CME – GYNAE ONCOPATHOLOGY 2022
2ND ACADEMIC LECTURE SERIES OF RGCIRC
CME – IMA, DELHI NORTH ZONE
PARENT SUPPORT GROUP MEET ("UMANG")
PALLIATIVE CARE: THE NEED OF THE HOUR
14TH CHEMOPORT TRAINING PROGRAMME
108TH FOUNDATION DAY OF DMA
CME – IMA KARNAL
3RD ACADEMIC LECTURE SERIES OF RGCIRC
WORLD PHYSIOTHERAPY DAY
CORPORATE GET TOGETHER
CME – IMA BAREILLY

ONCOLOGY BOOK LAUNCH
4TH ACADEMIC LECTURE SERIES OF RGCIRC
CYCLOTHON 2022
CANCER AWARENESS TALK WITH BUREAU VERITAS
HOPE ON THE WHEELS
CANCER AWARENESS TALK
RGCIRC – STAR EMPLOYEES
WELCOME TO RGCIRC FAMILY
CANCER AWARENESS AND SCREENING CAMPS
RGCIRC IN NEWS
CME – GYNAE ONCOPATHOLOGY 2022

Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC), Delhi in association with The British Association of Gynaecological Pathologists organized a CME on Gynaec Oncopathology 2022 on Saturday, 09th July 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. The theme of this CME was “Diagnosing and Treating Gynaecological Cancers - The Way Forward”.

As a CME (Continuing Medical Education) on Gynaec Oncopathology, the meet brought together nearly 200 diagnosticians & oncologists from all parts of the country. The faculty included from RGCIRC and Tata Memorial Hospital Mumbai, the faculty had four experts from United Kingdom belonging to renowned institutions and part of British Association of Gynaecological Pathologists.

The sessions were divided into endometrial, cervical & ovarian malignancies with emphasis on diagnostics algorithms, molecular profiling, surgical interventions & various treatment modalities.

The CME on gynaecological cancers was planned as a crucial update for practicing pathologists and oncologists with keen interest in gynaec-oncology. This also proved to be of much benefit for the young practising pathologists, medical oncologists and surgeons who are choosing to grow gynaec-oncology in their future. The response was overwhelming with representation of institutes in poster competition, case presentation & quiz.

ACADEMIC LECTURE SERIES OF RGCIRC

RGCIRC organized a lecture on Wednesday, 20th July 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Dr. Indu Arneja, Director - Indian Institute of Healthcare Communication delivered a lecture on Handling Aggressive Patients/Attendants.

The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Non-Medical Staff, Staff Nurses and other staff members.

CME – IMA DELHI NORTH ZONE

RGCIRC organized a CME in association with IMA Delhi North Zone on Saturday, 23rd July 2022 at Hotel City Park, Pitampura, Delhi. Dr. Vaishali Zamre, Sr. Consultant & Chief of Breast Surgical Oncology Unit - 2 delivered a lecture on Oncoplastic Breast Surgery: Widening Horizons of Breast Conserving and Dr. Narendra Agrawal, Sr. Consultant – Hemato Oncology & BMT spoke on Multiple Myeloma.
PARENT SUPPORT GROUP MEET ("UMANG")

The Department of Pediatric Hematology & Oncology organized a Parent Support Group ("Umang") Meeting on the Saturday, 23rd July 2022 with the theme of "Nutrition during Cancer Treatment".

Ms. Kajal Jaiswal, Child Life Specialist, coordinated an interactive session involving forty-eight children with their parents currently undergoing treatment in Pediatric Hematology & Oncology Department.

The session involved a quiz on nutrition with children and their families, and an interactive session with Dr. Gauri Kapoor and the Dietician emphasizing do's & don'ts during cancer treatment. This was followed by refreshment and gift distribution for all kids. Overall it was a grand success.

PALLIATIVE CARE : THE NEED OF THE HOUR

The demand of Palliative Care is increasing day by day as statistics reveal that a huge number of cancer patients still get diagnosed in advanced. Data suggests that a large number of “Palliative Care Specialists” will be needed to cater this massive outbreak of cancer pain patients who will be requiring palliation at some point of time in their disease trajectory. In view of this, 2 days Conference (CME plus workshop) on “Cancer Pain Interventions & Palliative Care” was conducted at Gandhinagar Hospital, Jammu in collaboration with Indian Association of Palliative Care (IAPC).

The CME was inaugurated by Directorate of Health Services, Jammu.

The theme of the conference was “There is always hope in Palliative Care”. The faculty members of Premier Institutes from India participated in the Conference for this noble cause to train delegates from various states. Dr Sunny Malik (Consultant In-Charge, Department of Pain and Palliative Medicine, Rajiv Gandhi Cancer Institute, Niti Bagh, Delhi) also shared his experiences and knowledge of “Cancer pain management and Palliative Care” with the delegates. Live cases of minimally invasive pain and spine interventions (MPSI) were demonstrated and relayed from Operation theatre to the Conference Hall. Jammu’s first procedure of Cooled Radiofrequency ablation was also done during this Conference by the Faculty from Rajiv Gandhi Cancer Institute and Research Centre, Delhi.

14TH CHEMOPORT TRAINING PROGRAMME

Department of Surgical Oncology, RGCIRC successfully organized the 13th training course in Chemopore Insertion on 3rd August – 4th August 2022 at RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive sessions by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemopore Insertion, Hickman's Catheter Insertion, Pediatric Port, Arm Port, Peritoneal Port Insertion and snaring of fractured Port catheter. The course was highly gratifying and we received an excellent feedback.

108TH FOUNDATION DAY OF DMA

RGCIRC participated in 108th Foundation Day of Delhi Medical Association (DMA) on Friday, 12th August 2022 at DMA House, Daryaganj, New Delhi. Dr. Sudhir Rawal, Medical Director & Chief of GenitoUro - Oncology Services delivered a lecture on Robotics in Uro Oncology. The lectures were very well appreciated by the gathering.
**CME – IMA KARNAL**

RGCIRC organized a CME in association with IMA Karnal on Saturday, 20th August 2022 at Hotel Noor Mahal, Karnal, Haryana. Dr. Rajeev Kumar, Sr. Consultant & Chief of Breast Surgical Oncology, RGRCIRC delivered a Breast Cancer: Past & Present and Dr. Ullas Batra, Co-Director – Medical Oncology & Chief of Thoracic Medical Oncology, RGRCIRC spoke on Lung Cancer: Past & Present.

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**3RD ACADEMIC LECTURE SERIES OF RGRCIRC**

RGRCIRC organized a lecture on Wednesday, 24th August 2022 at Indraprastha Hall, RGRCIRC, Rohini, Delhi. Mr. Maneesh Taneja, Sr. Partner, Axis Bank delivered a lecture on Introduction to Financial Planning and Asset Allocation. The lectures was attended by more than 150 staff members of RGRCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Non-Medical Staff, Staff Nurses and other staff members.

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**CME – IMA GORAKHPUR**

RGRCIRC organized a CME in association with IMA Gorakhpur on Saturday, 27th August 2022 at Royal Residency Hotel, Golghar, Gorakhpur, UP. Dr. Pankaj Goyal, Consultant - Medical Oncology, RGRCIRC delivered a lecture on Environment & Cancer and Dr. Sandeep Jain, Sr. Consultant – Pediatric Hematology-Oncology & BMT, RGRCIRC spoke on How Not to Miss Childhood Cancer.

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**WORLD PHYSIOTHERAPY DAY**

Department of Physiotherapy & Onco Rehabilitation celebrated World Physiotherapy Day on 8th September 2022 at Indraprastha Hall to raise awareness about the significant contribution of the profession in keeping people well, mobile and independent.

The event started by an opening remark by Dr. Sudhir Rawal, Medical Director & Chief of Genito Uro Oncology Services and welcome note by Dr. Pinky Yadav, Chief of Operations cum Medical Superintendent. There was a Health Talk on work-related musculoskeletal disorders by Dr. Himanshu Rohella, Consultant – Orthopedic Oncology and an interactive exercise session on Office Ergonomics by Dr. Navneet Singh, Head – Physiotherapy Services. Some work out challenges (Skipping Challenge, Pushups Challenge, and Squats Challenge), fun activities and quiz were also organized. Later on, cake cutting ceremony was conducted in the presence of COO & MS, senior consultants and other staff. The event was well appreciated.

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**CORPORATE GET TOGETHER**

In continuation to increase RGRCIRC's network amongst the PSUs, Corporate, Insurance Companies and TPAs, RGRCIRC organized Corporate Get Together for top officials of empanelled organizations at India Habitat Centre (IHC), Lodhi Road, New Delhi on Friday, 2nd September 2022.
CME – IMA BAREILLY

RGCIIRC organized a CME in association with India Medical Association (IMA) Bareilly on Saturday, 10th September 2022 at IMA Bhawan, Civil Lines, Bareilly, UP. Dr. Kundan Singh Chufal, Sr. Consultant & Chief of Breast & Thoracic Radiation Oncology, RGCIIRC delivered a lecture on Broad Overview of Management of Breast Cancer: Basic Concepts and Dr. Ashish Khanna, Consultant – Uro Oncology, RGCIIRC spoke on Robotics in Uro Oncology.

ONCOLOGY BOOK LAUNCH

On 10th September 2022, at India Habitat Centre, RGCIIRC launched the Oncology book, DeVita, Hellman and Rosenberg’s Cancer - Principles and Practice of Oncology, Review, published by Wolters and Kluwer and edited by Dr. Swarupa Mitra, Senior Consultant, Radiation Oncologist, RGCIIRC.

The book was launched by Dr. Harsh Vardhan, Member of Parliament and Former Health Minister, Govt of India.

The Dias was graced by Mr. Amod Kanth, Former IPS DGP, JAC Society and Jt. Coordinator Niti Ayog, Dr. Selva Murthy, VC Amity University, Dr. A. K. Dewan, Director - Surgical Oncology, RGCIIRC and Mr. Harsh Nagpal from Wolters Kluwer. There was overwhelming participation amidst presence of most Oncologists in Delhi and NCR.

DeVita, Hellman and Rosenberg’s Cancer - Principles and Practice of Oncology, published by Wolters and Kluwer is the primary text book of Oncology which has been read by all Oncologists during their training and also through out their practice. To make the chapters simple and accessible to residents and clinicians, Wolters and Kluwer published Companion book of this prestigious Text Book. 5 International Review Editions have already been published in the recent Past.

Since the cancer epidemiology varies in the south Asian countries, the Publishers proposed bringing out the first South Asian Review of the 11th edition of the Text book, with South Asian Inputs and updates. The book has been designed in line with the already published 5 international editions in the form of Questions and Answers, covering important areas of medical, surgical and radiation oncology, along with diagnosis, staging, molecular biology and immunotherapy, targeted therapy and more. The answers come with elaborate explanations, for the physician to grasp its essence. Each chapter corresponds to one or more chapters of the main text book. New Chapters which are very relevant in modern Oncology practice have been added on - Treatment related toxicities, MUO, Treatment of Metastatic Cancers, Second Cancers and Cancer survivorship.

The authors contributing, came from all parts of India and overseas to maintain the essence of the book.

The Forewords have been very kindly written by Dr. Prof. J. P. Agarwal, Head of the Department of Radiation Oncology, TMH Mumbai and Dr. Sudhir Rawal, Medical Director and Director Urogenital Onco surgery, RGCIIRC, New Delhi.
4TH ACADEMIC LECTURE SERIES OF RGCIRC

RGCIRC organized a lecture on Wednesday, 21st September 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. BK Shivani, Teacher – Brahma Kumaris Spiritual Movement delivered a lecture on **Managing Stress and Burn Out in Oncology Healthcare Professionals**. The lectures was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Non-Medical Staff, Staff Nurses and other staff members.

CYCLOTHON 2022

In view of the strong evidence that higher levels of physical activity is closely linked to prevention of chronic diseases including cancers, over 200 women cyclists participated in a cyclothon to create awareness about leading a physically active lifestyle. Organised by Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC), Niti Bagh (South Delhi) in association with Rotary International District 3011 on Sunday, 21st August 2022, the cycle rally had women covering a distance of 20 Kms to and from RGCIRC Niti Bagh, New Delhi. Enroute the cyclists took a halt at Delhi Government Primary School, Madangir and Saidham, Hauzkhas where free health check up camps were organised for free screening of Breast, Cervix and Oral cancer, three most common cancers in the country which can be prevented or detected early through screening.

CANCER AWARENESS TALK WITH BUREAU VERITAS

RGCIRC organized cancer awareness talk in association with Bureau Veritas on Friday, 29th July 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Awareness & Prevention.

CANCER AWARENESS TALK

RGCIRC organized cancer awareness talk on Wednesday, 14th September 2022 through virtual platform. Dr. Seema Singh, Consultant – Surgical Oncology delivered a lecture on Cancer Awareness & Prevention.
RGCIRC - STAR EMPLOYEES

July

Mr. Ashwani Kumar Sharma  
Sr. Executive  
Finance

Ms. Shalu Rana  
Counselor  
Psycho Oncology

Ms. Reena Rani Chhari  
Sr. Executive  
Patient Care Services

Mrs. Shashi Marwah  
Sr. Executive  
Patient Care Services

Ms. Reena George  
Executive Admin.

Mr. Sanjay Kumar  
Sr. Technician  
CSSD

Ms. Bharti Vishwakarma  
Dietician  
Clinical, Nutrition and Dietetics

Ms. Huma Mashqoor  
Sr. Staff Nurse  
Nursing

Ms. Prerna Gogai  
Staff Nurse  
Nursing

Ms. Neetu Devi  
Sr. Staff Nurse  
Nursing

August

Ms. Sushma Rani  
Nursing Aide  
Nursing Department

Ms. Kavisha Yadav  
Trainee Nurse  
Nursing Department

Ms. Poonam Rani  
Sr. Staff Nurse  
Nursing Department

Ms. Shailja Thakur  
Executive  
Finance

Ms. Neetu Devi  
Sr. Staff Nurse  
Nursing

Mr. Vijay Negi  
Sr. Executive  
Patient Care Services

Mr. Balram Singh  
Sr. Technician  
CSSD

Mr. Rohit Verma  
Outsourced Staff  
HR

Mrs. Hema Saxena  
Ward Aya  
Radiation Oncology

Mrs. Amitha Philip  
Sr. RTT  
Radiation Oncology

Welcome to RGCIRC Family

Dr. Prashant Singh  
Consultant III  
Surgical ICU II

Dr. Ajay Sharma  
Sr. Consultant and Unit Head  
Medical Oncology

Dr. Ashutosh Gupta  
Visiting Consultant  
Neurology

Dr. Bikram Jyoti  
Consultant II & Incharge  
Surgical ICU II
<table>
<thead>
<tr>
<th>CANCER AWARENESS AND SCREENING CAMPS</th>
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<tbody>
<tr>
<td>Cancer screening camp in association with Sarthak Prayas NGO at Vivekananda School, Anand Vihar, Delhi on Friday, 1st July 2022.</td>
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<tr>
<td>Cancer awareness program in association with Khushii NGO, at Burari, Delhi on Tuesday, 5th July 2022. Dr. Harmeet Goel delivered a lecture on Cancer Awareness &amp; Prevention.</td>
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<tr>
<td>Cancer screening camp in association with Khushii NGO at Jharoda Village, Burari, Delhi on Wednesday, 6th July 2022.</td>
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<td>General awareness program in association with Apollo Tyre Foundation at Sanjay Gandhi Transport Nagar, Delhi on Thursday, 7th July 2022. Dr. Neelam Sachdeva delivered an awareness lecture.</td>
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<td>Cancer screening camp in association with Apollo Tyre Foundation at Samaypur Badli, Delhi on Tuesday, 12th July 2022.</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd at Jahangirpuri, Delhi on Monday, 18th July 2022.</td>
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<td>Cancer screening camp in association with Central Industrial Security Force at Mahipal Pur, Delhi on Wednesday, 20th July 2022.</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd at Sultan Puri, Delhi on Friday, 22nd July 2022.</td>
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<td>Cancer screening camp in association with Tanisa Foundation &amp; RWA of Phase – 2, at Community Centre, Phase – 2, Gurugram on Saturday, 23rd July 2022.</td>
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<td>Cancer screening camp in association with BPMS at Apna Ghar Mahila Ashram, Alipur, Delhi on Sunday, 24th July 2022.</td>
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<tr>
<td>Cancer awareness &amp; screening camp in association with Paramount TPA at TCNS Clothing, Udyog Vihar, Gurugram on Monday, 25th July 2022. Dr. Seema Singh delivered a lecture on Cancer Awareness &amp; Prevention.</td>
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<tr>
<td>Cancer awareness program in association with CMO of Delhi Govt. Maternity Dispensary, Mukundpur, Delhi on Thursday, 28th July 2022. Dr. Indu Aggarwal delivered a lecture on Cancer Awareness &amp; Prevention.</td>
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<td>Cancer screening camp in association with Nikshay Foundation at Arya Samaj Mandir, Srinivas Puri, Delhi on Wednesday, 3rd August 2022.</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd. at Sultan Puri, Delhi on Thursday, 4th August 2022.</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 6th August 2022.</td>
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<td>Cancer screening camp in association Khushii NGO at Mukundpur, Delhi on Wednesday, 10th August 2022.</td>
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<td>Cancer screening camp in association with Delhi Malayalam Congregation at St. Thomas Church, Mandir Marg, Delhi on Saturday, 13th August 2022.</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 13th August 2022.</td>
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<td>Cancer screening camp in association with Khushii NGO at NUH Village, Haryana on Tuesday, 16th July 2022.</td>
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<td>Event</td>
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<tr>
<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd. at Jahangirpuri, Delhi</td>
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<td>Cancer screening camp in association with Human Care International (NGO) at Dichaon Village, Najafgarh, Delhi</td>
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<td>Cancer screening camp in association with Apollo Tyre Foundation at Samaypur Badli, Delhi</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd at Mangolpuri, Delhi</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi</td>
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<td>Cancer screening camp in association with Rotary Club District South at MCD School, Madangir, Delhi</td>
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<td>Cancer screening camp in association with Tanisa Foundation and RWA of Sector - 14, Gurugram and Rotary Club at Sector - 14, Gurugram</td>
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<td>Cancer screening camp in association with Sankalp Cancer Care Foundation at Qutub Vihar, Najafgarh, Delhi</td>
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<td>Cancer screening camp in association with National Thermal Power Corporation at Jharli NTPC Plant, Jhajjar, Haryana</td>
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<td>Cancer screening camp in association with Sarthak Prayas (NGO) at Dwarka, Delhi</td>
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<td>Cancer screening camp in association with Khushii (NGO) at Arthala Village, Ghaziabad, UP</td>
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<td>Cancer awareness program in association with Tata Power Delhi Distribution Ltd. at Patrachar, Delhi</td>
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<td>Cancer awareness program in association with Win Over Cancer Foundation at Rithala Village, Anganwadi Centre, Delhi</td>
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<tr>
<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd at Jahangir Puri, Delhi</td>
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<tr>
<td>Cancer screening camp in association with Tata Power Delhi Distribution Ltd on Saturday, 3rd September 2022.</td>
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<tr>
<td>Cancer awareness program in association with LIC of India at Connaught Place, Delhi</td>
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<td>Cancer awareness program at in association with Khushii NGO Kamal Vihar, Burari, Delhi</td>
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<tr>
<td>Cancer screening camp in association with Tata Power Delhi Distribution Limited at Sultanpuri, Delhi</td>
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<tr>
<td>Cancer screening camp in association with Khushii NGO at Kamal Vihar, Delhi</td>
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<tr>
<td>RGCIRC organized a Cancer awareness program in association with Win Over Cancer Foundation at SKV School, Timarpur, Delhi</td>
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<tr>
<td>Cancer screening camp in association with Tanisa Foundation at Ridge Valley School, Gurugram</td>
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<td>Cancer screening camp in association with Sikh Youth Foundation at Gurudwara Rajouri Garden, Delhi on Sunday, 18th September 2022.</td>
</tr>
<tr>
<td>Cancer awareness program in association with Israel Embassy &amp; Khushii NGO at Primary School of Arthala Village, Ghaziabad, UP on Tuesday, 20th September 2022. Dr. Indu Aggarwal delivered a lecture on Cancer Awareness &amp; Prevention.</td>
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<tr>
<td>Cancer screening camp in association with Tata Power Delhi Distribution Limited at Shahbad Dairy, Delhi on Wednesday, 21st September 2022.</td>
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<tr>
<td>RGCIRC organized a Cancer Screening Camp at NCR Biotech Science Cluster, Faridabad, Haryana in association with Park TPA Insurance on Friday, 23rd September 2022. Dr. Harmeeet Goel &amp; Dr. Geetu Arora had screened 132 People in the event.</td>
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<td>Cancer screening camp in association with Tata Power Delhi Distribution Limited at Mangol Puri, Delhi on Saturday, 24th September 2022.</td>
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<tr>
<td>Cancer screening camp in association with Can Support &amp; Children’s Hope Prayas NGO at Anand Vihar, Delhi on Wednesday, 28th September 2022.</td>
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Conclave on diagnosing gynaecological cancers

STATESMAN NEWS SERVICE
NEW DELHI, 16 JULY

Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) Delhi in association with The British Association of Gynaecological Pathologists organised a conclave on “Diagnosing and Treating Gynaecological Cancers - The Way Forward”.

The Continuing Medical Education (CME) conference on Gynae Oncopathology, brought together nearly 200 oncologists from all parts of the country.

Besides experts from RGCIRC and Tata Memorial Hospital Mumbai, the faculty had four experts from the United Kingdom belonging to renowned institutions.

"The CME on gynaecological cancers was planned as a crucial update for practicing pathologists and oncologists with keen interest in gynae-oncology. This also proved to be of much benefit for the young practising pathologists, medical oncologists and surgeons who are planning to choose gynaec-oncology in their future," Dr Anila Sharma, Senior Consultant - Histopathology, RGCIRC and Organising Secretary of CME on Gynae Oncopathology 2022 said.

The emphasis of the CME was on approach to diagnosis, treatment modalities and especially the molecular insights into various gynaecological malignancies. The CME had sessions related to diagnostic updates, WHO classification and case discussions addressing the current issues in pathology, surgery, medical and radiation oncology.
**TOP STORY**

18 July 2021

Gynaecological cancer meet emphasises on molecular profiling of tumours

New Delhi: Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) Delhi in association with The British Association of Gynaecological Pathologists organised a conclave on “Diagnosing and Treating Gynaecological Cancers - The Way Forward”.

As a CME (Continuing Medical Education) conference on Gynaec Oncopathology, the meet brought together nearly 200 oncologists from all parts of the country. Besides experts from RGCIRC and Tata Memorial Hospital Mumbai, the faculty had four experts from the United Kingdom belonging to renowned institutions.

The CME on gynaecological cancers was planned as a crucial update for practicing pathologists and oncologists with keen interest in gynaec-oncology. This also proved to be of much benefit for the young practising pathologists, medical oncologists and surgeons who are planning to choose gynaec-oncology in their future, said Dr. Auliya Sharma, Senior Consultant - Histopathology, RGCIRC and Organising Secretary of CME on Gynae Oncopathology 2022.

Understanding molecular classification of tumours is important for better treatment outcomes. As per the molecular subtype of the tumour each patient is treated differently, added Dr Sharma.

Gynaecological cancer refers to any cancer that starts in a woman’s reproductive organs. Types of Gynaecological cancer are Cervical cancer, Ovarian cancer, Uterine cancer, Vaginal cancer and Vulvar cancer.

The risk of gynaecological cancers increases with age. However treatment is most effective when cancers are detected early.

**Indian Horizon**

29 July 2022

New therapies and surgeries hold out hope for cancer patients

Targeted and immunotherapy revolutionizing treatment of Multiple Myeloma

Delhi, 28 July. In a Continuing Medical Education (CME) programme for city based physicians organised by Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) in association with Indian Medical Association (IMA) Delhi North Zone, two cancer experts from RGCIRC informed the participants about new drugs and treatment methodologies for treating cancer.

Dr. Narendra Agrawal, Sr. Consultant - Hemato Oncology & BMT spoke about new therapies to treat Multiple Myeloma, a kind of blood cancer and Dr. Vaishali Zamre, Sr. Consultant & Chief of Breast Surgical Oncology Unit-2 informed the audience about oncoplastic breast surgeries for breast conservation.

Targeted and Immunotherapy have emerged as lifesavers in Multiple Myeloma which is a kind of blood cancer occurring mostly in old age. Targeted and Immunotherapy drugs reduce the complications and help in curbing further progression of the disease leading to survival of even 10 years and above. While targeted therapies target cancer cells and prevent them from growing, Immunotherapy drugs make immune cells stronger so that they can attack cancer cells, said Dr. Narendra Agrawal.

The fact remains that the quality of life and the patient’s psycho-social wellbeing is much better if the patient undergoes breast conservation surgery. Moreover, these techniques are safe also as proven in several studies. Unfortunately a large number of patients are counselled only for mastectomy. Many a time despite suitability for breast conservation surgery, women need to undergo mastectomy because of pressure from family members or local doctors who may not be aware that breast conservation surgery is equally safe. An awareness needs to be created for the same.
New therapies and surgeries hold out hope for cancer patients

In a Continuing Medical Education (CME) programme for city based physicians organised by Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) in association with Indian Medical Association (IMA) Delhi North Zone, two cancer experts from RGCIARC apprised the participants about new drugs and treatment methodologies for treating cancer.

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The symptoms of Multiple Myeloma include bone pain especially in the spine, fatigue, weakness or numbness in the legs. In case of persistent bone pain, one should check with a cancer specialist. The risk factors for Multiple Myeloma include being male above the age of 65 years, being overweight and exposure to radiation or chemicals used in manufacturing or herbicides etc.

According to Dr. Vaishali Zamre with the adoption of new techniques, breast conservation surgery can be undertaken even in those women with breast cancer where mastectomy (removal of the breast) was the only option so far. Patients with large tumours and tumours located at unfavourable locations in the breast just behind the nipple areolar complex had to undergo complete removal of the breast earlier. After adopting these techniques breast conservation is being offered to a large number of women especially in those women who present themselves at earlier stages.
Cyclothon spreads message of healthy lifestyle to prevent cancer

STATESMAN NEWS SERVICE
NEW DELHI, 21 AUGUST

Cyclothon, a cycle rally by women cyclists, organised by a city hospital in South Delhi on Sunday, spread message among masses that a healthy lifestyle can prevent cancer.

The rally in association with Rotary International District organised with an aim to spread awareness about cancer in women and its importance of screening. The theme highlights that physical activity as a component of a healthy lifestyle can prevent cancer.

The cycle rally had 200 women participants covering a distance of 20 kms from RCGIRC Niti Bagh, New Delhi. Enroute the cyclists took a halt at Delhi Government Primary School, Madangir and Saidham, Hauz Khas where free health check up camps were organised for free screening of breast, cervix and oral cancer.

"The rise in incidence of cancer has a lot to do with tobacco & alcohol consumption and poor lifestyle choices especially sedentary way of life. Studies have shown a direct correlation between higher levels of physical activity and lower risk of several types of cancer. The cyclothon was organised to spread this message of leading an active lifestyle especially amongst women. The drive was titled “Hope on the Wheels”. Wheels being a metaphor for active lifestyle that has generated the hope for reducing the morbidity caused by major non-communicable diseases including cardiovascular diseases and several types of cancer”, said Dr Gauri Kapoor, medical director RCGIRC, Niti Bagh.

Women cycle rally spreads the message of healthy lifestyle to prevent cancer

Indian Horizon
22 Aug 2022

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Women cyclists also emphasised in spread the message of moving with speed for screening of breast and cervical cancers. Both the cancers can be easily screened in early stages and even at pre-cancerous stages leading to much better and faster cure rates.
Most of the cancers linked to environment and faulty lifestyle: RGCIRC

GORAKHPUR: With a view to create awareness about different kinds of cancers and their causes, two specialists from Delhi based Rajiv Gandhi Cancer Institute & Research Centre, one of India’s largest cancer care institutes, held a conclave with city based doctors in Gorakhpur. The conclave was organized by Indian Medical Association (IMA) Gorakhpur in association with RGCIRC. Dr Sandeep Jain and Dr Pankaj Goyal interacted with the doctors and also updated them about new advancements in cancer care. It is estimated that as many as two-thirds of all adult cancer cases are linked to environmental causes. Everything outside the body that interacts with humans is referred to as the environment, said Dr Pankaj Goyal, Consultant - Medical Oncology at RGCIRC.

Air and water pollution, usage of certain plastics, smoking & chewing tobacco, radiation around us, excessive use of mobile phones, unhealthy food, red meat, lack of personal hygiene and even cultural habits such as usage of betel nut. All of these can be causative agents for different types of cancers including the most common lung and oral cancer.

Dr Goyal emphasized on the need for maintaining a healthy lifestyle and regular screening for preventing a large number of cancers. Speaking about cancer in children, Dr Sandeep Jain, St Consultant - Pediatric Hematology & Oncology at RGCIRC said, “Cancer in children is a rare disease. About 5000 new cases of cancers are diagnosed every year in children of less than 15 years of age in India. Blood cancer or leukemia is the most common cancer in children. However it is highly curable if it is detected early and treated in specialized hospitals. Unfortunately only 10-15% of childhood cancer patients are in the country. With a view to make expertise available across key locations in the country, some of the leading specialists from RGCIRC will be meeting patients on certain fixed days, Dr Pankaj Goyal will be available for consultation at Pacific Hospital, Sunpargrid Gorakhpur on the last Sunday of every month.

Walk for awareness on curability of childhood cancer

Delhi, 25 Sept: September is childhood cancer awareness month. Delhi based Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) with one of the largest and specialized pediatric cancer care centres in the country has been promoting the awareness on high curability of childhood cancer if detected early. This year, a childhood cancer awareness Walk/Run titled Fitathon was organized. Over 400 people including RGCIRC doctors, childhood cancer survivors and their families besides a large number of healthcare providers participated in the 5 km long walk.

“Cancer walk was organized to spread the message that childhood cancer is highly curable if it is detected early and treated at specialized hospitals. More than 70 percent of cancer cases in children are curable”, said Dr Gauri Kapoor, Director Pediatric Hematology & Oncology, RGCIRC.

Participants, especially the younger ones also engaged in other physical exercises such as squats, planks and crunches. “Besides spreading awareness on childhood cancer, we wanted to give a larger message of a healthy lifestyle through the walk and associated physical activities. Though there is no known cause in over 90% of the pediatric cancer cases, there is need to inculcate healthy habits right from childhood since a healthy lifestyle reduces risk of cancer to a large extent”, added Dr Dr. Pushkar Rawal, Medical Director, RGCIRC.

Childhood and adult cancers are not the same and childhood cancers are highly curable. Childhood cancer is very rare but it is important to identify the red flag signs and refer such children to specialised paediatric cancer centres for proper diagnosis immediately. Unfortunately, many times symptoms and signs of childhood cancer may not be very unique and may mimic common childhood illnesses. Cure rates in India are less since patients have already reached an advanced stage of cancer by the time they present themselves at specialised centres.
 Punjab Kesari | 14 July 2022

गायनकोल्जिकल कैसर समेलन का आयोजन

नई दिल्ली, (पंजाब केसरी): गाजियाबाद केसरी संगठन के अध्यक्ष आजीवी आराध्य केसरी, दिल्ली ने ब्रिटिश एसोसिएशन ऑफ़ गायनकोल्जिकल पेयोलिंजिस्ट के साथ मिलकर, ‘डायनामिस्क एंड ट्रीटिंग गायनकोल्जिकल कैसरस’ – द वे फॉर्ब्स’ कॉम्बिनेशन का आयोजन किया।

गाजी आजीवी आराध्य केसरी ने लेकर इस सौंदर्य (‘कट्टरपुर मेडिकल एंड इकिनियन’) कॉन्फ्रेस में देशभर से करीब 200 ऑक्सीकॉप्शन ने हिस्सा लिया। आजीवी आराध्य और दल में मोहन के हास्यरा रंग के विकल्पों के अधिकारियों के अधिन विदेश के प्रतिचार विकल्पों के साथ विशेष अभिज्ञ भी इसमें शामिल रहे।

महिलाओं को होने वाले कैसर पर केवल सौंदर्य का आयोजन इस क्षेत्र में प्रकदर्शन कर रहे पेयोलिंजिस्ट एवं ओक्सीकॉप्शन का इस क्षेत्र में हो रहे नवीनतम अपडेट से अभिज्ञ कराना है। सौंदर्य अभिभवक महिलाओं के लिए हास्यकुलक किया गया है।

सौंदर्य अभिभवक महिलाओं के लिए इस पुष्टि की गई कि यह कैसर पेयोलिंजिस्ट, मेडिकल ओक्सीकॉप्शन एवं स्वास्थ्य के लिए बहुत लाभदायक है।

सौंदर्य अभिभवक के क्षेत्र में भी अभिभवक किया गया, जिसमें पेयोलिंजिस्ट, सर्जरी, मेडिकल एवं रेडियो और ओक्सीकॉप्शन जीवन पर निमंत्रण हुआ।

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Dainik Bhaskar | Noida | 13 July 2022

ट्रम्प का गोल्डस्टाइन प्रोफाइलिंग पर केंद्रित गायनकोल्जिकल कैसर समेलन का आयोजन

केसर संगठन के अध्यक्ष बाबूराम गोल्डस्टाइन ने गाजियाबाद केसरी के साथ मिलकर, ‘इंटरनेट पर गोल्डस्टाइन कैसर समेलन का आयोजन किया। केसर ने इस सौंदर्य (‘कट्टरपुर मेडिकल एंड इकिनियन’) कॉन्फ्रेस में देशभर से करीब 200 ऑक्सीकॉप्शन ने हिस्सा लिया।

गोल्डस्टाइन उपकेसर ने कहा कि गाजी आजीवी आराध्य केसरी ने इस क्षेत्र में प्रकदर्शन कर रहे पेयोलिंजिस्ट एवं ओक्सीकॉप्शन का इस क्षेत्र में हो रहे नवीनतम अपडेट से अभिज्ञ कराना है।

सौंदर्य अभिभवक ने गोल्डस्टाइन की तारीफ दी और केसर के साथ अभिभवक किया।

केसर ने इस सौंदर्य अभिभवक के कॉन्फ्रेस में देशभर से करीब 200 ऑक्सीकॉप्शन ने हिस्सा लिया।

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उसके साथ बढ़ जाता है गावनकोलाजिकल कैसर : डा. अनिला

आजाद और आज़ादी प्रभावित है। गावनकोलाजिकल कैसर तथा इसके साथ आजाद और आज़ादी प्रभावित होते हैं। इस तरह की दृष्टि से गावनकोलाजिकल कैसर और इसके साथ आजादी प्रभावित होते हैं।

इस अवसर पर डा. अनिला शर्मा के साथ आजाद और आज़ादी प्रभावित होते हैं। इस अवसर पर डा. अनिला शर्मा के साथ आजाद और आज़ादी प्रभावित होते हैं। इस अवसर पर डा. अनिला शर्मा के साथ आजाद और आज़ादी प्रभावित होते हैं।
फूडर ब्रेक के बाद सांख्यिकी विकल्पों के बारे में जानकारी पर चर्चा करें। यह सांख्यिकी विकल्पों के बारे में जानकारी पर चर्चा करें।
आरजीसीआईआरसी के विषेषज्ञों ने सारकामों की सही जांच पर दिया जोर

राष्ट्रीय सहारा | 30 July 2022

नई दिल्ली (एसएपी)। तुरंत प्रकार के कैसर सारकामों के बारे में जागरूकता पर चर्चा करते हुए राजीव गांधी कैसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी) के विशेषज्ञों ने उनकी गति जांच और इस कारण से इलाज पर पहने वाले गति असर को बढ़ाने की हर्षली वादिया है। सारकामो हादसे और साइक्लिंग मैदान में होने वाले कैसर है। जुलाई महीने के दूर तारीख में सारकामा जागरूकता महां के रूप में माना जाता है। अध्यापिका अंकिलपाठी कस्टंटन्ट्ड्रा. हिमांशु रोहेला ने कहा, "दुर्भाग्य से स्थिति अंगों में सारकाम ट्र्यूमर की जांच नहीं हो पाई है या अनुपालन सर्जरी कर दी जाती है। ऐसे मामलों में कई तह के नुकसान और अंग खोलने का बड़ा खतरा होता है, जो छोटे बच्चों/वयस्कों के जीवन को प्रभावित करता है।"

आरजीसीआईआरसी सामान्य अंसामरक सन्नाटों की सारकामों का प्रभाव लगाने के साथ-साथ उनके रिपोर्ट के कैसर के 3 प्रतिशत और बच्चों में 10-15 प्रतिशत मामलों में सारकामा होता है, फिर भी यह सीमिती पर चलने को जाना चाहिए, क्योंकि इसमें जीवन के साथ-साथ संबंधित अंग की हिफाजत भी जरूरी होती है।

द्रा. रोहेला ने कहा कि सरकाम कम उम्र में होता है और उस उम्र में लोकार्क करने या खाना जीवनशैली है कि कोई बड़े रिस्क फैक्टर नहीं होते हैं। इसलिए दुर्भाग्य में ज्यादातर मानव-प्रभावित स्वभावित रूप से सामर्थ्य में होते हैं। एवं सारकाम के रूप में बड़ा मसला यह है कि कई अस्माटाओं में सारकामा मैनजिंग के लिए दीम नहीं है। अति अति महत्वपूर्ण है। अगर पारंपरिक इलाज से ठीक न हो तो लागत दर्ज करें और अंगों में बढ़ा भूल न करें कोना आंदोलन नहीं करना चाहिए।

दुर्भाग्य से स्थिति अंगों में सारकाम ट्र्यूमर की जांच नहीं हो पाई है या अनुपालन सर्जरी कर दी जाती है: द्रा. हिमांशु रोहेला
अमृत इंडिया

अमृत इंडिया | 22 Aug 2022

अमर उजाला

अमर उजाला | 22 Aug 2022

फेसबुक से बचाव के लिए निकाली साइकिल रैली

अमृत इंडिया
स्वस्थ जीवनशैली के साधन के साथ महिलाओं ने निकाली साइकिल रैली - होप ऑन द वील्स

पंजाब केसरी | 22 Aug 2022

केसर के प्रति जागरूकता को लेकर निकाली साइकिल रैली

पाणिनि समाचार संबोधक: करण भारत

केसर ने कई बंदलाओं और ब्रांडों के साथ एक स्वस्थ जीवनशैली का आगाज किया है। यह आगाज वित्तीय रूप से स्वास्थ्य और समस्याओं को ध्यान में रखता है। केसर ने इस आगाज के प्रकाशन में स्वस्थ जीवनशैली का महत्व और इसके लाभ को उन्नत किया है।

इस समाचार संबोधक के अनुसार, केसर के प्रति जागरूकता को लेकर निकाली साइकिल रैली में स्वस्थ जीवनशैली को उल्लेख किया गया है। केसर के प्रति जागरूकता का लक्ष्य उन्मुक्त और स्वस्थ जीवनशैली का महत्व है। केसर के द्वारा निकाली गई रैली में भाग ले रहे सभी केसर के प्रति जागरूकता का भाग लेने वालों को स्वस्थ जीवनशैली के महत्व का जागरूकता का महत्व है।

संभवतः साइकिल रैली के दृश्य में, केसर के प्रति जागरूकता का महत्व है। केसर के प्रति जागरूकता का लक्ष्य उन्मुक्त और स्वस्थ जीवनशैली का महत्व है। केसर के द्वारा निकाली गई रैली में भाग ले रहे सभी केसर के प्रति जागरूकता का भाग लेने वालों को स्वस्थ जीवनशैली के महत्व का जागरूकता का महत्व है।

इस समाचार संबोधक के अनुसार, केसर के प्रति जागरूकता का लक्ष्य उन्मुक्त और स्वस्थ जीवनशैली का महत्व है। केसर के द्वारा निकाली गई रैली में भाग ले रहे सभी केसर के प्रति जागरूकता का भाग लेने वालों को स्वस्थ जीवनशैली के महत्व का जागरूकता का महत्व है।
पार्वतीर्षिक और खराब जीवनशैली हैं

उदाहरण के लिए दूरे के कैंसर और उनके कारणों की जानकारी सामान्यता के ऊपर के साथ देखा जा सकता है। इसलिए दूरे के कैंसर के से एक रजिस्ट्री का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है। इसलिए दूरे के कैंसर के से एक रजिस्ट्री का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है।

अमर उजाला

कैंसर के कैंसर के से संबंधित कारणों का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है।

कैंसर रोगी की संख्या में बढ़ता है। राजस्थान के कैंसर इंटरनेट के में कैंसर के कैंसर के से संबंधित कारणों का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है।

अमर उजाला

कैंसर के कैंसर के से संबंधित कारणों का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है।

कैंसर के कैंसर के से संबंधित कारणों का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है।

अमर उजाला

कैंसर के कैंसर के से संबंधित कारणों का उपयोग कैंसर इंटरनेट के एमर्जेंसी नर्सिंग केंद्र और अंतरराष्ट्रीय दूरे के कैंसर के से संबंधित कारणों का उपयोग किया जा सकता है।

अमर उजाला
पंजाब केसरी
Punjab Kesari | 26 Sep 2022

बच्चों में होने वाले कैसर के प्रति किया जागरूक

चाँदल्हुड़ कैसर जागरूकता को बांक का आयोजन

राष्ट्रीय सहारा
Rashtriya Sahara | 26 Sep 2022

कैसर के खिलाफ किया जागरूक

नई दिल्ली (एसएनबी)। कैसर के खिलाफ जागरूकता लाने के उद्देश्य से राष्ट्रीय सहारा केसर इंडस्ट्रीज एंड रिसर्च सेंटर (आरजीआईआरसी) के साथ निकाली गई चांदल्हुड़ कैसर के खिलाफ जागरूकता समारोह। 14 किमी लंबी इस चार्ट पर 400 से अधिक लोगों ने भाग लिया। इसके अलावा बांक की विभिन्न नींदे के तहत दर्शकों के लिए बच्चों के लिए अनुदान जीतने के लिए बनाया। दर्शकों के साथ दर्शकों के लिए बच्चों के लिए अनुदान जीतने के लिए बनाया। दर्शकों के साथ दर्शकों के लिए बच्चों के लिए अनुदान जीतने के लिए बनाया।
Rajiv Gandhi Cancer Institute conducts gynaecological cancer conclave; Experts emphasise on molecular profiling of tumours

Gynaecological cancer refers to any cancer that starts in a woman’s reproductive organs. Types of Gynecological cancer are Cervical cancer, Ovarian cancer, Uterine cancer, Vaginal cancer and Vulvar cancer.

Written by Health Desk | July 15, 2022 7:10:13 pm

Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) Delhi in association with The British Association of Gynaecological Pathologists organised a conclave on “Diagnosing and Treating Gynaecological Cancers - The Way Forward”.

As a Continuing Medical Education conference on Gynae Oncopathology, the meet brought together nearly 200 oncologists from all parts of the country. Besides experts from RGCIRC and Tata Memorial Hospital Mumbai, the faculty had four experts from the United Kingdom belonging to renowned institutions, according to a press statement on Friday.

“The CME on gynaecological cancers was planned as a crucial update for practicing pathologists and oncologists with keen interest in gynae-oncology. This also proved to be of much benefit for the young practising pathologists, medical oncologists and surgeons who are planning to choose gynae-oncology in their future,” said Dr. Anila Sharma, Senior Consultant - Histopathology, RGCIRC and Organising Secretary of CME on Gynaecological Oncology 2022.

According the cancer institute, the emphasis of the CME was on approach to diagnosis, treatment modalities and especially the molecular insights into various gynaecological malignancies. Moreover, the CME had sessions related to diagnostic updates, WHO classification and case discussions addressing the current issues in Pathology, Surgery, Medical and Radiation Oncology.

“Understanding molecular classification of tumours is important for better treatment outcomes. As per the molecular subtype of the tumour each patient is treated differently,” added Dr Sharma.

Gynaecological cancer refers to any cancer that starts in a woman’s reproductive organs. Types of Gynecological cancer are Cervical cancer, Ovarian cancer, Uterine cancer, Vaginal cancer and Vulvar cancer. The risk of gynaecological cancers increases with age. However, treatment is most effective when these cancers are detected early.

Conclave on diagnosing gynaecological cancers

The Continuing Medical Education (CME) conference on Gynae Oncopathology, brought together nearly 200 oncologists from all parts of the country.

Statesman News Service | New Delhi | July 16, 2022 8:49 pm

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“Understanding molecular classification of tumours is important for better treatment outcomes. As per the molecular subtype of the tumour, each patient is treated differently,” Dr Sharma added.
Cancer Awareness Rally: साइकिल रैली के जरिये महिलाओं को किया कैंसर से बचाओ के प्रति जागरूक

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Rajiv Gandhi Cancer Institute organises Continuing Medical Education programme for doctors; Experts talk about new drugs and treatment

The symptoms of Multiple Myeloma include bone pain especially in the spine, fatigue, weakness or numbness in the legs. In case of persistent bone pain, one should check with a cancer specialist.

Written by Health Desk | Updated: July 28, 2022 9:38:16 pm

Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) in association with Indian Medical Association (IMA) Delhi North Zone recently organised Continuing Medical Education (CME) programme for city based physicians. During the event, two cancer experts from RGCIRC informed the participants about new drugs and treatment methodologies for treating cancer.

Dr. Narendra Agrawal, Senior Consultant - Hemato Oncology & BMT spoke about new therapies to treat Multiple Myeloma, a kind of blood cancer and Dr. Vaishali Zamre, Sr. Consultant & Chief of Breast Surgical Oncology Unit-2 informed the audience about oncoplastic breast surgeries for breast conservation.

According to experts, targeted and immunotherapy have emerged as lifesavers in Multiple Myeloma which is a kind of blood cancer occurring mostly in old age.

“Targeted and Immunotherapy drugs reduce the complications and help in curbing further progression of the disease leading to survival of even 10 years and above. While targeted therapies target cancer cells and prevent them from growing, Immunotherapy drugs make immune cells stronger so that they can attack cancer cells,” said Dr. Narendra Agrawal.

Meanwhile, the symptoms of Multiple Myeloma include bone pain especially in the spine, fatigue, weakness or numbness in the legs. In case of persistent bone pain, one should check with a cancer specialist. The risk factors for Multiple Myeloma include being male above the age of 65 years, being overweight and exposure to radiation or chemicals used in manufacturing or herbicides etc.

Dr Vaishali Zamre and Dr Narendra Agrawal

According to Dr. Vaishali Zamre with the adoption of new techniques, breast conservation surgery can be undertaken even in those women with breast cancer where mastectomy (removal of the breast) was the only option so far. Patients with large tumours and tumours located at unfavourable locations in the breast just behind the nipple areolar complex had to undergo complete removal of the breast earlier. After adopting these techniques breast conservation is being offered to a large number of women especially in those women who present themselves at earlier stages.

Moreover, these techniques are safe also as proven in several studies. Unfortunately, a large number of patients are counselled only for mastectomy. According to experts, many a time despite suitability for breast conservation surgery, women need to undergo mastectomy because of pressure from family members or local doctors who may not be aware that breast conservation surgery is equally safe.

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