

## EDITORIAL

### ETHICS, EMPATHY & EXCELLENCE - THE THREE PILLARS OF OUR ONCOLOGY CARE

In oncology, clinical expertise alone is not enough. Patients and families entrust us with some of the most vulnerable moments of their lives. At our hospital, the foundation of this trust rests on three inseparable pillars: **Ethics, Empathy, and Excellence**—guiding our work across **diagnostic services, surgical oncology, radiation oncology, and medical oncology along with other clinical modalities and support functions**.

**Ethics** is our compass. Cancer care involves complex and often life-altering decisions—from diagnostic disclosures to surgery, radiation planning, chemotherapy choices, and end-of-life discussions. We remain committed to transparent communication, respect for patient autonomy, and evidence-based decision-making. By aligning our practices with National & International standards, we ensure that every clinical and administrative process upholds integrity, safety, and patient rights across all specialties.

**Empathy** is our human connection. Behind every scan, biopsy, operation, or radiation session is a person coping with fear, uncertainty, and hope. Compassionate listening, respectful communication, and emotional support are integral to quality care. Whether in imaging rooms, pathology labs, operation theatres, radiation units, chemotherapy day care, or inpatient wards, our teams strive to make every patient interaction reassuring, dignified, and humane.

**Excellence** is our daily pursuit. In diagnostics, it means accurate imaging, reliable pathology, and timely reporting. In surgical oncology, it reflects safe operative practices, adherence to surgical safety practices, and optimal peri-operative care. In radiation oncology, it includes precise treatment planning, rigorous quality assurance, and safe delivery. Across medical oncology, it encompasses safe chemotherapy handling, multidisciplinary tumor boards, strong infection prevention, and continuous outcome monitoring. Excellence also requires ongoing staff training, technology upgrades, and robust quality improvement initiatives.

These three pillars are interdependent. Excellence without empathy feels impersonal. Empathy without ethics risks inconsistency. Ethics without excellence is incomplete. When all three work together across diagnostics, surgery, radiation, and support therapies, they create the safe, respectful, and high-quality cancer care environment our patients deserve.

We thank our clinicians, nurses, technologists, and support teams for living these values every day and reaffirm our commitment to strengthening this culture across our hospital and referring community.

**Guest Editor - Renu Choudhary, Katnauriya**  
Head Quality, RGCIRC

## 24<sup>TH</sup> ANNUAL INTERNATIONAL CONFERENCE - RGCON 2026

RGCIRC successfully concluded its 24<sup>th</sup> Annual International Conference - RGCON 2026, held from 13<sup>th</sup> to 15<sup>th</sup> March 2026 at Hotel Crowne Plaza, Rohini, New Delhi. The three-day scientific event focused on advances in neuro-oncology and multidisciplinary cancer management, bringing together neurosurgeons, oncologists, neuroscientists, and researchers from across the world to exchange knowledge, share clinical insights, and explore emerging treatment strategies.



The theme of RGCON 2026 was “Neuro-Oncology (Brain and Spine Tumors): Innovations in Multi-Disciplinary Cancer Management.” The sessions covered a wide range of topics, including advances in neurosurgical techniques, imaging technologies, precision radiotherapy, and emerging treatment protocols. The conference also featured six specialised workshops: Neuro Onco Surgery, Neuro Monitoring, Neuro Radiation Oncology, Paediatric Neuro Oncology, Neuro Radiology, and Neuro Pathology. These workshops focused on practical skill development, from surgical techniques and diagnostic approaches to treatment planning for complex brain and spine tumours.

Traditionally, such conferences included live surgery demonstrations where surgeons operated while the audience observed and interacted remotely. While educational, this format limited participants to

observation. To bridge this gap, RGCON 2026 adopted a hands-on workshop in Neuro-oncosurgery and Neuromonitoring, allowing young neurosurgeons to directly work with advanced surgical technologies and adjuncts that are critical for improving outcomes in brain tumour surgery.



The conference also marked a significant institutional milestone with the launch of the biography of RGCIRC titled “How the Crane Caught the Crab”, authored by Ms. Bhavana Pankaj. The book chronicles the journey, vision, and evolution of the institute as one of India’s leading specialised cancer care centres. The launch, held during the inaugural ceremony, reflected the organisation’s continued commitment not only to clinical excellence and research but also to documenting and sharing its legacy of innovation, patient care, and academic leadership.



The organizing team for RGCON 2026 included Dr. I. C. Prensagar, Dr. Munish Gairola, Dr. Kaviraj Kaushik, and Dr. Rajat Saha, whose efforts contributed to the successful execution of this landmark event.



## CME WITH HEALTH EDUCATION AND LEARNING FOUNDATION

RGCIRC organized an Oncology CME in association with Health Education and Learning Foundation on Friday, 20<sup>th</sup> February 2026 at Panchshila Rendezvous, Malviya Nagar, New Delhi. Dr. Sunny Malik, Consultant In Charge, Dept. of Oncoanaesthesia, Pain and Palliative Medicine, RGCIRC, Niti Bagh, South Delhi delivered a lecture on **Pain Management and Palliative Care in Carcinoma Pancreas** and Dr. Naveen Kumar Kushwaha, Consultant, Surgical Oncology, RGCIRC, Niti Bagh, South Delhi spoke on **Principles of Surgical Oncology**.



## CME WITH DWARKA DOCTORS FORUM

RGCIRC organized an Oncology CME in association with Dwarka Doctors Forum on Saturday, 21<sup>st</sup> February 2026 at Radisson Blu Hotel, Dwarka, New Delhi. Dr. D. S. Gangwar, Interim CEO delivered an insightful lecture on **Integrated Care in Oncology (Importance of Primary Care Provider)**, Dr. Kundan Singh Chufal, Sr. Consultant & Unit Head, Radiation Oncology spoke on **Advances in Radiation Oncology: from Cure to Quality of Life** and Dr. Renuka Gupta, Sr. Consultant & Unit Head - Gynae Oncology (Unit - II) share his knowledge on **Surgical Management of Ovarian Cancer**.



## जीव शरदः शतम् “WISHING YOUNG CANCER WARRIORS - HEALTH, HAPPINESS, AND HOPE”

RGCIRC, through its Department of Philanthropy & Patient Welfare Services and Department of Pediatric Hematology Oncology & BMT, organized a heartfelt conference जीव शरदः शतम् “Wishing Young Cancer Warriors - Health, Happiness, and Hope” on 26<sup>th</sup> February 2026 at Indraprastha Hall, Rohini, Delhi.

The event brought together healthcare professionals, survivors, caregivers, volunteers, and donors to celebrate courage and resilience in pediatric cancer care. The program featured inspiring addresses by institutional leaders and distinguished guests, followed by insightful sessions on survivorship, early diagnosis, and holistic cancer care. A meaningful panel discussion highlighted the many layers of cancer care and the importance of nurturing hope beyond treatment.

Impact stories shared by survivors and volunteers added a deeply emotional touch, while expert talks focused on ensuring a meaningful life after cancer. The event also marked the release of the publication “Healing Hearts: Stories of Young Cancer Warriors,” Vol -2 reinforcing RGCIRC’s commitment to compassionate, comprehensive, and patient-centered care.



## CME WITH IMA PANIPAT, HARYANA

RGCIRC organized an Oncology CME in association with IMA Panipat held on Friday, 27<sup>th</sup> February 2026 at Hotel Hive, Panipat, Haryana. Dr. Vineet Talwar, Director – Medical Oncology delivered a lecture on “**Cancer: Myths & Facts**” and Dr. Jaskaran Singh Sethi, Sr. Consultant & Unit Head – Radiation Oncology spoke on “**Cyberknife: Surgery Beyond the Scalpel**”.



## CME WITH NORTH DELHI NURSING HOME, ASHOK VIHAR, DELHI



RGCIRC organized an Oncology CME in association with North Delhi Nursing Home, Ashok Vihar, Delhi on Friday, 06<sup>th</sup> March 2026 at Sewa Bharti Diagnostic & Dialysis Centre, Ashok Vihar, Delhi. Dr. Varun Goel, Sr. Consultant – Medical Oncology & Principal Coordinator – Day Care Services delivered a lecture on **Precision to Practice 2025: Advances in Breast Cancer**.

Mr. D. S. Negi (Chief Executive Officer)  
Dr. D. S. Gangwar  
Dr. S. K. Rawal (Medical Director)  
Dr. D. C. Doval  
Dr. Gauri Kapoor  
Dr. Anurag Mehta  
Dr. Rajiv Chawla  
Dr. Sunil Kumar Puri  
Dr. P. S. Choudhury

Dr. Vineet Talwar  
Dr. Munish Gairola  
Dr. Dinesh Bhurani  
Dr. I. C. Premsagar  
Dr. Shivendra Singh  
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Dr. Neelam Sachdeva  
Dr. Narender Tejwani  
Dr. Amardeep Pathak  
Dr. Himanshu Rohela  
Dr. Archana Atreja



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