together more than 300 delegates from different healthcare organizations in the country. The conference continued with clinical case presentations, poster competitions, quiz, panel discussions and interactive sessions by experienced faculties regarding oncology nursing and related topics.

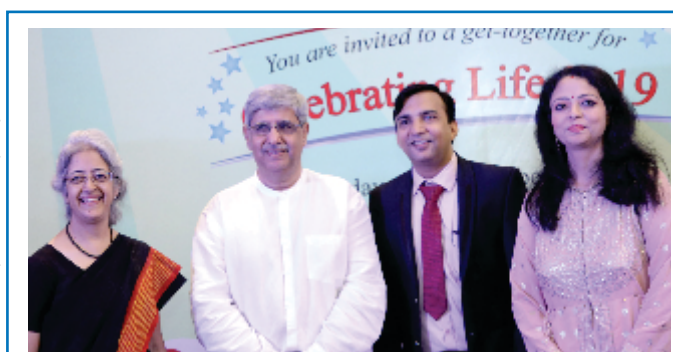
The event concluded with a vote of thanks by Ms. Savita Rai, ANS.



CELEBRATING LIFE 2019

The Department of Pediatric Hematology & Oncology successfully organized the event **“Celebrating Life 2019”** on Saturday, 2nd November 2019 at Hotel Crowne Plaza, Rohini, Delhi, bringing together around 470 childhood cancer survivors and their families to create awareness and provide inspiration.

The half-day event began with testimonies from survivors who have achieved success in their professions. This was aimed at motivating others and instilling in them “the never say die” spirit. The children and teenagers gave brilliant theme based stage performances in music, dance and skit, leaving behind all social stigmas. There was an excellent session by top HR executives to provide the survivors with career guidance. Interaction with married couples brought a big ray of hope to the gathering. Story telling session with a strong message enthralled the younger children. The survivors also walked the ramp with their family members with full gusto and fervor. Bollywood rapper “Badshah” graced the occasion with his presence to encourage the spirit of our champions. Overall it was a grand success and a great opportunity for childhood cancer survivors and their families to network with each other, share positive vibes, look forward to a bright future and a beautiful life worth celebrating.

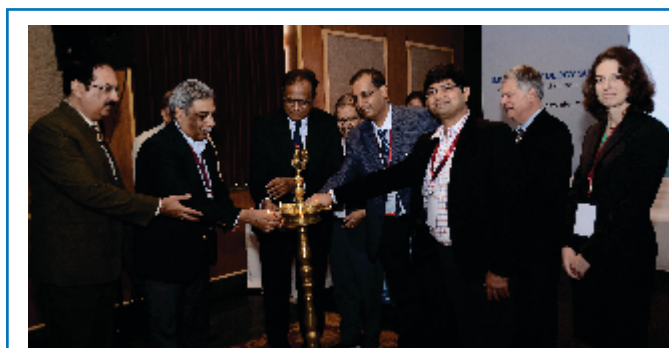


IMMUNO ONCOLOGY SUMMIT 2019

Rajiv Gandhi Cancer Institute and Research Centre along with Fox Chase Cancer Center, Philadelphia, USA organized a one day Immuno Oncology Summit on Saturday, 09th November 2019 at India Habitat Centre. The theme of the summit was **‘Shifting the Goalpost in Cancer Therapy’**.

This one day summit convened leading experts in cancer immunotherapy like Dr. Martin Edelman, Dr. Matthew R. Zibelman and Dr. Crystal Denlinger from Fox Chase Cancer Center, Philadelphia, USA and from India to discuss cutting-edge findings in the broad area of combination therapies, including checkpoint inhibitors and cellular therapies.

It was an opportunity to network with each other to the full in this unique environment and exchange experience and create ideas for the future and it consisted of lectures, panel discussions and international faculty delivered talks on various The promise of Immuno-Oncology (IO) is based on the knowledge that the immune system is constantly searching for, assessing, and eliminating foreign particles from the body.



CME - SGO EXPERIENCE

RGCIRC organized a CME on SGO Experience on Monday, 11th November 2019 at Hotel Crowne Plaza, Rohini, Delhi. The opening remarks were delivered by Mr. D. S. Negi, CEO, Dr. Sudhir K. Rawal, Medical Director and Dr. A. K. Dewan, Director - Surgical Oncology. The conference had scientific sessions on Ca Cervix, Ca Endometrium & Ca Ovary & Vulva. In the CME, Dr. Whitfield Growdon (Professor Mass General Hospital/Harvard Medical School MD, UMASS Medical School Fellowship, Massachusetts General Hospital), talked about "Update in Cervical Cancer New Frontiers"; Dr. Kian Behbakht (Professor, Division of Gynecologic Oncology, Department of OB-GYN University of Colorado Cancer Center) talked about "Ovarian Cancer: New Horizons in Treatment" & Dr. Saketh R. Guntupalli (MD, FACOG, FACS Associate Professor and Director Division of Gynecologic Oncology, Department of OB-GYN University of Colorado Cancer Center School of Medicine, Denver) spoke on "Endometrial Cancer: Latest and Greatest". It was attended by many oncologists from Delhi, participating as faculty and delegates. At the end Dr. Rupinder Sekhon, Sr. Consultant and Chief of Gynaecology delivered the vote of thanks.



CME - NATIONAL INTEGRATED MEDICAL ASSOCIATION (NIMA), FARIDABAD

RGCIRC organized a CME programme in association with NIMA Faridabad on Wednesday, 13th November 2019 at Millionaire Hotel, Faridabad (Haryana). Dr. Leena Dadhwal, Consultant - Surgical Oncology delivered a lecture on "How to Approach a Patient with Cervical Cancer" and Dr. Manish Sharma, Consultant - Medical Oncology, spoke on "Approach to a Patient with Suspected Lung Cancer" in the said CME.



CME - IMA PANIPAT

RGCIRC organized a CME on Oncology in association with IMA Panipat on Friday, 15th November 2019 at Hotel Gold, Panipat (Haryana). Dr. Vineet Talwar, Director - Medical Oncology delivered a lecture on "Environment & Cancer" and Dr. Jaskaran Singh Sethi, Sr. Consultant - Radiation Oncology spoke on "Recent Advancements in Radiation Oncology for Head & Neck Cancer" in the said CME.



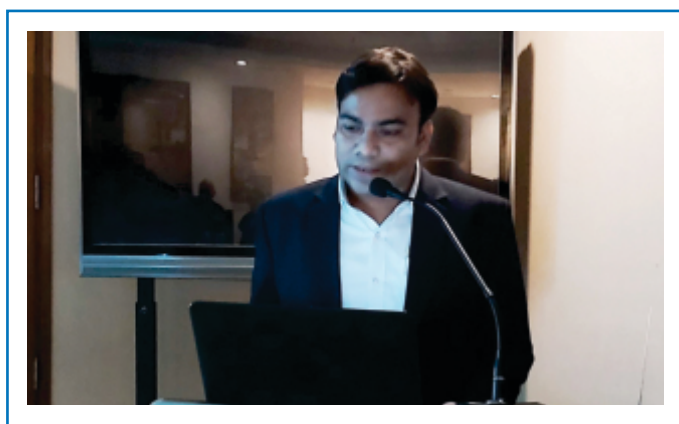
67th ISACON

RGCIRC participated in 67th Annual Conference of Indian Society of Anaesthesiologists held on 26th to 29th November 2019 at Bangalore, Karnataka. Dr. Shikha Modi from Anesthesia Department (Primary DNB Resident) gave a poster presentation on “Bilateral Robotic Adrenalectomy – Anaesthetic Implications” which was co-authored and moderated by Dr. Itee Chowdhury, Sr. Consultant - Anaesthesiology.



CME - IMA SOUTH DELHI

RGCIRC organized a CME on Oncology in association with IMA South Delhi on Friday, 29th November 2019 at Hotel Shervani, Chirag Enclave, New Delhi. Dr. Sunny Malik, Consultant - Interventional Pain Management delivered a lecture on “Approach to Pain Management in Case of Ca Pancreas” and Dr. Manish Sharma, Consultant - Medical Oncology spoke on “Approach & Work up of A Patient with Suspected Malignancies” in the said CME.



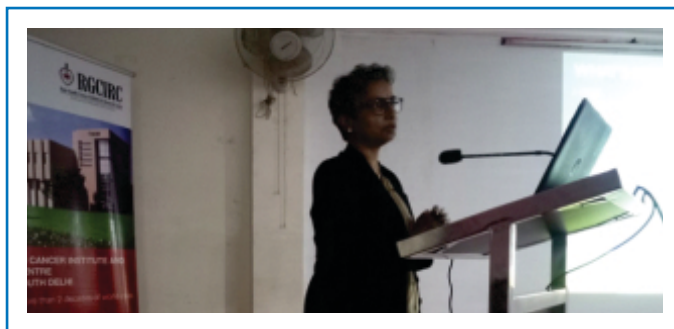
CME - MORADABAD OBSTETRICS GYNAECOLOGICAL SOCIETY (MOGS)

RGCIRC organized a CME on Oncology in association with Moradabad Obstetrics Gynaecological Society (MOGS) on Wednesday, 04th December 2019 at Hotel Grand Village, Kanth Road, Moradabad (UP). Dr. Leena Dadhwal, Consultant - Surgical Oncology delivered a lecture on “Clinical Approach to Breast Symptoms” and Dr. Amita Naithani, Consultant - Gynae Oncology spoke on “Updates in Cervical Cancer” in the said CME.



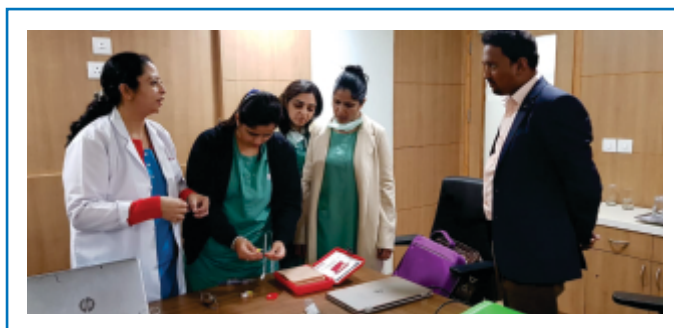
CME - IMA EAST DELHI

RGCIRC organized a CME programme in association with IMA East Delhi on Friday, 05th December 2019 at IMA Building, Karkardooma, Delhi. Dr. Leena Dadhwal, Consultant - Surgical Oncology delivered a lecture on “Recent Advances in Surgical Oncology” and Dr. Manish Sharma, Consultant - Medical Oncology spoke on “Approach & Work Up of a Patient with Suspected Malignancies” in the said CME.



10th CHEMOPORT TRAINING COURSE

The Department of Surgical Oncology, RGCIRC successfully organized the 10th training course in Chemoport Insertion on 16th – 17th December 2019 at RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive sessions by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman's Catheter Insertion, Pediatric Port, Arm Port and Peritoneal Port Insertion. The course was highly gratifying and we received an excellent feedback.



CME - IMA SOUTH DELHI (SNEHIL GROUP)

RGCIRC organized a CME programme in association with IMA South Delhi (Snehil Group) on Friday, 27th December 2019 at Hotel Visya Panchsheel park, New Delhi. Dr. Leena Dadhwal, Consultant - Surgical Oncology delivered a lecture on “Pre & Post Care in Surgery” and Dr. Manish Sharma, Consultant - Medical Oncology, spoke on “Approach and Workup of a Patient with Suspected Malignancies” in the said CME.



CONGRATULATIONS TO DR. VENKATA PRADEEP BABU KOYYALA

Dr. Venkata Pradeep Babu Koyyala, Consultant - Medical Oncology got selected along with 5 Oncologists from different countries among global applications for European Society for Medical Oncology Fellowship in Palliative Care. He was awarded the fellowship in Barcelona ESMO International Congress in August 2019. He completed the fellowship successfully in Princess Margaret Cancer Center, Toronto, Canada till November 2019. He thanked the Institute for giving this opportunity to represent RGCIRC on international platform. Mr. D. S. Negi (CEO), Dr. Vineet Talwar (Director - Medical Oncology), Dr. Doval (Chair - Medical Oncology) and Dr. Sumit Goyal (Sr. Consultant - Medical Oncology) has congratulated him.



CONGRATULATIONS TO DR. ANKUSH JAJODIA

Dr. Ankush Jajodia, Senior Resident in department of Radiology was awarded the prestigious Dr. Arcot Gajraj Gold Medal in Radiodiagnosis by National Board of examinations, Delhi. He also has been the recipient of Gold Medal for attaining first position in Diploma Radiology from Goa University.

He has been selected by the European Society of Radiology for Onco-radiology fellowship at Institute of European Oncology (IEO) Milan, Italy and advanced molecular imaging by Korean society of Radiology in Seoul National University. Dr Jajodia has made significant contributions by publishing RGCI work in many national and international journals.



Star Employee

OCTOBER



Ms. Bixcy Simon
Nursing Department



Ms. Vidya M. V.
Nursing Department



Mr. Vipin Rana
Nursing Department



Mr. Kuldeep
Housekeeping Services

NOVEMBER



Ms. Seeba George
Nursing Department



Ms. Preethi A. V.
Nursing Department



Ms. Sanju R.
Nursing Department



Ms. Kiran Arora
TPA Department



Mr. Harish
Housekeeping Services

DECEMBER



Mr. Peter K. C.
Nursing Department



Ms. Anupama
Nursing Department



Ms. Surya Sukumaran
Nursing Department

Welcome to the RGCIRC Family

OCTOBER



Dr. Piyush Gupta
Visiting Consultant
Gastroenterology



Dr. Kinshuki Jain
Consultant III
Pain & Supportive Care

NOVEMBER



Dr. Jaskaran Sethi
Senior Consultant
Radiation Oncology



Dr. Pinky Yadav
Medical Superintendent
Medical Administration



Col.(Dr.) Rajiv Kapur
Senior Consultant
Radiology



Dr. Anil Kumar Malik
Consultant III
Surgical ICU



Dr. Abhishek Mohanty
Principal Research Officer
Research

DECEMBER



Dr. Ram Singh
Consultant III
Surgical ICU

RGCIRC IN NEWS


 ब्यूज फर्स्ट टुडे
NEWS F1RST TODAY

Meerut | Muzaffar Nagar | 12th October 2019

Preservation of organs new focus area in cancer cure: RGCIRC

Muzaffarnagar : Removal or deformation of organs has been a common feature in cancer treatment but organs and their functions can be preserved and quality of life can be improved through new techniques available. This was stated by Dr Mudit Agarwal and Dr Leena Dadhwal from Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC), New Delhi.

The two experts were speaking at a conclave of local doctors organised by Indian Medical Association (IMA) Muzaffarnagar. The conclave was presided over by Dr UC Gaur and Dr Yash Agarwal, President and Hony. Secretary respectively of IMA Muzaffarnagar.

Speaking on role of robotic surgery in Head & Neck cancers, Dr Mudit Agarwal, Sr. Consultant Head & Neck Oncology at RGCIRC said, new techniques such as Robotic surgery have revolutionised the cancer treatment since a robot can reach any place of tumour which were difficult to be reached through traditional surgery. In case of oral cancer, there is no need to cut through jaws or other organs. As a result the recovery is faster and much easier.

"In thyroid and neck cancer a patient gets a scar after surgery. Through robotic surgery we can avoid scars and deformation especially for cosmetically inclined young patients. RGCIRC is the only institute in India that possesses two robots for head & neck surgery, said Dr Agarwal.

Speaking on new advances in management of breast cancer, Dr Leena Dadhwal, Consultant Surgical Oncology at RGCIRC stated that newer surgical techniques are



now available to treat breast cancer and in large number of cases breasts need not be removed. According to her, breasts are being conserved even in advanced cases of cancer. Conservation and reconstruction are new areas in breast cancer care.

Till 10 years ago only 5-10% of the breasts could be conserved leading a body blow to the morale of the women whose breast had to be removed. In view of increased awareness, more people are reporting early for breast cancer. As a result, currently 40-50% of the breasts are being conserved. If detected early, 60-70% breasts can be saved. Therefore there is need to create awareness about breast cancer screening.

Medical oncology (treatment of cancer through medicines) has become so advanced that the requirements of large scale surgeries have become minimal leading to preservation of organs, said Dr Dadhwal. Besides chemotherapy, there are newer techniques such as Immunotherapy, Targeted therapy, Hormonal therapies available due to which life expectancy of a breast cancer patient has improved significantly. Breast cancer is the most common cancer amongst women in the metropolitan cities in India.

News First Today, 12th October 2019

Indian Horizon

New Delhi | 3rd November 2019

Celebrating Life – flagship event for cancer surviving children

New Delhi-2nd Nov-2019:-Cancer survivor ship is an inspiring testimony to the spirit of never-say-die in human beings, their resilience against odds and determination to beat the cancer. Unfortunately, childhood cancer survivors win over the disease but they continue to be afflicted with prejudice, social stigma or unwanted sympathy. Celebrating Life, the iconic survivor ship day for children to spread positivity was held on 2nd Nov 2019 in New

Delhi, said Dr Gauri Kapoor, Director- Pediatric Oncology (and Medical Director RGCIRC, Niti Bagh, New Delhi).

"Cancer surviving children are victors in their own right and the last thing they need is sympathy. They want to be treated as equals. Celebrating life equips them to manage their day to day life in a dignified manner and excel in their chosen fields despite being constantly under the lens", added Dr Gauri Kapoor.

Celebrating Life program was designed in such a way that children gain insights about the healthy lifestyle and at the same time drew inspiration & motivation. Much has been said on a healthy post-cancer life yet the term 'cancer' has a stigma attached to it. Celebrating Life with some of the successful survivors who are excelling in their fields inspires other survivors to meet their full potential be it in education, sports or at the workplace.

Indian Horizon, 3rd November 2019

पंजाब केसरी

GROUP

का दिल्ली संस्करण

नवोदय टाइम्स

New Delhi | 3rd November 2019

कैंसर को जीत चुके बच्चों के साथ 'सेलीब्रेटिंग लाइफ'



वेस्ट दिल्ली, 2 नवम्बर(ब्यूरो): कैंसर सर्वाइवर बच्चों को प्रोत्साहित करने और आम तौर पर जागरूकता फैलाने के उद्देश्य से रोहिणी स्थित राजीव गांधी कैंसर इंस्टीट्यूट एवं रिसर्च सेंटर ने पीडियाट्रिक ऑन्कोलोजी (बाल चिकित्सा) निदेशक, नीति बाग की मेडिकल डायरेक्टर डॉ. गौरी कपूर के नेतृत्व में 'सेलीब्रेटिंग लाइफ' शीर्षक से एक विशिष्ट कार्यक्रम का आयोजन किया। जिसमें जाने-माने रैंपर सिंगर बादशाह ने शिरकत किया। उन्होंने कैंसर की जंग जीतने वाले इन बच्चों को जिंदगी का सबसे बड़ा वॉरियर, सबसे बड़ा विजेता बताते हुए उन्हें प्रोत्साहित किया। सामाजिक मानसिकता के चलते कैंसर से बचने वाले बच्चे उम्र भर पूर्वाग्रह, सामाजिक कलंक व अव्योहित सहायता के साथ पीड़ित रहते हैं। बच्चों को ऐसी दशा से दूर रखने के लिहाज से ही कैंसर इंस्टीट्यूट प्रत्येक वर्ष विशेष कार्यक्रम आयोजित करता है। ऐसे में जीवन का जश्न मनाते और जागरूकता फैलाते इस कार्यक्रम में लगभग 250 से अधिक कैंसर सर्वाइवर बच्चों एवं उनके अभिभावकों ने भाग लिया। कार्यक्रम के दौरान विभिन्न गतिविधियों के द्वारा इन बच्चों का आपसी तालमेल और अपने कैंसर के खिलाफ व्यक्तिगत लड़ाई में मिली जीत से एक-दूसरे को प्रेरित करना भावुक लेकिन प्रेरणादायक था।

Punjab Kesari, 3rd November 2019

दैनिक भास्कर

देश का सबसे विश्वसनीय अखबार

सबसे ज्यादा पढ़ाई और देखी जाने वाली अखबार

Noida/New Delhi | 4th November 2019

आरजीसीआईआरसी द्वारा कैंसर विजेता बच्चों के साथ 'सेलीब्रेटिंग लाइफ'

नई दिल्ली। कैंसर की जंग जीतने वाले रोगी, उनकी कभी ना हार मानने की भावना और जीवन के प्रति सकारात्मक रवैया दर्शाते हैं। हालांकि वे इस बीमारी से तो जीत जाते हैं लेकिन सामाजिक मानसिकता के चलते वह अव्योहितता से पीड़ित रहते हैं। विशेष रूप से बच्चों के कैंसर से



बचने वाले बच्चे उम्र भर पूर्वाग्रह,

सामाजिक कलंक एवं अव्योहित सहायता के साथ पीड़ित होते रहते हैं। ऐसे कैंसर सर्वाइवर बच्चों को प्रोत्साहित करने और आम तौर पर जागरूकता फैलाने के उद्देश्य से आज राजीव गांधी कैंसर इंस्टीट्यूट एवं रिसर्च सेंटर द्वारा पीडियाट्रिक ऑन्कोलोजी (बाल चिकित्सा) निदेशक एवं आरजीसीआईआरसी,

नीति बाग की मेडिकल डायरेक्टर डॉ. गौरी कपूर के नेतृत्व में 'सेलीब्रेटिंग लाइफ' शीर्षक से एक विशिष्ट कार्यक्रम आयोजित किया गया। जीवन का जश्न मनाते और जागरूकता फैलाते इस कार्यक्रम में लगभग 250 से अधिक कैंसर सर्वाइवर बच्चों एवं उनके अभिभावकों ने भाग लिया।

Dainik Bhaskar, 4th November 2019

पंजाब केसरी

YOUTH INDIA YOUTH PAPER

New Delhi | 4th November 2019

कैंसर विजेता बच्चों के साथ 'सेलीब्रेटिंग लाइफ'

नई दिल्ली, (पंजाब केसरी) : कैंसर की जंग जीतने वाले रोगी, उनकी कभी ना हार मानने की भावना और जीवन के प्रति सकारात्मक रवैया दर्शाते हैं। हालांकि वे इस बीमारी से तो जीत जाते हैं लेकिन सामाजिक मानसिकता के चलते वह अवांछितता से पीड़ित रहते हैं। विशेष रूप से बच्चों के कैंसर से बचने वाले बच्चे उम्र भर पूर्वाग्रह, सामाजिक कलंक एवं अवांछित सहानुभूति के साथ पीड़ित होते रहते हैं। ऐसे

कैंसर सर्वाइवर बच्चों को प्रोत्साहित करने और आम तौर पर जागरूकता फैलाने के उद्देश्य से राजीव गांधी कैंसर इंस्टीट्यूट एवं रिसर्च सेंटर द्वारा पीडियाट्रिक ऑन्कोलोजी (बाल चिकित्सा) निदेशक एवं आरजीसीआईआरसी, नीति बाग की मेडिकल डायरेक्टर डॉ. गौरी कपूर के नेतृत्व में 'सेलीब्रेटिंग लाइफ' शीर्षक से एक विशिष्ट कार्यक्रम आयोजित किया गया। इस अवसर पर डॉ. गौरी कपूर ने कहा कि कैंसर से जीतने वाले बच्चे अपने आप में विजयी होते हैं बावजूद इसके इन बच्चों से अवांछित व्यवहार किया जाता है जो उनके मनोबल को तोड़ता है, लेकिन वे बराबरी का व्यवहार करना चाहते हैं। जीवन का जश्न मनाते और जागरूकता फैलाते इस कार्यक्रम में लगभग 250 से अधिक कैंसर सर्वाइवर बच्चों एवं उनके अभिभावकों ने भाग लिया।

Punjab Kesari, 4th November 2019



दैनिक जागरण

Delhi | 5th November 2019

'जिंदगी के सबसे बड़े विजेता हैं यह बच्चे'

जागरण संवाददाता, नई दिल्ली : रैडियोलो के प्रधान सचिव राजीव गांधी कैंसर इंस्टीट्यूट व रिसर्च सेंटर की ओर से कैंसर सर्वाइवर बच्चों के प्रोत्साहन के लिए जागरूकता कार्यक्रम का आयोजन किया गया। इसके तहत कैंसर को रोकने के उद्देश्य से जीवन का जश्न मनाते हुए इस कार्यक्रम में करीब 250 से अधिक कैंसर सर्वाइवर बच्चों एवं उनके अभिभावकों ने भाग लिया। बाल चिकित्सा निदेशक व नीति बाग की मेडिकल डायरेक्टर डॉ. गौरी कपूर के नेतृत्व में 'सेलीब्रेटिंग लाइफ' शीर्षक से यह कार्यक्रम आयोजित किया गया।

कार्यक्रम के दौरान विभिन्न प्रकार की रतिविधियों से इन बच्चों को अभिमान प्रदान किया और कैंसर के निदान के प्रक्रियागत लड़ाई में मिली जीत से एक-दूसरे को प्रेरित करने का प्रयास किया गया। इस अवसर पर डॉ. गौरी कपूर ने कहा कि कैंसर से जीतने वाले बच्चे अपने आप में विजयी होते हैं। बावजूद इसके इन बच्चों से अवांछित व्यवहार किया जाता है। जो उनके मनोबल को तोड़ता है। ऐसे में इस

● कैंसर सर्वाइवर बच्चों के प्रोत्साहन के लिए 'सेलीब्रेटिंग लाइफ' नामक कार्यक्रम का आयोजन

● कैंसर को रोकने के लिए जागरूकता कार्यक्रम का आयोजन



रैडियोलो के प्रधान सचिव राजीव गांधी कैंसर इंस्टीट्यूट व रिसर्च सेंटर की ओर से कैंसर सर्वाइवर बच्चों के प्रोत्साहन के लिए आयोजित कार्यक्रम के दौरान डॉ. गौरी कपूर के नेतृत्व में 'सेलीब्रेटिंग लाइफ' कार्यक्रम का आयोजन

प्रकार की रतिविधियों से उन्हें अपने जीवन का प्रबंधन करने के लिए प्रेरित किया जा सकता है। कार्यक्रम के दौरान कैंसर सर्वाइवर बच्चों ने नृत्य प्रस्तुति, प्रतियोगिता, समूह गीत को पेश किया। वहीं कार्यक्रम में बाल कैंसर से जीतने वाले सफल दीर्घजीवी कैंसर के दीर्घ

Dainik Jagran, 5th November 2019

YOUNG INDIA > YOUNG PAPER

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नवभारत टाइम्स

Delhi | 5th November 2019

बढ़ाया हौसला



कैंसर से पीड़ित बच्चों को प्रोत्साहित करने के उद्देश्य से राजीव गांधी कैंसर इंस्टीट्यूट द्वारा बाल चिकित्सा निदेशक डॉ. गौरी कपूर के नेतृत्व में 'सेलीब्रेटिंग लाइफ' कार्यक्रम आयोजित किया गया। इसमें 250 से अधिक कैंसर पीड़ित बच्चों और उनके पैरेंट्स ने भाग लिया। कार्यक्रम में रैपर सिंगर बादशाह ने भी शिरकत की।

Navbharat Times, 5th November 2019

A celebration of life by children who beat cancer



(Above) Badshah with cancer survivors; (Left) Dr Gauri Kapoor, Rakesh Chopra and Dr Sandeep Jain

PHOTOS: ANAND/VERMA/PT

Seali Chaturvedi

When a child has cancer, the entire family reorients their life around getting him or her healthy again. This means many appointments at the cancer centre, medications to manage, schedules to adjust, and thinking no further than the next medical appointment. Unfortunately, while they may defeat the disease, they often continue to be afflicted by social stigma. Celebrating Life, an event recently held in the Capital honoured the never say die spirit of childhood cancer survivors and made an attempt to motivate them to see other aspects of life.

Dr Gauri Kapoor, paediatric oncologist, said, "It's our social responsibility to ensure that as these kids grow up, they are guided correctly for their educational, professional, and other social responsibilities. These kids suffer a lot of social stigma, and this programme is a motivational and an inspirational one. We honour these kids today. They are victors in their own right and

the last thing they need is sympathy. They want to be treated as equals."

Featuring song and dance acts by the young survivors, the highlight of the event organised by Rajiv Gandhi Cancer Institute and Research Center was rapper Badshah's performance. "The spirit shown by these children is truly commendable. It feels great to be with such champions," said Badshah.

As a goodwill gesture, he promised annual aid of ₹30 lakh in order to support the underprivileged children, whose families struggle to get them the right treatment.

As the event progressed, survivors excelling in different fields inspired others to meet their full potential. An interactive session by top professional HR executives was held to provide survivors with career guidance.

Shikha Jain, one of the cancer survivors in attendance, has cleared the state civil exam and is currently posted as a treasury officer in Chhattisgarh. She said, "A positive mindset makes all the difference."

When I was growing up, I felt there was a taboo on talking and telling people about cancer survivors but now things are gradually changing but a long way to go for it, still.

SHIKHA JAIN
A CANCER SURVIVOR



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Rameswaram Gujarat North East

HT City, 6th November 2019



दैनिक जागरण

Faridabad | 17th November 2019

जल्दी जांच हो जाए तो फेफड़े व सर्वाइकल कैंसर से बचाव संभव

जागरण संवाददाता, फरीदाबाद : नेशनल इंटीग्रेटेड मेडिकल प्रोसिपेशन (एनआईएमए) फरीदाबाद के सहयोग से कैंसर से बचाव के मुद्दे पर संगोष्ठी का आयोजन किया गया। संगोष्ठी में राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी) के विशेषज्ञ चिकित्सक डॉ. मनीष शर्मा और डॉ. लीना डंडवाल मुख्य वक्ता रहे। संगोष्ठी की अध्यक्षता एनआईएमए के जिलाध्यक्ष डॉ. सुरेश पासी ने की। महासचिव डॉ. अतुल अग्रवाल का संगोष्ठी में विशेष योगदान रहा। राजीव गांधी ऑर्कोलाजी कंसल्टेंट डॉ. लीना डंडवाल ने सर्वाइकल कैंसर की जल्दी जांच की पैरवी की। उन्होंने कहा कि साधारण जांच से इसका पता लगाया जा सकता है। वहां तक कि प्री-कैंसर (कैंसर होने से पहले की स्थिति) स्टेज में भी इसकी जांच संभव है। इस स्टेज में जांच से कैंसर को बढ़ने से रोका जा सकता है। मौजूद स्थिति पर चर्चा करते हुए उन्होंने कहा कि ग्रामीण महिलाओं में सर्वाइकल कैंसर सबसे आम है, लेकिन साथ ही यह कैंसर का ऐसा प्रकार भी है, जिससे बचना संभव



कैंसर रोग विशेषज्ञ डॉ. लीना डंडवाल कैंसर से बचाव पर बर्तनी हुईं * जबकि वह है। इसके बारे में फॉलोअप जांच करना लंबे की जरूरत है। मेडिकल ऑर्कोलाजी कंसल्टेंट डॉ. मनीष शर्मा ने कहा कि पिछले कुछ समय में फेफड़े के कैंसर के इलाज की दिशा में तकनीक बहुत उन्नत हुई है। डॉ. मनीष शर्मा ने कहा कि लगातार खांसी आना, वजन कम होना, कभी-कभी बुखार आना और थूक में रक्त आना फेफड़े के कैंसर के शुरुआती लक्षण हो सकते हैं। एनआईएमए के जिलाध्यक्ष डॉ. सुरेश पासी ने कहा कि आगे भी ऐसे आयोजन किए जाएंगे।

Dainik Jagran, 17th November 2019

हिन्दुस्तान

तस्वकी को वाहिर् न्हा नजरिहा

Moradabad | 9th December 2019

ब्रेस्ट और सर्वाइकल कैंसर के इलाज व बचाव के बारे में बताया महिलाओं में देर से शादी से ब्रेस्ट कैंसर बढ़ा

कार्यक्रम
सुराज्य, बरिध तयारक

कहल में महिला रोग विशेषज्ञों की संस्था सुराज्य, बरिध तयारक आयोजित कार्यक्रम में महिलाओं को ब्रेस्ट और सर्वाइकल कैंसर के इलाज व बचाव के बारे में जानकारी दी गई।

राज्य रोग विशेषज्ञ डॉ. अमित वैश्यानी व डॉ. लीना डंडवाल ने व्याख्यान दिया। बताया कि सर्वाइकल कैंसर भारत की ग्रामीण महिलाओं में होने वाला सबसे आम कैंसर है। 80 प्रतिशत मामलों में सर्वाइकल कैंसर



एनआईएमए के कार्यक्रम में महिला रोग विशेषज्ञ डॉ. अमित वैश्यानी व डॉ. लीना डंडवाल ने व्याख्यान दिया। बताया कि सर्वाइकल कैंसर भारत की ग्रामीण महिलाओं में होने वाला सबसे आम कैंसर है। 80 प्रतिशत मामलों में सर्वाइकल कैंसर

इलाज और 14 से 26 साल की उम्र में तीन इलाज के रूप में दिया जा सकता है। ब्रेस्ट कैंसर भारत की खाली महिलाओं में होने वाला सबसे आम कैंसर है। कम उम्र की महिलाएं जो इसका शिकार होने लगी हैं। फलतः साहसिकता, जल्दी जांच, बचाव के सेवन, धूम्रपान, कैद रहने की अवधि अधिक होना जैसे कारण हैं, जो कम उम्र की महिलाओं में स्तन कैंसर की वजह बन रहे हैं।

सही उम्र में शादी कर लेना, समय से बच्चे को जन्म देना, बच्चे को जन्म देना तक खनन कराना कुछ ऐसे कारण हैं, जो स्तन कैंसर से बचाव में सहायक हो सकते हैं। इन दिनों जल्द उम्र में शादी करने, देर से बच्चे को जन्म देने और खनन से परहेज जैसी आदतों ने कम उम्र की महिलाओं में स्तन कैंसर के खतरे को बढ़ा दिया है।

Hindustan, 9th December 2019

For more, visit - <https://www.rgciirc.org/news/>

CANCER AWARENESS AND SCREENING CAMP



CANCER AWARENESS AND SCREENING CAMP

Cancer awareness program at Hans Raj College, Delhi on Thursday, 3rd October 2019

Cancer screening camp at Dwarka, Delhi on Friday, 4th October 2019

Cancer screening camp at Mukund Pur, Delhi, Tuesday, 8th October 2019

Cancer screening camp at Mukund Pur, Delhi, on Tuesday, 10th October 2019

Cancer screening camp at Lal Bagh, Delhi on Wednesday, 10th October 2019

Cancer awareness program at SGT Nagar, Delhi on Friday, 13th October 2019

Cancer screening camp at Rama Vihar, Delhi on Tuesday, 17th October 2019

Cancer screening camp at Mange Ram Park, Delhi on Wednesday, 18th Sep. 2019

Cancer screening camp at Gurgaon, Delhi - NCR on Friday, 20th October 2019

Cancer screening camp at SGT Nagar, Delhi on Tuesday, 24th October 2019

Cancer screening camp at Lal Bagh, Delhi on Wednesday, 25th October 2019

Cancer screening camp at Ramesh Enclave, Delhi on Friday, 27th October 2019

Cancer screening camp at Mukund Pur Part - 1, Delhi on Tuesday, 3rd December 2019

Cancer screening camp at Rama Vihar, Delhi, Wednesday, 4th December 2019

Cancer screening camp at Sukhbir Nagar, Delhi, on Friday, 6th December 2019

Cancer screening camp at Khushii NGO, Delhi on Sunday, 8th December 2019

Cancer screening camp at SGT Nagar, Delhi on Monday, 9th December 2019

Cancer screening camp at Jahangir Puri, Delhi on Wednesday, 11th December 2019

Cancer screening camp at Sher Singh Enclave, Delhi on Friday, 13th December 2019

Cancer screening camp at Rama Vihar on Tuesday, 17th December 2019

Cancer screening camp at Jahangir Puri, Delhi on Wednesday, 18th December 2019

Cancer screening camp at Lal Bagh, Delhi on Friday, 20th December 2019

Cancer screening camp at SGT Nagar, Delhi on Monday, 23rd December 2019

Cancer screening camp at Rama Vihar, Delhi on 27th December 2019

Cancer screening camp at Radha Vihar, Delhi on 31st December 2019



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