



Rajiv Gandhi Cancer Institute
and Research Centre

Insight

Internal Newsletter

October to December 2022



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26TH FOUNDATION DAY OF RGCIRC

Rajiv Gandhi Cancer Institute and Research Centre celebrated its 26th Foundation Day. The celebration was held on Saturday, 15th October 2022 at Hotel Crowne Plaza, Rohini, Delhi. It was attended by more than 1300 RGCIRC family members including Governing Council and Management Committee members along with Directors, Sr. Consultants and other employees.

RGCIRC was incepted in 1996 with the mission of providing premium cancer care in India. It has been the preferred choice of patients, care givers, faculty and students. Its comprehensive and excellent services and best technologies are few praiseworthy examples. Lauding the efforts and long services, outstanding performances, best outsourced workers were felicitated on Pre-Foundation Day on Friday, 14th October 2022 at Indraprastha Hall, RGCIRC.



RGCIRC Annual Day cultural program was one of its kind, inviting performers not only from in-house but from other states as well. This year's theme was "Hausla". RGCIRC saluted the great spirits of everyone and showcased beautiful "Miracles of Life". A beautiful synergy of art and miracle was seen on the stage. Special children performing Bharatnatyam, mesmerizing "Geeta" depiction on wheels was breathtaking. The real Hausla was seen that evening. This tradition of RGCIRC was very well appreciated by the gathering.

RGCIRC honored few of our senior consultants who has completed more than 25 years with RGCIRC:
 Dr. Gauri Kapoor – MD, RGCIRC, Niti Bagh and Director- Pediatric Hematology Oncology and BMT.
 Dr. Anita Kulkarni - Sr. Consultant, Dept. of Anesthesiology
 Dr. Rajiv Goyal - Visiting Consultant, Respiratory Medicine
 Dr. Umesh Nautiyal - Visiting Consultant, Nephrology for their remarkable contributions in RGCIRC.

This was followed by Chairman's appreciation award, Best Resident award, Clinical IT implementation award, best ward, Projects Award, Philanthropy services award and Master of ceremony award.

On this occasion, the "Hausla" of every contributor was saluted. The family's commitments towards RGCIRC was celebrated with great enthusiasm and high spirits.

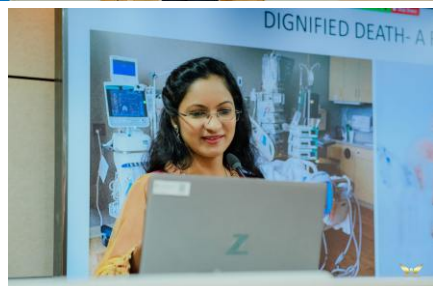


WORLD HOSPICE AND PALLIATIVE CARE DAY

On the occasion of World Hospice and Palliative Care Day, RGCIRC, Rohini, organized a full day programme on 08th October 2022. The morning session started with inaugural remarks by Mr. D. S. Negi (CEO, RGCIRC, Rohini), Dr. Sudhir Rawal (Medical Director, RGCIRC, Rohini) and Dr. Gauri Kapoor (Medical Director, RGCIRC, Niti Bagh). This was followed by scientific sessions which included talks on Introduction to Palliative Care and Hospice by Dr. Kinshuki Jain, Communication Skills by Dr. Ullas Batra, Co-Director – Medical Oncology and End of Life Care Issues by Dr. A. K. Dewan, Director – Surgical Oncology.

A panel discussion on the theme “Healing Hearts and Communities - The Indian Scenario” succeeded this. It was moderated by Dr. Rajiv Chawla, Director – Anesthesiology and included Dr. Pinky Yadav, Chief of Operations cum Medical Superintendent, Dr. Kinshuki Jain, Consultant - Pain Management and Palliative Care, Dr. Savera, Senior Palliative Care Physician, Ms. Madhumita Dhall, Director of Nursing and Mrs. Indra Jasuja as panelists. It served as a brain storming exercise on present day status of palliative care in India. Practical experiences of patients and caregivers on “Sail through the journeys” were well appreciated.

Poems and slogans on the theme “Heart to Heart” were also solicited before the event, which also received a warm response from general public. The programme was a success with large participation.



ANNUAL CONFERENCE - WORLD CRITICAL CARE AND ANAESTHESIOLOGY CONFERENCE (WCAC 2022)

RGCIRC participated in annual conference of World Critical Care and Anesthesiology Conference 2022 during 9th – 10th September 2022 at Bangkok, Thailand. Dr. Priyanka Goyal, Consultant, Department of Anesthesiology presented her research work co-authored by Dr. Itee Chowdhury, Sr. Consultant - Anesthesiology on “Anesthetic Outcome in Post Covid Patients (Delta Variant) Who Underwent Oncosurgery - A Retrospective Analysis from A Single Tertiary Cancer Care Centre”.

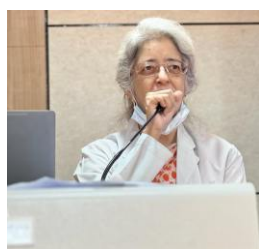


5TH ACADEMIC LECTURE SERIES

RGCIRC organized a lecture on Wednesday, 22nd October 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Dr. Rajeev Kumar, Professor – Urology, AIIMS, Delhi delivered a lecture on How to Write a Paper. The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Staff Nurses and other staff members.



PEDIATRIC ONCOLOGY DIWALI CELEBRATION



Diwali celebration was organized in the Department of Pediatric Hematology & Oncology by Ms. Kajal Jaiswal, Play Room Teacher for children undergoing cancer treatment under the guidance of Dr. Gauri Kapoor, Director, Department of Pediatric Hematology & Oncology on Saturday, 22nd October 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi.

Activities like hanging decoration making, clay modeling, quiz, and fun games were organized. Several children gave cultural performances like singing, dancing, poetry recitation, speech, etc. Overall it was an enjoyable afternoon attended by 53 participants wishing everyone a Happy Diwali. This was followed by refreshments and gifts distribution to all children by Shri D. S. Negi, Chief Executive Officer and Dr. Pinky Yadav, Chief of Operations cum Medical Superintendent.



CME – IMA KASHIPUR

RGCIRC organized a CME in association with IMA Kashipur on Saturday, 29th October 2022 at Hotel Ananya Regency, Ram Nagar Road, Kashipur, UK. Dr. Manish Sharma, Consultant – Medical Oncology, RGCIRC, Niti Bagh delivered a lecture on Cancer Awareness - A Physician's Perspective and Dr. Payal Malhotra, Consultant – Pediatric Oncology, RGCIRC, Rohini spoke on Childhood Cancers - Breaking Myths & Barriers.



GUEST LECTURE

RGCIRC organized a guest lecture on Wednesday, 09th November 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Prof. Dr. Rajiv Gupta, Faculty – BITS, Pilani delivered a lecture on Quality in Healthcare. The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Non-Medical Staff, Staff Nurses and other staff members.

NURSICON 2022

Nurses have emerged as active contributors and innovators in the healthcare sector. For a long time, nursing meant bed-side care but in the changed scenario, nursing is not just about bed-side care but a lot more.

RGCIRC Nursing fraternity lead by Lt. Col. Madhumita Dhall, Director of Nursing organized 1st International and 9th National Nursing Conference on 11th and 12th November 2022 at Hotel Crowne Plaza, Rohini, Delhi based on the theme “Many Voices, One Mission: Unfolding New Horizons in Cancer Care”.



NURSICON stands out in the country as one of the largest conferences dedicated to nursing care for oncology patients. Lt. Col. Madhumita Dhall welcomed the gathering and the conference was inaugurated by Ms Anjana Dhall, President Delhi Nursing Council in the presence of Mr. D. S. Negi, CEO RGCIRC, Dr. Gauri Kapoor, Medical Director, RGCIRC, Niti Bagh and Dr. Pinky Yadav, COO & MS.

Guest of honour Mrs. Anjana Dhall emphasised the importance of “Post Basic Diploma in Oncology Nursing” which will help to deliver high quality safe nursing care for oncology settings.

Foreign faculty drawn US, Singapore & Malaysia, besides representatives from all the leading hospitals in India including Tata Memorial (Kolkata & Mumbai), AIIMS and RML attended the conference. Nearly 300 nurses from all over India and abroad actively participated in all activities of the event.

Different aspects of nursing related scientific sessions were covered by the faculties of national and international level by direct interaction and virtual session. There were also activities like Panel discussion by experts on “Current Trends, Challenges and Opportunities in Oncology Nursing” and Nurse lead workstations on Line care and stoma care, which added more value to the event.

There were also competitions on abstract presentation and posters which made the conference more fruitful. The winners were awarded in the conference.

NURSICON 2022 acted as a platform for knowledge dissimulation amongst the nursing community and motivate them to build a career in Oncology Nursing. There was a cultural program organised on 2nd day of the conference by RGCIRC nurses, showcasing their extracurricular talents.

PHOCON

Annual Conference of the Paediatric Haematology Oncology (PHO) chapter of Indian Academy of Paediatrics (PHOCON 2022) has been organised by AIIMS, New Delhi from 18th to 20th November 2022.

This conference was special as it represented the 25th Anniversary of the conference, a much-awaited occasion after the prolonged pandemic.

Highlights of the conference were pre-conference workshops, session for practicing paediatricians, plenary lectures, debates, award paper sessions, quiz for fellows, dedicated sessions for nurses, besides talks and panel discussions.

There was a dedicated Nursing workshop for Paediatric oncology nurses coordinated by Dr Amita Mahajan. The same included variety of scientific session, workstations and abstract competition for nurses in the form of posters.

The workstations were on Line care, Chemotherapy drugs used in paediatrics and Pediatric oncology procedures. The Line care work station was headed by Dr Shalini Mishra, Ms Robina Massey and team.

RGCIRC Paediatric Hemato - Oncology Ward Incharge, Ms Preeti Dabas won second prize for “Chemotherapy flash cards: A tool for reflection practice for nurses in an LMIC setting” and Ms Vincy George, Paediatric Hemato - Oncology ward Incharge won third prize “Chemotherapy competencies for paediatric oncology nurses: Standardizing assessment in a single centre in India” for poster competition.



ANNUAL CME OF MORADABAD OBS & GYNE SOCIETY

RGCIRC participated in Annual CME of Moradabad Obs & Gyne Society on Sunday, 20th November 2022 at Moradabad, UP. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Comprehensive Care in Cervix Cancer.



6TH ACADEMIC LECTURE SERIES

RGCIRC organized lecture on Wednesday, 30th November 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Dr. Andre Dekker, delivered a lecture on Artificial Intelligence and Machine Learning for Clinicians – The Next Frontier of Precision Oncology and Dr. A. A. Miller spoke on Every Clinician Can Be A Data Scientist – Tips & Tricks to Think Like One. The lectures were attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Staff Nurses and other staff members.



MICNM CONVOCATION

Dr. Manoj Gupta, Sr. Consultant, Nuclear Medicine Department has been elected as a Member of the Indian College of Nuclear Medicine (MICNM) during the convocation proceedings at the 54th Annual Meeting of the Society of Nuclear Medicine India (SNMICON'22), AIIMS, Delhi on 8th – 11th December 2022.



63RD ANNUAL CONFERENCE - DELHI MEDICAL ASSOCIATION (DMA)

RGCIRC participated in 63rd Annual Conference (MEDICON 2022) of Delhi Medical Association (DMA) on Sunday, 18th December 2022 at Hotel The Ashok, Chanakyapuri, New Delhi. Dr. Vineet Talwar, Director – Medical Oncology delivered a lecture on Your Environment & Cancer, Dr. Mudit Agarwal, Sr. Consultant – Head & Neck Surgical Oncology spoke on Role of Robotic Surgery in Thyroid Cancer Management and Dr. Jaskaran Singh Sethi, Sr. Consultant & Chief of GI, HPB & Pediatric Radiation Oncology Services spoke on Recent Advancements of Radiation in GI Cancer.



15TH CHEMOPORT TRAINING PROGRAMME

Department of Surgical Oncology, RGCIRC successfully organized the 15th training course in Chemoport Insertion on 19th December – 20th December 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique.

It entailed interactive session by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman's Catheter Insertion, Pediatric Port, Arm Port, Peritoneal Port Insertion and snaring of fractured Port catheter. The course was highly gratifying and we received an excellent feedback.



7TH ACADEMIC LECTURE SERIES

RGCIRC organized a lecture on Wednesday, 21st December 2022 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Dr. Girish Tyagi, Registrar cum Secretary, Delhi Medical Council delivered a lecture on How to Minimize and Handle Litigations.

The speaker highlighted the importance of good communication with patient, proper documentation procedures, maintenance of safe medical records and ways to safe guard against medico legal negligence. The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Staff Nurses and other staff members.



CANCER AWARENESS AND SCREENING CAMPS

Cancer screening camp in association with Tanisa Foundation at Community Centre, Sikander Pur Village, Gurugram on Saturday, 1st October 2022.

Cancer screening camp in association with Shri Bhagwat Prachar Samiti (Regd.) at Kamla Nagar, Delhi on Sunday, 2nd October 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Ltd. at Jahangir Puri, Delhi on Thursday, 6th October 2022.

Cancer awareness talk in association with Corporate Ocean Network on Thursday, 06th October 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Breast Cancer Awareness.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Sultan Puri, Delhi on Saturday, 8th October 2022.

Cancer screening camp in association with Shri Sanatan Dharm Mandir Sabha Regd. at Vikas Puri, Delhi on Saturday, 8th October 2022.

Cancer awareness talk in association with Win Over Cancer Foundation on Saturday, 08th October 2022 through virtual platform. Dr. Harmeet Goel delivered a lecture on Cancer Awareness.

Cancer screening camp in association with Bhiwani Parivar Maitri Sangh at Apna Ghar Ashram, Pooth Khurd, Delhi on Monday, 10th October 2022.

Cancer screening camp in association with Air Force Wife Welfare Association at Indian Air Force Station on Tuesday, 11th October 2022.

Cancer awareness & screening camp at Deshbandhu College, Kalkaji, New Delhi on Tuesday, 11th October 2022. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Awareness & Prevention.

Cancer screening camp in association with Bhiwani Parivar Maitri Sangh at Apna Ghar Ashram, Pooth Khurd, Delhi on Wednesday, 12th October 2022.

Cancer awareness talk in association with Win Over Cancer Foundation at Training Hall, RGCIRC, Rohini, Delhi on Friday, 14th October 2022. Dr. Vaishali Zamre, Sr. Consultant – Breast Surgical Oncology delivered a lecture on Breast Cancer Awareness.

Cancer awareness talk in association with Pensioners & Retired Persons Association at Sanatan Dharm Mandir, Delhi on Friday, 14th October 2022. Dr. Vineet Talwar, Director – Medical Oncology delivered a lecture on Environment & Cancer.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Shahbad Dairy, Delhi on Saturday, 15th October 2022.

Cancer screening camp in association with Lions Club & Gram Panchayat of Khair Pur Village at Khair Pur Village, Jhajjar, Haryana on Sunday, 16th October 2022.

Cancer screening camp in association with Can Support NGO and Prayas NGO at Kirti Nagar, Delhi on Tuesday, 18th October 2022.

Cancer awareness & screening camp at 25 Wing Air Force Station, Rajokri, Delhi on Tuesday, 18th October 2022. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Awareness & Prevention.

Cancer awareness talks in association with Central Ware Housing Corporation & DXC Corporate on Thursday, 20th October 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology and Dr. Seema Singh, Consultant – Surgical Oncology delivered the lectures on in the said event.

Cancer screening camp in association with Vasant Kunj RWA at C - 9 Pocket, Vasant Kunj, New Delhi on Friday 21st October 2022.

Cancer awareness talk in association with DXC Corporate on Thursday, 27th October 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Screening.

Cancer screening camp in association with Khushii NGO at Malab Village, NUH District, Haryana on Friday, 28th October 2022.

Cancer awareness talk in association with DXC Corporate on Friday, 28th October 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Screening.

Cancer screening camp at Police Station, Budh Vihar, Delhi on Saturday, 29th October 2022.

Cancer awareness & screening camp in association with Mahavir International NGO at Asiad Village, Community Centre, New Delhi on Sunday, 30th October 2022.

Cancer awareness & screening camp in association with Mahavir International NGO at Asiad Village, Community Centre, New Delhi on Sunday, 30th October 2022.

Cancer awareness talk in association with Inner Wheel Club of Moradabad on Sunday, 30th October 2022 at Moradabad, UP. Dr. Manish Sharma, Consultant – Medical Oncology delivered a lecture on To Know More About Early Symptoms of Cancer in Women

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Mangol Puri, Delhi on Monday, 31st October 2022.

Cancer screening camp at South Extension – 1, New Delhi on Saturday, 05th November 2022.

Cancer Screening camp in association with Resident Welfare Association of Harsh Vihar at Harsh Vihar, Delhi on Sunday, 6th November 2022.

Cancer screening camp in association with Sarthak Prayas at Gurugram, Haryana on Monday, 7th November 2022.

Cancer awareness talk held at Kamla Nehru College, Sirifort Road, New Delhi on Wednesday, 09th November 2022. Dr. Seema Singh, Consultant – Surgical Oncology delivered a lecture on Cervical Cancer Awareness.

Cancer awareness talk at Delhi Skills Entrepreneurship University, Sirifort Road, New Delhi on Wednesday, 09th November 2022. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Awareness and Preventive Measures.

Cancer screening camp in association with Tata Power Delhi Distribution Ltd. at Sultan Puri, Delhi on Thursday, 10th November 2022.

Cancer screening camp at Krishi Bhawan, Ministry of Consumer Affairs, Rafi Marg, New Delhi on Thursday, 10th November 2022 .

Cancer screening camp in association with Tanisa Foundation & Nayi Disha NGO at Gurugram, Delhi on Friday, 11th November 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 12th November 2022.

Cancer screening camp at F - Block, Lal Kuan, MB Road, New Delhi on Sunday, 13th November 2022.

Cancer screening camp in association with Apollo Tyre Foundation at Sanjay Gandhi Transport Nagar, Delhi on Monday, 14th November 2022.

Cancer awareness talk at NCUI, Sirifort Institutional Area, Hauz Khas, New Delhi on Tuesday, 15th November 2022. Dr. Leena Dadhwal, Consultant – Surgical Oncology & Ms. Smriti Upadhyay, Clinical Nutritionist had delivered the awareness lectures.

Cancer screening camp in association with Park TPA Limited at Oriental Insurance Company Limited, Paschim Vihar, Delhi on Wednesday, 16th November 2022.

Cancer screening camp at NCUI , Sirifort Institutional Area, Hauz Khas, New Delhi on Wednesday, 16th November 2022.

Cancer awareness talk in association with Tata Power Delhi Distribution Limited at Sanjay Basti, Delhi on Friday, 18th November 2022. Dr. Indu Aggarwal, HOD – Preventive Oncology delivered a lecture on Cancer Awareness & Prevention.

Cancer awareness talk in association with Li & Fung India, Gurugram, Haryana on Friday, 18th November 2022 through virtual platform. Dr. Manish Sharma, Consultant - Medical Oncology delivered a lecture on General Awareness on Prostate Cancer.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Shahbad Dairy, Delhi on Saturday, 19th November 2022.

Cancer awareness talk in association with SERWA at Sarvodya Enclave, Delhi on Saturday, 19th November 2022. Dr. Manish Sharma, Consultant - Medical Oncology delivered a lecture on Early Signs of Prostate Cancer, Dr. Sunny Malik, Consultant In Charge, Dept. of Oncoanaesthesia, Pain and Palliative Medicine spoke on New Treatment Strategies for Knee Pain and Ms. Smriti Upadhyay, Clinical Nutritionist spoke on Nutritional Approach to Prevent Cancer Risk. The theme of the session was “Transforming Community By Enhancing Health”.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 19th November 2022.

Cancer screening camp at Sarvodya Enclave, New Delhi on Monday, 21st November 2022.

Cancer screening camp in association with Khushii NGO at NUH Village, Haryana on Tuesday, 22nd November 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Jahangir Puri, Delhi on Wednesday, 23rd November 2022.

Cancer awareness talk in association with Savills Corporate on Wednesday, 23rd November 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Breast Cancer Awareness.

Cancer screening camp in association with Prayas NGO at Pandav Nagar, Delhi on Friday, 25th November 2022.

Cancer awareness talk in association with Hitachi Lifts Corporate on Friday, 25th November 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Preventive Cancer Measures.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Mangol Puri, Delhi on Saturday, 26th November 2022.

Cancer awareness & screening camp at Sector - 15 A, Gautam Buddh Nagar, Noida on Monday, 28th November 2022. Ms. Smriti Upadhyay, Clinical Nutritionist delivered awareness lecture in the said event.

Cancer screening camp at Gurdwara Singh Sabha, Krishna Market, Lajpat Nagar, New Delhi on Tuesday 29th November 2022

Mega Health Camp at Supreme Court of India, New Delhi on Wednesday, 30th November 22.

Cancer screening camp in association with Apollo Tyre Foundation at Sanjay Gandhi Transport Nagar, Delhi on Thursday, 01st December 2022.

Cancer screening camp in association with Apollo Tyre Foundation at Sanjay Gandhi Transport Nagar, Delhi on Monday, 14th November 2022.

Cancer screening camp in association with Tanisa Foundation, DLF Foundation & Rotary Club at Gwal Pahari, Gurugram, Haryana on Friday, 02nd December 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Ltd. at Patrachar Colony, Delhi on Tuesday, 06th December 2022.

Cancer awareness & screening camp at Anand Parbat, Delhi on Tuesday, 06th December 2022. Dr. Seema Singh, Consultant – Surgical Oncology & Ms. Smriti Upadhyay, Clinical Nutritionist had delivered the awareness lectures in the said programme.

Cancer awareness talk in association with NIPUN NGO at Nihaal Vihar, Delhi on Wednesday, 7th December 2022. Dr. Indu Aggarwal, HOD – Preventive Oncology delivered a lecture on Cancer Awareness & Prevention.

Cancer awareness & screening camp at Sector – 5, Noida, UP on Thursday 08th December 2022. Dr. Manish Sharma, Consultant - Medical Oncology delivered a lecture on General Cancer Awareness.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 10th December 2022.

Cancer screening camp at Phase III, Mayur Vihar, Delhi on Sunday 11th December 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Sultan Puri, Delhi on Monday, 12th December 2022.

Cancer screening camp in association with Can Support NGO at Can Support Office, Gulmohar Park, Delhi on Wednesday, 14th December 2022.

Cancer awareness talk in association with NIPUN NGO at Meera Bagh, Delhi on Thursday, 15th December 2022. Dr. Indu Aggarwal, HOD – Preventive Oncology delivered a lecture on Cancer Awareness & Prevention.

RGCIRC organized cancer awareness talk in association with Olympus Medical Systems India (P). Ltd. Corporate on Thursday, 15th December 2022 on virtual platform. Dr. Seema Singh, Consultant – Surgical Oncology delivered a lecture on Breast Cancer Awareness.

Cancer screening camp in association with Prayas Health Services NGO at Kirti Nagar, Delhi on Friday, 16th December 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Jahangir Puri, Delhi on Saturday, 17th December 2022.

Cancer screening camp in association with Sankalp Cancer Care Foundation at Goyal Dairy, Najafgarh, Delhi on Sunday, 18th December 2022.

Cancer awareness talk in association with Li & Fung India, Gurugram, Haryana on Monday, 19th December 2022 on virtual platform. Dr. Manish Sharma, Consultant - Medical Oncology delivered a lecture on General Cancer Awareness.

Cancer screening camp in association with Khushii NGO on Thursday, 22nd December 2022 at Bhiwadi, Rajasthan.

Cancer awareness program in association with Tanisa Foundation at DLF Phase 5, Gurugram on Friday, 23rd December 2022. Dr. Harmeet Goel, delivered a lecture on Cancer Awareness & Prevention.

Cancer awareness talk in association with SOS (P). Ltd. Corporate on Saturday, 24th December 2022 through virtual platform. Dr. Leena Dadhwal, Consultant – Surgical Oncology delivered a lecture on Cancer Prevention & Measures.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Shahbad Dairy, Delhi on Saturday, 24th December 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 24th December 2022.

Cancer screening camp in association with Meri Pahal Foundation at Abhinav Public School, Pitampura, Delhi on Sunday, 25th December 2022.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Mangolpuri, Delhi on Monday, 26th December 2022.

Cancer screening camp in association with Tanisa Foundation, Adharshila & Rotary Club at Tigri Village, Delhi on Tuesday, 27th December 2022.

Cancer screening camp in association with Khushii NGO at NUH, Haryana on Wednesday, 28th December 2022.

Cancer screening camp at RWA, Dwarka, Sector – 13, Delhi on Friday, 30th December 2022.

Cancer screening camp in association with Park TPA Insurance Limited at Okaya Power Corporate Office, Peera Garhi, Delhi on Friday, 30th December 2022.



NEW DELHI
THURSDAY
NOVEMBER 03, 2022

RGCI completes preliminary trials for India's first surgical robot



Dr Sudhir K Rawal, medical director and chief, Genito Uro Oncology, RGCI, with the Make in India surgical robot PHOTO: HTCS

In a major step towards making India atmanirbhar in cutting edge healthcare technologies, the Rajiv Gandhi Cancer Institute and Research Centre (RGCI), Delhi, has successfully completed preliminary clinical trials for SSI Mantra, India's very own surgical robot. Ever since the launch, RGCI has been validating the effectiveness and feasibility of this robotic system under the guidance of Dr Sudhir Rawal, medical director at the centre and one of the pioneers of robotic surgery in India.

"Realising the Prime Minister's vision for developing cutting edge

technologies reflecting Indian realities, RGCI has been actively collaborating to develop the first Make in India surgical robot, which will bring down the cost of robotic surgery to one-third, making it far more affordable and accessible," says Dr Rawal.

Incorporating the feedback from RGCI, a refined version of the surgical robot, Mantra 2, was developed. After further modifications, Mantra 2 has been regularly used at RGCI in all complicated surgeries. The centre has already undertaken 40 surgeries with Mantra 2. On an average,

three surgeries are being performed every week. "A large number of leading hospitals and prospective buyers have been visiting RGCI to witness India's first surgical robot in action at one of the high-volume robotic set-up," adds Dr Rawal.

As India's foremost centre for advanced robotic surgeries, RGCI has undertaken the highest number of robotic surgeries in the country for cancer treatment. Dr Rawal has himself undertaken over 4,000 robotic surgeries, the highest by any cancer surgeon in the country.

Robotic surgery has revolutionised the world of minimally invasive surgery for cancer. It has unique advantages over traditional open surgeries as incision is very small, which causes lesser blood loss and pain, and a lower incidence of wound infection. These factors translate into a smooth and pain-free post-operative recovery and early discharge from the hospital.

Disclaimer: The veracity of any health claim made in the above article is the responsibility of the concerned doctor/hospital.

The Statesman

Breast Cancer: Morbidity minimizes with new treatment, reveal doctors

As the theme for this year is "Living Beyond Breast Cancer", doctors provide insight into how the treatment for breast cancer has seen a major shift over the years.

Sharbani Banerjee | New Delhi | Updated : October 20, 2022 12:58 pm

Breast Cancer Awareness: With a two percent increase every year, breast cancer cases are being reported in women as early as their 20s and 30s. Doctors attribute this increasing rate of breast cancer cases to a sedentary lifestyle in young girls and food choices.

As October is observed as Breast Cancer Awareness month, doctors underline, "Early detection is the only key to prevention". Besides, leading a healthy lifestyle and maintaining an ideal body weight are some vital factors that must be followed.

As the theme for this year is "Living Beyond Breast Cancer", doctors provide insight into how the treatment for breast cancer has seen a major shift over the years.

Line of Treatment

Talking about the treatment of the disease, Dr. P K Julka, Principal Director, Medical Oncology, Max Institute of Cancer Care said, "Treatment for breast cancer patients has seen a paradigm shift from the initial times. In the late 70s, the entire infected breast was surgically removed. With advancements in cancer treatment, both surgical and medication were used for breast cancer patients."

Dr. Julka further said, "Medications at that time used to arrive from countries abroad to now when the majority of drugs are being produced in India. This has significantly reduced the waiting time as well as the cost of treatment. Owing to the availability of better diagnostics pushed by greater awareness, we have started seeing breast cancer patients in their early stages. These advances have significantly improved the chances of survivors."

Adding to this, Dr. Harit Chaturvedi, Chairman, of the Max Institute of Cancer Care said, "Early diagnosis of any disease, especially cancer, is the key to better treatment and faster recovery in patients. It also leaves doctors with a greater scope to treat the patient to become nearly completely disease-free. We are hopeful that in the near future, tiny lesions may not require any surgical intervention. This will mean lesser disfiguration and minimum requirement for any cosmetic/plastic surgeries as well".

Dr. Rajeev Kumar, Sr. Consultant & Chief of Breast Surgical Oncology, Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC) said, "With the help of advanced oncoplastic surgeries, all breasts can be conserved or reconstructed. Even in the case of large lumps, breasts can be saved as the size of the lumps can be reduced with the help of chemotherapy."



Photo: iStock

Dr. Kumar further said, "New techniques of radiation have made it easier to treat breast cancer. Now with the help of new techniques such as IMRT, IGRT, and APBI we can hit the target (tumor) precisely and at the same time save the normal surrounding tissues so that there is minimum morbidity and maximum effect." "With new treatment methodologies, morbidity has been minimized and the quality of life has increased. A woman is discharged the very next day of breast cancer surgery and resumes her normal work routine within a few days," he added.

According to Dr. Saphalta Baghmar, Senior Consultant, Dept. of Medical Oncology, Amrita Hospital, "Breast self-examination is even more important now with increasing incidence of breast cancer. If incidences of male and female cancers are combined, breast cancer accounts for the highest number. This is due to increasing urbanization and risk factors such as eating junk food, obesity, and sedentary lifestyle."

Dr. Sunny Jain, HOD and Sr Consultant Oncology Marengo QRG Hospital, Faridabad said, "Treatment of breast cancer has been tailored to the genetic level, we are identifying the mutations in the genes of the patient and are targeting the genetic pathways. We have come a long way in hereditary breast cancer and have been able to target the BRACA1 and BRACA2 genes causing the same. Treatment is individualised, relevant, and backed by research and evidence. We don't have a standard approach for every breast cancer patient. We are using targeted therapy which is directed towards a particular gene or pathway which is responsible for the disease."

<https://www.thestatesman.com/lifestyle/health/breast-cancer-morbidity-minimizes-with-new-treatment-reveal-doctors-1503123201.html>



Early surveillance of breast cancer a must in high risk people: RGCIRC

By **EH News Bureau**-On **Oct 28, 2022**

October is celebrated as Breast Cancer Awareness Month

Children with family history of breast cancer could be at higher risk of developing breast or ovarian cancer. Early surveillance of such people and investigations are a must to rule out the cancer at an early stage and take remedial measures, said Dr Rajeev Kumar, Sr. Consultant & Chief of Breast Surgical Oncology, Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC). October is celebrated as Breast Cancer Awareness Month.

It has been observed that 5 per cent of breast cancer incidence is genetic and is transmitted from the parents, both mother and father to the children through a gene called BRCA gene placed on the 'X' chromosome. Children born with the BRCA gene have a 10 times greater chance of developing breast and/or ovarian cancer in their lifetime.

All the high risk people i.e. those with family history of breast cancer should undergo BRCA gene testing which is now widely available at major cancer care centres and has become affordable.

Breast and ovarian cancers are the two most common cancers in BRCA positive women. It is advisable to go for removal of ovary and fallopian tubes and undergo prophylactic mastectomy i.e. removal of breasts with reconstruction after the family is complete in case of BRCA positive women.

RGCIRC has undertaken BRCA testing for over 700 women so far. As many as 25 per cent of the patients were found to be BRCA positive. In about 100 cases ovaries were removed and 30 women have undergone prophylactic mastectomy with reconstruction of breasts. That makes RGCIRC one of the major centres where so many prophylactic surgeries have been carried out.

Breast cancer can be easily detected through mammograms or even through self-breast examination. Unfortunately ovarian cancer presents itself in an advanced stage so it is advised to remove the ovaries after the family is complete in BRCA positive women. Therefore it is recommended that those who are BRCA positive should be under regular surveillance under an expert.

However in cases where it is not genetic, the trend today is "Breasts Big or Small – Save them all". With the help of recent



advancements and oncoplastic surgeries all breasts can be conserved or reconstructed. Even in case of large lumps, breasts can be saved as the size of the lumps can be reduced with the help of chemotherapy.

With new treatment methodologies, morbidity has been minimized and the quality of life has gone up. A woman is discharged the very next day of breast cancer surgery and resumes normal work routine within a few days, added Dr Rajeev Kumar.

It may be noted that every lump in the breast is not a cancer. Generally only 30-40 per cent of lumps in the breast are cancerous, the rest are not. Even if a lump is cancerous, that is not a dead-end and can be cured.

Blindly aping western lifestyles, late marriages, late child birth or no child birth, avoidance of breast feeding etc have led to significant increase in breast cancer cases, said Dr Rajeev Kumar.

Breast cancer is common in India and generally one in eight women get afflicted with breast cancer.

Common symptoms that patients of breast cancer present themselves with are painless breast lump, blood stained nipple discharge, nipple retraction and lump in the underarm or armpit.

<https://www.expresshealthcare.in/news/early-surveillance-of-breast-cancer-a-must-in-high-risk-people-rgcirc/436797/>

New book raises affordability concerns of chemotherapy drugs in cancer treatment

One of the reasons attributed to the high cost of the new chemotherapy drugs is the intellectual property protection a new drug enjoys. At the same time without such patent protection, it is unlikely that the drug companies would be in a position to invest the very large amounts required in developing newer cancer treatments: Dr Swaminathan.

ETHealthWorld | December 23, 2022, 11:40 IST

A new book titled 'Impact of patents on chemotherapy drugs in the treatment of cancer' has brought to the fore the concern relating to the affordability of chemotherapy drugs used in the treatment of cancer. The book, in two volumes, has been compiled and edited by Dr KV Swaminathan, Former Controller General, Patents, Designs & Trademarks and Past Chairman, Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC). Besides an overview of cancer and intellectual property rights (IPR) issues, the book profiles major pharma companies and chemotherapy drugs, patent status abroad and in India, and areas of interest from India's point of view.

"The book discusses an important yet not very widely understood complex area. Research is expensive. Cost of which has to be recovered in the form of the price of the drug. But that takes it beyond a vast majority of our people leading to a lot of acrimony and dispute. Dr Swaminathan has beautifully combined his knowledge of intellectual property rights (IPR) and cancer treatment methodologies," said Rakesh Chopra, Chairman, RGCIRC while releasing the book.

The book is immensely relevant to the medical fraternity. Cancer has been a dreaded word and chemotherapy with its side effects has been adding to the dread quotient. With the introduction of newer medicines and innovations, the toxicity levels of chemotherapy have come down and people can withstand the adverse effects very well. Newer developments such as targeted therapy, immunotherapy, and precision therapies have come much to the betterment of the patients. However, the development of new drugs for which pharma companies invest billions of dollars makes affordability an important issue, said DS Negi, CEO, RGCIRC.

On the occasion, Dr Swaminathan said, "Rapid advances that have taken place in the field of chemotherapy have made this mode of treatment all the more important. The survival rates after detection have improved significantly. However, there are still problems with the affordability of newer drugs for a common cancer patient. One of the reasons attributed to the high cost of the new chemotherapy drugs is the intellectual property



protection a new drug enjoys. At the same time without such patent protection, it is unlikely that the drug companies would be in a position to invest the very large amounts required in developing newer cancer treatments. Many countries in the world, as well as several multilateral organisations, have examined this problem and come to some understanding in the matter of restraining the use of patents to ensure fair accessibility and affordability".

Dr Vineet Talwar, Director, Medical Oncology, RGCIRC who introduced the book stated the book makes a case for making chemotherapy drugs affordable in India. Patents make the drugs frightfully expensive and that has a lot of implications for a price-sensitive market like India with health insurance coverage of merely 10 per cent. Either one shells out a large amount of money or is bereft of the benefits of new drugs. Intellectual property rights need to be tweaked in a developing country such as India to make the drugs affordable for a wide set of patients, Dr Talwar added.

<https://health.economicstimes.indiatimes.com/news/industry/new-book-raises-affordability-concerns-of-chemotherapy-drugs-in-cancer-treatment/96445512>

पंजाब केसरी

Punjab Kesari | New Delhi | 21 Dec 2022

कीमोथेरेपी की दवाओं को बनाएं किफायती, मरीजों का होगा फायदा

नई दिल्ली, (पंजाब केसरी) : 'इंपैक्ट ऑफ पेटेन्ट्स ऑन कीमोथेरेपी ड्रग्स इन द ट्रीटमेंट ऑफ कैंसर' के नाम से प्रकाशित पुस्तक में कैंसर के इलाज में प्रयोग होने वाली कीमोथेरेपी की दवाओं की ज्यादा कीमत पर चिंता जताई गई है। दो संस्करण में छपी इस पुस्तक को पूर्व महानिदेशक (पेटेंट्स, डिजाइन एंड ट्रेडमार्क) तथा राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के पूर्व चेयरमैन डॉ केवी स्वामीनाथन ने संकलित एवं संपादित किया है। कैंसर एवं इंटेलेक्चुअल प्रॉपर्टी राइट्स (आईपीआर) से जुड़े मसलों पर चर्चा के अलावा पुस्तक में बड़ी फार्मा कंपनियों एवं कीमोथेरेपी की दवाओं, भारत व विदेश में पेटेंट की स्थिति और भारत के लिहाज से अहम बिंदुओं पर भी चर्चा की गई है। आरजीसीआई के चेयरमैन राकेश चोपड़ा ने पुस्तक के विमोचन पर कहा, 'किताब में बहुत महत्वपूर्ण लेकिन बहुत कम चर्चा में रहे विषय को उठाया गया है।'

राष्ट्रीय सहारा

Rashtriya Sahara | 28 Oct 2022

पैलिपेटिव केयर के महत्व के प्रति जागरूकता जरूरी : आरजीसीआई

नई दिल्ली (एसएनबी)। कैंसर जैसी बीमारी के इलाज का मतलब केवल दवा, रेडिएशन और सर्जरी तक ही नहीं है, बल्कि मरीज को होने वाले दर्द को कम करना तथा उसके सामाजिक, आध्यात्मिक एवं मानसिक प्रभावों को नियंत्रित करना भी इसका हिस्सा है। ये सभी पैलिपेटिव केयर के अंतर्गत आने वाली गतिविधियाँ हैं। पैलिपेटिव केयर के महत्व के प्रति जागरूकता के लिए राजीव गांधी कैंसर इंस्टीट्यूट (आरजीसीआई) में कैंसर के इलाज के दौरान हीलिंग हाट्स एंड कम्युनिटीज को व्यापक लक्ष्य के रूप में स्वीकारने का संदेश दिया गया। इस अवसर पर करीब 200 मरीजों, केयरगिवर्स, डॉक्टरों और पैरामेडिकल स्टाफ ने हिस्सा लिया। आरजीसीआई में पेन एंड पैलिपेटिव केयर के डॉ. किशुकी जैन ने कहा कि विगत वर्षों में पैलिपेटिव केयर के क्षेत्र में हुई प्रगति से कैंसर जैसी गंभीर बीमारी से जूझ रहे मरीजों के जीवन की गुणवत्ता में व्यापक सुधार आया है। अब चुनौतियाँ एवं अनिश्चितताओं के बावजूद कैंसर के इलाज और इसके बाद की देखभाल का संबंध दर्द से नहीं बल्कि गुणवत्तापूर्ण जीवन से जोड़ना है। कार्यक्रम में मरीजों और उनके केयरगिवर्स के अनुभव एवं उनकी भावनात्मक कहानियाँ व उन पलों को दर्शाती कविताएँ अहम आकर्षण रही।

पायनियर

Pioneer | 28 Oct 2022

पैलिपेटिव केयर के महत्व के प्रति जागरूकता जरूरी

पायनियर समाचार सेवा। फरीदाबाद

कैंसर जैसी बीमारी के इलाज का मतलब केवल दवा, रेडिएशन और सर्जरी तक ही नहीं है, बल्कि मरीज को होने वाले दर्द को कम करना तथा उसके सामाजिक, आध्यात्मिक एवं मानसिक प्रभावों को नियंत्रित करना भी इसका हिस्सा है। ये सभी पैलिपेटिव केयर के अंतर्गत आने वाली गतिविधियाँ हैं।

हाल ही में पैलिपेटिव केयर के महत्व के प्रति जागरूकता के लिए आरजीसीआई में कैंसर के इलाज के दौरान हीलिंग हाट्स एंड कम्युनिटीज को व्यापक लक्ष्य के रूप में स्वीकारने का संदेश दिया गया। इस अवसर पर करीब 200 मरीजों, केयरगिवर्स, डॉक्टरों और पैरामेडिकल स्टाफ ने हिस्सा लिया। डॉ. किशुकी जैन, कन्सल्टेंट पेन एंड पैलिपेटिव केयर, राजीव गांधी कैंसर इंस्टीट्यूट एवं रिसर्च सेंटर ने कहा, 'विगत वर्षों में पैलिपेटिव केयर के क्षेत्र में हुई प्रगति से कैंसर जैसी गंभीर बीमारी से जूझ रहे मरीजों के जीवन की गुणवत्ता में



व्यापक सुधार आया है। अब चुनौतियाँ एवं अनिश्चितताओं के बावजूद कैंसर के इलाज और इसके बाद की देखभाल का संबंध दर्द से नहीं बल्कि गुणवत्तापूर्ण जीवन से जोड़ना है।

इस दौरान डॉ. उल्लास बत्रा ने कम्युनिकेशन स्किल और डॉ. ए.के. दीवान ने 'एंड ऑफ लाइफ केयर' पर सत्रों को संबोधित किया। डॉ. किशुकी जैन ने पैलिपेटिव केयर को लेकर व्यापक जानकारी दी, जिसमें इस संबंध में फैले भ्रम को दूर करने का प्रयास किया गया। कार्यक्रम में मरीजों और उनके केयरगिवर्स के अनुभव एवं उनकी भावनात्मक कहानियाँ व उन पलों को दर्शाती कविताएँ अहम आकर्षण रही।

नवोदय टाइम्स

Navodaya Times | 28 Oct 2022

हर 8 में एक महिला स्तन कैंसर से प्रभावित : डॉ.राजीव

नोएडा, 27 अक्टूबर (नवोदय टाइम्स) : जिन परिवारों में किसी को स्तन कैंसर हुआ हो, वहाँ अगली पीढ़ी में भी स्तन कैंसर या गर्भाशय के कैंसर का खतरा रहता है। ऐसे लोगों में निगरानी रखना और समय पर जांच बहुत जरूरी है, ताकि शुरुआती स्तर पर ही कैंसर का पता लगाकर जरूरी कदम उठाये जा सकें। अक्टूबर को स्तन कैंसर जागरूकता माह के रूप में मनाया जाता है। यह कहना था राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के सीनियर कंसल्टेंट एवं ब्रेस्ट सर्जिकल ऑनकोलॉजी के प्रमुख डॉ.राजीव कुमार का। डॉ.राजीव कुमार का कहना है कि देखा गया है कि स्तन कैंसर के 5 प्रतिशत मामले जेनेटिक होते हैं और अभिभावकों से बच्चों में पहुँचते हैं। स्तन कैंसर भारत में बहुत आम हो गया है। प्रायः आठ में एक महिला स्तन कैंसर से प्रभावित है। बिना दर्द वाली गाँठ होना, निपल खून आना, निपल का अंदर की ओर धंसना और बाहों के नीचे गाँठ होना स्तन कैंसर के आम लक्षणों में शुमार हैं। इलाज के नए तरीकों से स्तन कैंसर के मामले में जान जाने की आशंका बहुत कम हुई है और जीवन का स्तर सुधरा है। स्तन कैंसर सर्जरी के अगले दिन ही महिला को डिस्चार्ज कर दिया जाता है और वह कुछ ही दिन में सामान्य तरीके से जीवन जीने में सक्षम हो जाती है। यह भी ध्यान देने की आवश्यकता है कि स्तन में होने वाली हर गाँठ कैंसर नहीं होती है। 30 से 40 प्रतिशत गाँठें ही कैंसरकार होती हैं।

पंजाब केसरी

Punjab Kesari | 28 Oct 2022

'पैलिपेटिव केयर के महत्व के प्रति जागरूकता जरूरी'

नई दिल्ली, (पंजाब केसरी) : कैंसर जैसी बीमारी के इलाज का मतलब केवल दवा, रेडिएशन और सर्जरी तक ही नहीं है, बल्कि मरीज को होने वाले दर्द को कम करना तथा उसके सामाजिक, आध्यात्मिक एवं मानसिक प्रभावों को नियंत्रित करना भी इसका हिस्सा है। ये सभी पैलिपेटिव केयर के अंतर्गत आने वाली गतिविधियाँ हैं। हाल ही में पैलिपेटिव केयर के महत्व के प्रति जागरूकता के लिए आरजीसीआई में कैंसर के इलाज के दौरान हीलिंग हाट्स एंड कम्युनिटीज को व्यापक लक्ष्य के रूप में स्वीकारने का संदेश दिया गया। इस अवसर पर करीब 200 मरीजों, केयरगिवर्स, डॉक्टरों और पैरामेडिकल स्टाफ ने हिस्सा लिया। डॉ. किशुकी जैन, कन्सल्टेंट पेन एंड पैलिपेटिव केयर, राजीव गांधी कैंसर इंस्टीट्यूट एवं रिसर्च सेंटर ने कहा, 'विगत वर्षों में पैलिपेटिव केयर के क्षेत्र में हुई प्रगति से कैंसर जैसी गंभीर बीमारी से जूझ रहे मरीजों के जीवन की गुणवत्ता में व्यापक सुधार आया है।

हाई रिस्क वाले लोगों में स्तन कैंसर की समय पर जांच जरूरी

■ नई दिल्ली (एसएनबी)।

राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के सीनियर कंसल्टेंट एवं ब्रेस्ट सर्जिकल ऑन्कोलॉजी के प्रमुख डॉ. राजीव कुमार ने कहा कि जिन परिवारों में किसी को स्तन कैंसर हुआ हो, वहां अगली पीढ़ी में भी स्तन कैंसर या गर्भाशय के कैंसर का खतरा रहता है। ऐसे लोगों में निगरानी रखना और समय पर जांच बहुत जरूरी है ताकि शुरुआती स्तर पर ही कैंसर का पता लगाकर जरूरी कदम उठाया जा सके। अक्टूबर को स्तन कैंसर जागरूकता माह के रूप में मनाया जाता है।

देखा गया है कि स्तन कैंसर के 5 प्रतिशत मामले जेनेटिक होते हैं और अभिभावकों से बच्चों में पहुंचते हैं। माता और पिता दोनों से। बीआरसीए जीन के



माध्यम से बच्चों में यह कैंसर पहुंच सकता है। यह जीन एक्स क्रोमोसोम पर होता है। जिन महिलाओं में बीआरसीए जीन होता है, उनमें आगे चलकर स्तन या गर्भाशय कैंसर होने का खतरा 10 गुना ज्यादा रहता है। सभी हाई रिस्क वाले लोगों को बीआरसीए जीन टेस्टिंग करानी चाहिए जो कि किफायती दरों पर उपलब्ध है। जिनके परिवार में किसी को स्तन कैंसर हो चुका है, उन्हें हाई रिस्क माना जाता है।

सार सुर्खियां

हाई रिस्क वाले लोगों में स्तन कैंसर की समय पर जांच जरूरी : आरजीसीआई

नई दिल्ली। राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के सीनियर कंसल्टेंट एवं ब्रेस्ट सर्जिकल ऑन्कोलॉजी के प्रमुख डॉ.

राजीव कुमार ने कहा कि जिन परिवारों में किसी को स्तन कैंसर हुआ हो, वहां अगली पीढ़ी में भी स्तन कैंसर या गर्भाशय के कैंसर का खतरा रहता है। ऐसे लोगों में निगरानी रखना और समय पर जांच बहुत जरूरी है, ताकि शुरुआती स्तर पर ही कैंसर का पता लगाकर जरूरी कदम उठाया जा सके। अक्टूबर को स्तन कैंसर जागरूकता माह के रूप में मनाया जाता है। देखा गया है कि स्तन कैंसर के 5 प्रतिशत मामले जेनेटिक होते हैं और अभिभावकों से बच्चों में पहुंचते हैं। माता और पिता दोनों से बीआरसीए जीन के माध्यम से बच्चों में यह कैंसर पहुंच सकता है। यह जीन एक्स क्रोमोसोम पर होता है। जिन महिलाओं में बीआरसीए जीन होता है, उनमें आगे चलकर स्तन या गर्भाशय कैंसर होने का खतरा 10 गुना ज्यादा रहता है।



आरजीसीआई ने किया नर्सिकॉन 2022 का आयोजन

नई दिल्ली। (एसएनबी)। राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के नर्सिंग विभाग ने शनिवार को अपने नौवें नर्सिंग कॉन्फ्रेंस नर्सिकॉन 2022 का आयोजन अंतरराष्ट्रीय फॉर्मेट के अनुरूप किया। इसमें टाटा मेमोरियल, एम्स और आरएमएल अस्पताल समेत देश के विभिन्न अग्रणी अस्पतालों के प्रतिनिधियों के साथ अमेरिका, मलेशिया व मालदीव के अस्पतालों से भी प्रतिनिधियों ने हिस्सा लिया।

आरजीसीआई की नर्सिंग डायरेक्टर लेफ्टिनेंट कर्नल मधुमिता ढल ने कहा, 'नर्सिकॉन देश में कैंसर के इलाज में नर्सिंग केयर की जरूरत को समर्पित सबसे बड़े कॉन्फ्रेंस में से है। वैश्विक स्तर पर कैंसर, स्वास्थ्य व्यवस्थाओं के लिए बड़ी चुनौती बनकर सामने आ रहा है। कैंसर के मरीजों की देखभाल के लिए इलाज के विभिन्न तरीकों को लेकर अच्छी तरह से प्रशिक्षित नर्सों की आवश्यकता होती है। दुनियाभर में कैंसर केयर के लिए प्रशिक्षित नर्सों की कमी है जबकि बेहतर कैंसर केयर के लिए दक्ष नर्सों की उपलब्धता बहुत आवश्यक है।' उन्होंने कहा कि जानकारी साझा करने और एक-दूसरे का सहयोग करते हुए ही हम कैंसर के इलाज की जटिलताओं का सामना कर सकते हैं। नर्सिकॉन इसी का माध्यम है।

अंतरराष्ट्रीय फॉर्मेट पर हुआ नर्सिकॉन 2022 का आयोजन

कैंसर केयर की बढ़ती जरूरतों के लिए नर्सों में नया कौशल जरूरी : आरजीसीआई

नई दिल्ली/ अमृत इंडिया।

राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के नर्सिंग विभाग ने आज अपने नौवें नर्सिंग कॉन्फ्रेंस नर्सिकॉन 2022 का आयोजन अंतरराष्ट्रीय फॉर्मेट के अनुरूप किया। इसमें टाटा मेमोरियल, एम्स और आरएमएल अस्पताल समेत भारत के विभिन्न अग्रणी अस्पतालों के प्रतिनिधियों के साथ ही अमेरिका एवं मलेशिया के अस्पतालों से भी प्रतिनिधियों ने हिस्सा लिया।

आरजीसीआई की नर्सिंग डायरेक्टर लेफ्टिनेंट कर्नल मधुमिता ढल ने कहा, 'नर्सिकॉन देश में कैंसर के इलाज में नर्सिंग केयर की जरूरत को समर्पित सबसे बड़े कॉन्फ्रेंस में से है। वैश्विक स्तर पर कैंसर, स्वास्थ्य व्यवस्थाओं के लिए बड़ी चुनौती बनकर सामने आ रहा है। दुनियाभर में कैंसर केयर के लिए



प्रशिक्षित नर्सों की कमी है, जबकि बेहतर कैंसर केयर के लिए दक्ष नर्सों की उपलब्धता बहुत आवश्यक है।' नर्सिकॉन नर्सिंग समुदाय के बीच इलाज के विभिन्न तरीकों से जुड़ी जानकारी, कैंसर केयर के नए तरीकों और ऑन्कोलॉजी में करियर बनाने के लिए जरूरी कौशल से संबंधित जानकारी को साझा करने का अच्छा मंच बनकर उभरा है। पिछले संस्करणों की तरह इस साल भी नर्सिकॉन में देशभर से नर्सों ने हिस्सा लिया। मालदीव से नौ नर्सों ने भी कार्यक्रम में हिस्सा

लिया। मधुमिता ढल ने आगे कहा, 'जानकारी साझा करने और एक-दूसरे का सहयोग करते हुए ही हम कैंसर के इलाज की जटिलताओं का सामना कर सकते हैं। नर्सिकॉन इसी का माध्यम है।' आरजीसीआई के सीईओ श्री डीएस नेगी ने कहा, 'कैंसर केयर में भूमिका को देखते हुए आरजीसीआई नर्सिंग स्टाफ को सशक्त करने के मामले में अग्रणी है। अभी हमारे पास 700 से ज्यादा नर्स हैं, जिन्होंने ऑन्कोलॉजी केयर के लिए विशेषरूप से प्रशिक्षण लिया है।

दैनिक जागरण

Dainik Jagran | 14 Nov 2022

राष्ट्रीय सहारा

Rashtriya Sahara | New Delhi | 21 Dec 2022

कैंसर केयर में दक्ष नर्सों की उपलब्धता आवश्यक : ढल

जागरण संग्रहदाता, बाहरी दिल्ली : रोहिणी के राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर



मधुमिता ढल

(आरजीसीआई) के नर्सिंग विभाग की ओर से नर्सिंग कान्फ्रेंस नर्सिकान 2022 का आयोजन किया गया। इस आयोजन में टाटा मेमोरियल, एम्स और आरएमएल अस्पताल समेत भारत के विभिन्न अग्रणी अस्पतालों के प्रतिनिधियों के अलावा अमेरिका एवं मलेशिया के अस्पतालों से भी प्रतिनिधियों ने हिस्सा लिया।

इस अवसर पर आरजीसीआई की नर्सिंग डायरेक्टर लेफ्टिनेंट कर्नल मधुमिता ढल ने कहा कि वैश्विक स्तर पर कैंसर, स्वास्थ्य व्यवस्थाओं के लिए बड़ी चुनौती बनकर सामने आ रहा है।

कैंसर के मरीजों की देखभाल के लिए इलाज के विभिन्न तरीकों को लेकर अच्छी तरह से प्रशिक्षित नर्सों की आवश्यकता होती है।

- आरजीसीआई में नर्सिंग कान्फ्रेंस नर्सिकान 2022 का आयोजन
- कार्यक्रम में मेरिका सहित कई देशों के प्रतिनिधियों ने लिया हिस्सा

दुनियाभर में कैंसर केयर के लिए प्रशिक्षित नर्सों की कमी है, जबकि बेहतर कैंसर केयर के लिए दक्ष नर्सों की उपलब्धता बहुत आवश्यक है। उन्होंने बताया कि नर्सिकान नर्सिंग समुदाय के बीच इलाज के विभिन्न तरीकों से जुड़ी जानकारी, कैंसर केयर के नए तरीकों और ऑनकोलाजी में करियर बनाने के लिए जरूरी कौशल से संबंधित जानकारी को साझा करने का अच्छा मंच बनकर उभरा है। जिस तरह तेजी से स्वास्थ्य सेवा क्षेत्र का परिवर्तन बदल रहा है, उसे देखते हुए नर्सिंग समुदाय के सहयोग से ही हाई-टेक एवं डिजिटल सेवाओं को सब तक पहुंचाया जा सकता है। इस मौके पर आरजीसीआई के सीईओ डॉ. एस. नेगी ने कहा कि कैंसर केयर में भूमिका को देखते हुए नर्सिंग स्टाफ को सशक्त बनाने पर जोर दिया जाना जरूरी है।

कीमोथेरेपी की दवाओं को किफायती बनाने पर जोर

■ सहारा न्यूज ब्यूरो नई दिल्ली।

इंपैक्ट ऑफ पेटेंट्स ऑन कीमोथेरेपी ड्रग्स इन द ट्रीटमेंट ऑफ कैंसर के नाम से प्रकाशित पुस्तक में कैंसर के इलाज में प्रयोग होने वाली कीमोथेरेपी की दवाओं की ज्यादा कीमत पर चिंता जताई गई है। दो संस्करण में छपी इस पुस्तक को पूर्व महानिदेशक (पेटेंट्स, डिजाइन एंड ट्रेडमार्क) तथा राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के पूर्व चेयरमैन डा. के.वी. स्वामीनाथन ने संकलित एवं संपादित किया है।

कैंसर एवं इंटेलिक्चुअल प्रॉपर्टी राइट्स (आईपीआर) से जुड़े मसलों पर चर्चा के अलावा पुस्तक में बड़ी फार्मा कंपनियों एवं कीमोथेरेपी की दवाओं, भारत व विदेश में पेटेंट की स्थिति और भारत के लिहाज से अहम बिंदुओं पर भी चर्चा की गई है।

आरजीसीआई के चेयरमैन राकेश चोपड़ा ने पुस्तक के विमोचन पर कहा किताब में बहुत महत्वपूर्ण लेकिन बहुत कम चर्चा में रहे विषय को उठाया गया है। शोध महंगा है, जिसके चलते दवा की

कीमतें बढ़ जाती हैं। इलाज महंगा होने के कारण कई बार विवाद की स्थिति बन जाती है। डॉ. स्वामीनाथन ने बहुत खूबसूरत तरीके से आईपीआर और कैंसर के इलाज की प्रक्रियाओं को लेकर अपने ज्ञान को इस पुस्तक में समाहित किया है।

आरजीसीआई सीईओ डॉ. एस. नेगी ने कहा कि यह पुस्तक चिकित्सा क्षेत्र से जुड़े लोगों के लिए प्रासंगिक है। कैंसर एक डरावना शब्द है और अपने साइड इफेक्ट्स के साथ कीमोथेरेपी इस डर को और बढ़ा देती है। नई दवाओं एवं इनोवेशन के माध्यम से कीमोथेरेपी के नुकसान को काफी हद तक कम करने में सफलता मिली है। टार्गेटेड थेरेपी और इम्युनोथेरेपी थेरेपी मरीजों के लिए बेहतर साबित हुई है।

आरजीसीआई के पूर्व चेयरमैन डा. के.वी. स्वामीनाथन द्वारा संकलित एवं संपादित नवीन पुस्तक में आईपीआर से जुड़े कई मसलों पर चर्चा

इस मौके पर डॉ. स्वामीनाथन ने कहा, 'कीमोथेरेपी के क्षेत्र में नई उपलब्धियों ने इलाज के इस तरीके को और भी महत्वपूर्ण बना दिया है। बीमारी का पता चलने के बाद मरीजों के बचने की दर काफी बढ़ी है। हालांकि अभी भी कैंसर के सामान्य मरीजों के लिए महंगी दवाएं बड़ी समस्या है।

हिन्दुस्तान

तत्काली को चाहिए नया जगरिया

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बाजार 30s

दवाओं का पेटेंट पेश कर रहा बड़ी चुनौती

नई दिल्ली। कैंसर के इलाज में प्रयोग होने वाली कीमोथेरेपी की दवाओं की ज्यादा कीमत पर 'इंपैक्ट ऑफ पेटेंट्स ऑन कीमोथेरेपी ड्रग्स इन द ट्रीटमेंट ऑफ कैंसर' में चिंता जताई गई है। आरजीसीआई के पूर्व चेयरमैन डॉ. के. वी. स्वामीनाथन ने इसे संपादित किया है। विशेषज्ञों ने अपनी राय रखते हुए कहा है कि पेटेंट दवाओं को बहुत महंगा कर देता है और इससे भारत जैसे देशों में बड़ी-चुनौती पैदा होती है, जहां इंश्योरेंस कवर बमुरिफल 10 प्रतिशत है।

पायनियर

Pioneer | New Delhi | 21 Dec 2022

नई पुस्तक में कीमोथेरेपी की दवाओं को किफायती बनाने पर जोर

पायनियर समाचार सेवा। फरीदाबाद

'इंपैक्ट ऑफ पेटेंट्स ऑन कीमोथेरेपी ड्रग्स इन द ट्रीटमेंट ऑफ कैंसर' के नाम से प्रकाशित पुस्तक में कैंसर के इलाज में प्रयोग होने वाली कीमोथेरेपी की दवाओं की ज्यादा कीमत पर चिंता जताई गई है। दो संस्करण में छपी इस पुस्तक को पूर्व महानिदेशक (पेटेंट्स, डिजाइन एंड ट्रेडमार्क) तथा राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई) के पूर्व चेयरमैन डा. के.वी. स्वामीनाथन ने संकलित एवं संपादित किया है।

कैंसर एवं इंटेलिक्चुअल प्रॉपर्टी राइट्स (आईपीआर) से जुड़े मसलों पर चर्चा के अलावा पुस्तक में बड़ी फार्मा कंपनियों एवं कीमोथेरेपी की दवाओं, भारत व विदेश में पेटेंट की स्थिति और भारत के लिहाज से अहम बिंदुओं पर भी चर्चा की गई है। आरजीसीआई के चेयरमैन राकेश चोपड़ा ने पुस्तक के विमोचन पर कहा, 'किताब में बहुत महत्वपूर्ण लेकिन



बहुत कम चर्चा में रहे विषय को उठाया गया है। शोध महंगा है, जिसके चलते दवा की कीमतें बढ़ जाती हैं। इलाज महंगा होने के कारण कई बार विवाद की स्थिति बन जाती है।

डॉ. स्वामीनाथन ने बहुत खूबसूरत तरीके से आईपीआर और कैंसर के इलाज की प्रक्रियाओं को लेकर अपने ज्ञान को इस पुस्तक में समाहित किया है। डॉ. एस. नेगी, सीईओ, आरजीसीआई ने कहा कि यह पुस्तक चिकित्सा क्षेत्र से जुड़े लोगों के लिए बहुत प्रासंगिक है। कैंसर एक डरावना शब्द है और अपने साइड इफेक्ट्स के साथ कीमोथेरेपी इस डर को और बढ़ा देती है। नई दवाओं एवं इनोवेशन के माध्यम से कीमोथेरेपी के नुकसान को काफी हद तक कम करने में सफलता मिली है। टार्गेटेड थेरेपी और

इम्युनोथेरेपी थेरेपी मरीजों के लिए बेहतर साबित हुई है। हालांकि नई दवाओं पर शोध के लिए फार्मा कंपनियों को अरबों खर्च करने पड़ते हैं, जिस कारण दवाओं का महंगा होना स्वाभाविक है।

डॉ. स्वामीनाथन ने कहा, 'कीमोथेरेपी के क्षेत्र में नई उपलब्धियों ने इलाज के इस तरीके को और भी महत्वपूर्ण बना दिया है। बीमारी का पता चलने के बाद मरीजों के बचने की दर काफी बढ़ी है। हालांकि अभी भी कैंसर के सामान्य मरीजों के लिए महंगी दवाएं बड़ी समस्या हैं। नई कीमोथेरेपी दवाओं के महंगा होने का एक बड़ा कारण है इंटेलिक्चुअल प्रॉपर्टी प्रोटेक्शन। दुनिया के कई देशों और कई बहुपक्षीय संगठनों ने इस समस्या को समझा है।



New Delhi | 22 Dec 2022

Affordability of Chemotherapy Drugs!

CITY FIRST

A new book titled “Impact of patents on chemotherapy drugs in the treatment of cancer” has brought to the fore the concern relating to the affordability of chemotherapy drugs used in the treatment of cancer. The book, in two volumes, has been compiled and edited by Dr K.V. Swaminathan former Controller General (Patents, Designs & Trade-marks) and past chairman of Rajiv Gandhi Cancer Institute and Research Centre (RGCI). Besides an overview of Cancer and IPR Issues, the book profiles major pharma

companies and chemotherapy drugs, patent status abroad and in India and areas of interest from India’s point of view.

“The book discusses an important yet not very widely understood complex area. Research is expensive. Cost of which has to be covered in the form of the price of the drug. But that takes it beyond a vast majority of our people leading to a lot of acrimony and dispute. Dr Swaminathan has beautifully combined his knowledge of Intellectual Property Rights (IPR) and cancer treatment methodologies”, said Rakesh Chopra, Chairman of RGCIRC while releasing the book.



Welcome to RGCIRC Family



Dr. Dinesh Bhurani
Director
Haemato Oncology
& BMTU



Dr. Rupinder Singh Baweja
Consultant
Dept. of Radiology &
Interventional
Radiology



Dr. Rohan Halder
Consultant
Dept. Haemato Oncology
& BMTU



Dr. Bharat Gupta
Consultant
Dept. of Interventional
Radiology



Dr. Divya Gupta
Consultant III
Dept. of MICU

RGCIRC - STAR EMPLOYEES FOR THE MONTH OF OCTOBER



Ms. Ishu
Staff Nurse
Nursing Department



Ms. Deepali Gupta
Sr. Staff Nurse
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